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Keeping the person at the centre of evidence based practice: leading the way

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Reflect upon these questions?

• What does EBP mean to you?
• What evidence do you value?
• What do you believe the value of EBP is?
• When did you last generate a clinical question?
• When did you last question/reflect on your practice?
• When did you last share an article with a colleague?
• When did you last change your behaviour as an outcome of something you heard or read?
• Have you seen or heard anything today that you intend to do when returning to work Monday?
• Will your intention become a reality?
Keeping the person at the centre of evidence based practice: leading the way

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Today ...
Evidence based practice

• EBP is the integration of clinical expertise, patient values, and the best research evidence into the decision making process for patient care. Clinical expertise refers to the clinician’s cumulated experience, education and clinical skills. The patient brings to the encounter his or her own personal preferences and unique concerns, expectations, and values. The best research evidence is usually found in clinically relevant research that has been conducted using sound methodology (1)

• PD acknowledges evidence from practice, local data and patients experience (2)
Activity

In groups discuss:

• Who is the person or people at the centre of our circle?

• What does it mean to be person centred?

• Can you think of an encounter that was both person centred and evidence based?

• Choose one example to share with the group

[10 minutes max]
Evidence in and from practice..
EBP: need direction, a plan, theory or framework?
Getting evidence into practice: Diffusion of Innovation (3)

- Not the people who change but the innovation itself
- Peer to peer networking
- 20:60:20 rule adopters
- 49-87% adopt innovation on these 5 areas
  - Relative advantage
  - Compatibility
  - Simplicity in ease of use
  - Trial ability
  - Observable results
  - (Reinvention)
Getting evidence into practice
Knowledge to Action (4)
Barriers

Individuals belief and attitudes to EBP
Perceived autonomy to change
Feeling of loss, Habit theory
$SI = f(E,C,F)$

(6) Permission to use by J Rycroft Malone
Leadership and EBP

“Commitment requires leaders to transform the culture through an inspired shared vision that clearly establishes EBP as integral component of patient care”
NSW Health Leadership Framework

Health leadership in NSW: a framework for excellent care, results and change

- Achieving outcomes
- Developing and leading self
- Partnering and collaborating across boundaries
- Engaging people and building relationships
- Transforming the system
Activity

• In your group review your domain

• Use the domain to help you consider how you would enact leadership in EBP - what would people see or hear from you?

• Choose two main points to share with the larger group

• Is there any other tips you would like to share or something we have discussed in today's session?

• (15 minutes plus 5 discussion )
In summary

The person in the middle is the nurse, the team, the leader, the patient, the librarian

Consider a framework to guide implementing Evidence Based Practice

Leadership is an integral part of the process
References:


5. National Institute of Clinical Studies 2006 Identifying barriers to evidence uptake National Institute for Clinical Studies Melbourne Victoria


8. HETI 2013 NSW Health Leadership Framework HETI, Sydney
Further information

• National Institute for Health Research CLARHC Leicestershire Northamptonshire and Rutler
• Canadian Institutes of Health Research