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An immersive work integrated learning experience- showcasing an innovative, experiential clinical placement.

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An immersive work integrated learning experience- showcasing an innovative, experiential clinical placement.

Abstract

In May 2013, UOW provided the opportunity for 3rd year student nurses, psychology students and 30 people with severe and enduring mental illness to accompany four mental health nurse academics on a camp.

Keywords

work, integrated, clinical, experiential, innovative, showcasing, experience, learning, placement, immersive

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20-22
OCTOBER
2013

THE NATIONAL NURSING FORUM

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PROGRAM AND BOOK OF ABSTRACTS



Australian College of Nursing



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Concurrent abstracts

(Abstracts of conference presentations are printed here as submitted to ACN)

Sub-theme:



Leadership



Workforce



Care delivery and clinical practice



Safety and Quality



Legal and Ethical Issues



Education



History

Practice area:

Community and Primary Health Care

Acute

Rural and Regional

Chronic and Complex Care

CONCURRENT SESSION 1 MONDAY 21 OCTOBER 2013 13:30–15:00

Community and Primary Health Care

An immersive work integrated learning experience – showcasing an innovative, experiential clinical placement

Lorna Moxham FACN

University of Wollongong

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Susan Liersch, Chris Patterson MACN,

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University of Wollongong

In May 2013, UOW provided the opportunity for 3rd year student nurses, psychology students and 30 people with severe and enduring mental illness to accompany four mental health nurse academics on a camp.

"The Recovery Camp", as it was known, was a weeklong event held at a YMCA activity camp in Richmond NSW. 51 participants spent 5 days, from early morning until late at night, fully immersed in a therapeutic milieu. Students not only successfully achieved the competence

requirements related to clinical placement as indicated in the ANMC competency standards, but saw mental health nursing through a wellness and strengths based lens. Their medical model 'glasses' were removed, and through the close association they developed with consumers, came to fully appreciate that unconditional positive regard for fellow humanity is what this speciality area of nursing is all about.

This presentation highlights what occurred at camp. It reveals how students developed therapeutic relationships with consumers, learned counselling techniques, engaged in health education, facilitated consumer confidence and enhanced self esteem and self efficacy in a very vulnerable population.

Although not all students said they wanted to specialise in mental health, all realised that with 1:5 Australians living with a mental illness, the skills they learned at The Recovery Camp are transferable to all populations and will be applied to all nursing settings.

Stories from 'camp' will expose how we all learned that humility, gentleness, positivity and a can do attitude makes a difference for people who live with mental illness every day. The Recovery Camp enhanced the lives of many

people, some of whom “had not had a break in 20 years” and many who had not “laughed so much in years”.

The Refugee Health Nurse Program – a new model of care

Sandy Eagar FACN
NSW Refugee Health Service

Background and purpose
Despite visa health requirements and pre-departure checks for refugees being resettled in many western countries, health assessments after arrival can usefully identify conditions not previously detected, and assist new arrivals to engage with the health system in their adopted country.

In Sydney, Australia, a new program of nurse-led health assessments for resettled refugees commenced in October 2012. This paper will describe implementation and outcomes for the first twelve months of this program.

Methodology
A nurse-led screening program was recommended as best practice in the new state Refugee Health Plan launched in 2011, based on wide consultation and analysis of refugee health services locally and overseas. Funding was received from the state health department in 2012.

- The program aims to:
- > screen newly arrived refugee individuals for commonly experienced health conditions
 - > link individuals and families with the mainstream health system.

Fifteen mostly part-time nurses have been employed to work at community health locations across Sydney. Newly arrived refugees are referred to the program by settlement services.

Physical, psychological and blood screening is conducted, and the nurses facilitate follow up by primary care doctors and other health services.

Outcomes
The first six months of this new program saw 1,400 persons assessed, screened and referred on. Conditions detected include anaemia, vitamin D deficiency, hepatitis B, diabetes and under-immunisation. Activity and outcome data from the first twelve months will be presented.

Conclusion and discussion
Despite up to 4,000 refugee arrivals per year to Sydney, this is the first time a coordinated approach has linked settlers with the health system. This is a new model of care for nurses in NSW.

Key strategies in developing a Nurse Practitioner Service in the private sector

Leanne Abdoo, Australian College of Nursing

Authors: Tracey McDonald AM FACN, Australian Catholic University and Leanne Abdoo, Australian College of Nursing

Australian College of Nursing is leading a major project funded under the Department of Health and Ageing Aged Care Models of Practice Program. Collaborating with a newly established Nurse Practitioner service, Aged and Healthcare Consulting and a Steering Committee of experienced representatives of key health care stakeholders chaired by Professor Tracey McDonald FACN, RSL LifeCare Chair of Ageing, Australian Catholic University, the project commenced in 2011 with the aim to set up and evaluate a nurse practitioner private practice delivering aged care services.