



UNIVERSITY  
OF WOLLONGONG  
AUSTRALIA

University of Wollongong  
Research Online

---

Faculty of Engineering and Information Sciences -  
Papers: Part A

Faculty of Engineering and Information Sciences

---

2016

# Biomethane potential evaluation of co-digestion of sewage sludge and organic wastes

Richard Wickham

*University of Wollongong, rw259@uowmail.edu.au*

Brendan Galway

*Sydney Water Corporation*

Heriberto A. Bustamante

*Sydney Water Corporation, heri.bustamante@sydneywater.com.au*

Long D. Nghiem

*University of Wollongong, longn@uow.edu.au*

---

## Publication Details

Wickham, R., Galway, B., Bustamante, H. & Nghiem, L. D. (2016). Biomethane potential evaluation of co-digestion of sewage sludge and organic wastes. *International Biodeterioration and Biodegradation*, 113 3-8.

Research Online is the open access institutional repository for the University of Wollongong. For further information contact the UOW Library:  
[research-pubs@uow.edu.au](mailto:research-pubs@uow.edu.au)

---

# Biomethane potential evaluation of co-digestion of sewage sludge and organic wastes

## **Abstract**

Co-digestion of organic rich wastes and wastewater sludge to enhance biogas production has become an attractive economic possibility for water utilities. The suitability of the organic rich waste depends on its ability to produce biogas as well as its influence on the overall anaerobic digestion process. Biomethane potential evaluation was conducted to screen seven organic wastes and dehydrated algae. All co-substrates increased the bio-methane yield by three to six times compared with conventional anaerobic digestion of sewage sludge. Maximum co-digestion ratios were identifiable for most solid co-substrates including algae (6% wt/wt), undiluted food waste (5% wt/wt), bakery waste (5% wt/wt), and diluted commercial food waste (10% wt/wt). On the other hand, the maximum co-digestions ratio of beverage reject and sewage sludge was 10% (wt/wt). With the exception of fat-oil-grease, all solids free liquid co-substrates evaluated in this study showed a notable synergistic effect, to enhanced removals of total solids, volatile solids (VS) and chemical oxygen demand (COD) during anaerobic digestion. The increase in COD removal when co-digesting wastewater sludge and liquid waste was from 2 to 41%. Conversely, the co-digestion of most solid co-substrates resulted in additional VS and COD residuals in the final biosolids. Elevated concentrations of sulphur and phosphorous in all food waste co-substrates suggest that control measures to address H<sub>2</sub>S in biogas and the accumulation of phosphorus in sludge centrate may be necessary during full scale operation. Data presented here provide the basis for subsequent pilot scale evaluation of anaerobic digestion of these organic rich wastes and wastewater sludge.

## **Keywords**

organic, sludge, sewage, digestion, co, evaluation, wastes, potential, biomethane

## **Disciplines**

Engineering | Science and Technology Studies

## **Publication Details**

Wickham, R., Galway, B., Bustamante, H. & Nghiem, L. D. (2016). Biomethane potential evaluation of co-digestion of sewage sludge and organic wastes. *International Biodeterioration and Biodegradation*, 113 3-8.

1 **Biomethane potential evaluation of co-digestion of sewage sludge and**  
2 **organic wastes**

3 Revised Manuscript Submitted to

4 **International Journal of Biodeterioration and Biodegradation**

5 Richard Wickham <sup>a</sup>, Brendan Galway <sup>b</sup>, Heriberto Bustamante <sup>b</sup>, and Long D. Nghiem <sup>\*,a</sup>

6 <sup>a</sup> Strategic Water Infrastructure Laboratory, School of Civil Mining and Environmental  
7 Engineering, University of Wollongong, Wollongong, NSW 2522, Australia

8 <sup>b</sup> Sydney Water, Parramatta, NSW 2124, Australia

9  
10 

---

\*Corresponding author. Email: longn@uow.edu.au.

## 11 **Abstract**

12 Co-digestion of organic rich wastes and wastewater sludge to enhance biogas production has  
13 become an attractive economic possibility for water utilities. The suitability of the organic  
14 rich waste depends on its ability to produce biogas as well as its influence on the overall  
15 anaerobic digestion process. Biomethane potential evaluation was conducted to screen seven  
16 organic wastes and dehydrated algae. All co-substrates increased the bio-methane yield by  
17 three to six times compared with conventional anaerobic digestion of sewage sludge.  
18 Maximum co-digestion ratios were identifiable for most solid co-substrates including algae  
19 (6% wt/wt), undiluted food waste (5% wt/wt), bakery waste (5% wt/wt), and diluted  
20 commercial food waste (10% wt/wt). On the other hand, the maximum co-digestions ratio of  
21 beverage reject and sewage sludge was 10% (wt/wt). With the exception of fat-oil-grease, all  
22 liquid co-substrates evaluated in this study showed a notable synergistic effect, to enhanced  
23 removals of total solids, volatile solids (VS) and chemical oxygen demand (COD) during  
24 anaerobic digestion. The increase in COD removal when co-digesting wastewater sludge and  
25 liquid waste was from 2 to 41%. Conversely, the co-digestion of most solid co-substrates  
26 resulted in additional VS and COD residuals in the final biosolids. Elevated concentrations of  
27 sulphur and phosphorous in all food waste co-substrates suggest that control measures to  
28 address H<sub>2</sub>S in biogas and the accumulation of phosphorus in sludge centrate may be  
29 necessary during full scale operation. Data presented here provide the basis for subsequent  
30 pilot scale evaluation of anaerobic digestion of these organic rich wastes and wastewater  
31 sludge.

32 **Keywords:** biomethane potential (BMP), co-digestion, organic wastes, anaerobic digestion,  
33 biogas production.

## 34 **1. Introduction**

35 Anaerobic digestion is an essential process in wastewater treatment, involving the use of  
36 microorganisms to break down organic material in the absence of oxygen (Tchobanoglous  
37 and Burton, 1991). Traditional anaerobic digestion applications focus on the stabilisation and  
38 volume reduction of sewage sludge produced in primary and secondary treatment of  
39 municipal wastewater. However, evolving social values and economic considerations have  
40 prompted an objective scope expansion. This additional scope includes the utilization of the  
41 biogas which is a product of the anaerobic digestion process for beneficial use.

42 Biogas represents a renewable energy resource for the industry (Esposito et al., 2012). It  
43 composes of about 60% CH<sub>4</sub>, 40% CO<sub>2</sub>, and a few trace gases such as H<sub>2</sub>S and water vapour  
44 (Chynoweth et al., 2001; Tchobanoglous and Burton, 1991). Biogas can be readily converted  
45 to electrical and thermal energy via a co-generator, typically for onsite consumption (Shen et  
46 al., 2015; Tchobanoglous and Burton, 1991).

47 In Australia, biogas is still a largely underutilised resource due to a range of unfavourable  
48 economic and policy factors (Edwards et al., 2015a). Energy production from biogas does not  
49 qualify for a feed-in-tariff in all states in Australia with the exception of Victoria, where  
50 systems smaller than 100 KW are eligible to receive 0.068 AUD\$/kWh (Edwards et al.,  
51 2015b). The maintenance cost of co-generation in Australia is high regardless of their size.  
52 Thus, small scale energy recovery systems tend to be economically infeasible. In Australia,  
53 rebates for renewable energy production from biogas of 0.038 AUD\$/kWh are only available  
54 to large scale producers through the Large-scale Generation Certificates (LGCs) scheme  
55 under the Renewable Energy Target policy (Edwards et al., 2015b). As a result, there is a  
56 critical scale of biogas production above which biogas utilisation can be economically  
57 feasible. This critical threshold can be overcome through the use of co-digestion of the  
58 sewage sludge with concentrated organic wastes (Fersi et al., 2014; Silvestre et al., 2015).  
59 Sewage sludge is ideal for use as the base substrate in co-digestion due to its low  
60 concentrations of inhibitors and high alkalinity (Mata-Alvarez et al., 2014). In addition,  
61 anaerobic digestion facilities are readily available at most wastewater treatment plants.

62 Co-digestion offers several benefits over traditional mono-digestion when applied (Mata-  
63 Alvarez et al., 2014; Pavan et al., 2007; Wang et al., 2013). Beyond the improvements to  
64 biogas production, co-digestion facilitates the optimisation of digester stoichiometry, which  
65 can positively influence digestion performance with respect to sludge degradation. In other  
66 words, by adding a carbon rich organic waste co-substrate to wastewater sludge (which  
67 usually has a low C:N ratio), an optimum C:N ratio for anaerobic digestion can be obtained.

68 The economic viability of co-digestion can be significantly enhanced through the  
69 contribution of supplementary revenue from gate fees (i.e. commercial charges for waste  
70 disposal). In Australia, once the generation capacity reaches 1 MW, there can be additional  
71 revenue from LGCs as noted above. Co-digestion substantially improves the sustainability of  
72 waste management practices (Kim and Kim, 2010). In particular, co-digestion allows the

73 diversion of solid organic wastes from landfill, thus limiting greenhouse gas emission while  
74 facilitating energy recovery through biogas production (Holm-Nielsen et al., 2009).

75 Despite the active attempts to optimize co-digestion, there remain several technological  
76 challenges associated with its implementation (Giuliano et al., 2013; Haider et al., 2015;  
77 Koch et al., 2015b; Mata-Alvarez et al., 2014). Uncertainty related to the potential  
78 implications of co-digestion on biosolids (dewatered digested sludge) quality and volume are  
79 considerable due to the proportionality of their disposal costs, which account for a significant  
80 proportion of overall wastewater treatment expenditures (Appels et al., 2008). Poor co-  
81 substrate selection and excessive co-digestion can also instigate digester inhibition, often  
82 through the introduction of inhibitory substances and overloading of organic ratios.  
83 Additionally, the presence of sulphur can facilitate the formation of H<sub>2</sub>S (Dewil et al., 2009;  
84 Park et al., 2014). High H<sub>2</sub>S concentration in biogas can damage combustion engine  
85 components and piping (Weiland, 2010). Excessive phosphorous in AD can cause struvite  
86 precipitation on pipelines, valves and other plant infrastructure (Sabbag et al., 2015).

87 This study aims to screen seven carbon rich organic wastes with regards to their potential use  
88 as co-substrates for further biogas production. Bio-methane potential (BMP) assessment and  
89 co-substrate characterisation are conducted for comparative analysis of organic wastes with  
90 varying compositions. Data obtained from this study will be used to design a pilot scale study  
91 to assess the anaerobic digestion of these organic rich wastes and wastewater sludge.

## 92 **2. Materials and Methods**

### 93 **2.1 Wastewater Sludge and Co-substrates**

94 Sludge from a full scale anaerobic digester at the Wollongong wastewater treatment plant  
95 (WWTP) was used as the inoculum and sludge co-substrate. The organic co-substrates were  
96 categorized into either solid (or slurry) and free-flowing (solids free) liquid materials. All  
97 organic co-substrates were collected fresh and were stored at 4 °C for less than three days  
98 prior to BMP evaluation.

99 The solid organic wastes included municipal food waste from a local council in Sydney  
100 Australia (denoted as RW-FW), commercial food waste from a commercial waste collector  
101 (denoted as PM-FW), paper pulp reject (denoted as PW), and untreated waste from a bakery  
102 (denoted as UBW). Food waste (RW-FW) from the local council was macerated into slurry  
103 without any water addition. Food waste from the commercial waste collector (PM-FW) was

104 macerated with water as part of their collection process. These two types of food waste were  
105 both sampled on two separate occasions to assess their temporal variability. Paper pulp reject  
106 was cellulose in powder form from a paper mill in New South Wales, Australia. Untreated  
107 bakery waste was from a large bread making factory in Sydney Australia and was in the form  
108 of thickened slurry.

109 In addition to the solid organic wastes, dehydrated *Ulva* macroalgae powder from Venus  
110 Shell Systems (Australia) was also evaluated for comparison purposes as it has been a widely  
111 used substrate for anaerobic digestion as noted in several recent reviews (McKennedy and  
112 Sherlock, 2015; Montingelli et al., 2015). These algae are not a waste product but are  
113 abundant in coastal area in Australia. The chemical composition of dehydrated *Ulva*  
114 macroalgae has been systematically described elsewhere (Yaich et al., 2011). Briefly, it  
115 contains approximately 54.9% carbohydrate, 10.0% uronic acid, 8.5% protein, and 7.9%  
116 lipid. The ash content of *Ulva* macroalgae is about 19.6% (Yaich et al., 2011). It is  
117 noteworthy that the lignin (non-degradable) fraction in the carbohydrate of *Ulva* macroalgae  
118 is very low (about 1%) (Montingelli et al., 2015).

119 The liquid organic wastes included non-alcoholic beverage reject (denoted as BJ), pre-treated  
120 organic waste from the same bakery as mentioned above (denoted as TBW), fat-oil-grease  
121 (FOG) from a commercial waste collector, and waste from an industrial dairy processor  
122 (denoted as DW).

## 123 **2.2 Biomethane Potential Experimental Equipment**

124 The co-digestion of sludge and organic co-substrate was evaluated using a customised BMP  
125 system (Nghiem et al., 2014). The BMP system included an array of 1 L fermentation glass  
126 bottles (Wiltronics Research Pty Ltd) and a gas collection gallery (Fig. 1). The fermentation  
127 bottles were submerged in a water bath (Model SWB20D, Ratek Instrument Pty Ltd) to  
128 maintain a constant temperature of  $35.0 \pm 0.1$  °C. Each bottle setup comprised of a rubber  
129 stopper, a water-filled S-shaped airlock, and a valve. Biogas from the bottle could flow  
130 through the airlock into the gas collector via flexible plastic tubing. The gas collector was an  
131 inverted plastic measuring cylinder (1000 mL), which was initially filled with, and partially  
132 submerged in, a 1M NaOH solution.

133

**[FIGURE 1]**

### 134 **2.3 Experimental Protocol**

135 Prior to all BMP experiment, fermentation bottles were flushed with pure N<sub>2</sub> for 5 minutes  
136 before filling with 750 mL of organic co-substrate and inoculum (section 2.1). A set of BMP  
137 experiments using partially digested sludge as the only substrate was also conducted as a  
138 reference. After filling with the substrate, the bottle was flushed again with N<sub>2</sub> and  
139 immediately sealed with the rubber stopper. They were then placed into the shaking water  
140 bath and the valve was opened to allow biogas to enter the gas collection gallery.

141 To measure the volume of CH<sub>4</sub> generated from the BMP bottle, the cylinder was first filled  
142 with 1 M NaOH solution, and was inverted and then partially submerged into a container also  
143 containing 1 M NaOH. Biogas from the fermentation bottle was introduced into the  
144 submerged part of the cylinder, thus allowing the NaOH solution to absorb CO<sub>2</sub> and H<sub>2</sub>S  
145 from the biogas. The remaining CH<sub>4</sub> gas displaced the NaOH solution inside cylinder and the  
146 CH<sub>4</sub> gas volume generated was recorded daily. The experiment was terminated when less  
147 than 5 mL/day of CH<sub>4</sub> was produced.

148 All BMP experiments were conducted in duplicate. With the exception of the algae (which  
149 were assessed over a wider range of concentrations), all co-substrates were co-digested with  
150 sludge in concentrations of 5, 10 and 15% by weight.

### 151 **2.4 Analytical Methods**

152 A range of parameters were measured for the co-substrates, sludge and sludge/co-digestion  
153 mixtures before and after the BMP experiment. Total chemical oxygen demand (COD) was  
154 measured using a Hatch DRB200 COD Reactor and Hatch DR3900 spectrophotometer  
155 (program number 435 COD HR) following the US-EPA Standard Method 5220 with a  
156 dilution factor of 10. Total solids (TS), volatile solids (VS), pH, conductivity and alkalinity  
157 were conducted within 3 days of collecting the samples. Samples were preserved at 4 °C.  
158 Further details of these analyses are available elsewhere (Yang et al., 2016). Total sulphur  
159 and total phosphorous were analysed within 24 hours by Sydney Water's NATA accredited  
160 West Ryde Analytical Laboratory.

### 161 **2.5 VS Reduction Calculation**

162 The removal efficiencies used in digestion performance evaluation for all co-substrates were  
163 calculated using the following equation:



164 
$$Reduction = 100 \times \left(1 - \frac{C_{CoEnd} - C_{IEnd}}{C_{CoIni} - C_{IEnd}}\right) \quad (1)$$

165 Where  $C_{CoEnd}$  is the concentration of volatile solids in the co-digested sample at the end of the  
166 BMP test;  $C_{CoIni}$  is the concentration of the co-digested sample at the beginning of the test;  
167 and  $C_{IEnd}$  is the post-digestion concentration of the inoculum. A reduction of 100% indicates  
168 that the co-substrate is expected to contribute no residuals of this parameter. Greater than  
169 100% removal demonstrates a synergistic digestion of the co-substrate and sewage sludge,  
170 indicating that the co-substrate can positively impacts on the digestion performance in the  
171 sludge.

### 172 **3. Results and Discussion**

#### 173 **3.1 Co-substrate Characteristics**

174 The primary characteristics of the wastewater sludge from Wollongong WWTP, individual  
175 co-substrates are collated in Table 1. A clear distinction between solid and liquid co-  
176 substrates was the significantly higher TS and VS contents in the former. An exception to this  
177 was the commercial food waste (PM FW-2) sample, which could be due to water dilution as  
178 noted in section 2.1. The implication of the higher solids content is a greater propensity to  
179 contribute to biosolids production in the downstream processes. Further notable  
180 characteristics concern the concentrations of sulphur and phosphorus measured in the food  
181 waste co-substrates compared with the wastewater sludge.

#### 182 **[TABLE 1]**

183 Co-substrate selection also fringes upon sourcing factors. With the exception of the algae, all  
184 other co-substrates are essentially waste materials. As a result, there can be significant  
185 temporal and spatial variation in their properties. Indeed, notable variation can be observed in  
186 the composition of the municipal (RW-FW) and commercial (PM-FW) food waste samples  
187 between the two sample occasions (Table 1).

#### 188 **3.2 Co-digestion with Algae**

189 It is noteworthy that the algae used in this study are not a waste material. Given their  
190 consistency in carbohydrate and lipid content (section 2.1), they were used as a reference  
191 organic material. The algae co-substrate was mixed with the wastewater sludge on a mass  
192 fraction percentage (dry waste of algae over total weight of the substrate) over a range of  
193 concentrations from 0.25 – 9% (wt/wt).

194 Figure 2 shows the cumulative methane production increased as the algae fraction increased  
195 to 6% (wt/wt). Above the optimum point the introduction of additional co-substrate was  
196 inhibitive to overall methane production. The trend is further demonstrated in Figure 3, which  
197 shows a sharp decline in production beyond the optimum 6% (wt/wt) algae concentration.  
198 The inhibition of the anaerobic system was attributed to organic overloading. A high  
199 carbon/nitrogen stoichiometric ratio resulted in excessive production and thus build-up of  
200 volatile fatty acids. Fatty acid accumulation leads to pH decrease, subsequently inhibiting  
201 microbiological function (Prochazka et al., 2012). Within the algae fraction of 6% or below,  
202 the addition of the co-substrate did not cause an excessive build-up of volatile fatty acids and  
203 there was sufficient time for the produced acids to be digested.

204 [FIGURE 2]

205 [FIGURE 3]

206 The removals of TS and VS were found to be approximately 59% and 75% respectively for  
207 the algae co-substrate samples. These results indicate that the use of algae as a co-substrate  
208 would lead to additional biosolids production. The methane potential of the algae co-substrate  
209 was approximately 139 L CH<sub>4</sub>/kg of co-substrate.

### 210 3.3 Co-digestion with Solid Wastes

211 All organic waste co-substrates increased the methane yield above that of only wastewater  
212 sludge. However, organic over loading was observed for municipal food waste (RW-FW) at  
213 both sampling occasions when the co-digestion ratio was 10 and 15% (wt/wt) (Figure 4a).  
214 Indeed, biogas production was substantially lower when the co-digestion ratio was 5%  
215 (Figure 4a). Anaerobic digestion inhibition was also observed with untreated bakery waste  
216 (UBW) at the co-digestion ratio of 10 and 15% (data not shown). Similar to the results from  
217 algae (section 3.2), the observed inhibition at high municipal food waste (RW-FW) and  
218 untreated bakery waste (UBW) co-digestion ratios was attributed to the build-up of volatile  
219 organic acids, evidenced by a low pH (less than 5) of the substrate at the end of the  
220 experiments of all BMP bottles with poor methane production (Li et al., 2015).

221 Temporal variability of VS and COD of the municipal food waste (RW-FW) was observed  
222 between the two sampling occasions. As can be seen in Table 1, variations in VS and COD  
223 values of the two municipal food waste (RW-FW) samples were 20 and 65%, respectively.

224 The co-digestion ratio of 5% (wt/wt) was suitable for both occasions. Temporal variation in  
225 VS and COD content (10 and 90%, respectively) could also be seen with the two commercial  
226 food waste (PM-FW) samples. Nevertheless, the two commercial food waste (PM-FW)  
227 samples did not display any inhibition even at the co-digestion ratio of 15% (wt/wt). Whilst  
228 the dilution conducted prior to collection (section 2.1) proved effective in reducing the  
229 inhibition potential, at the same co-digestion ratio the maximum achieved biogas production  
230 was lower than that of municipal food waste (RW-FW). Both RW-FW and PM-FW are food  
231 waste materials. In other words, the original co-substrate of PM-FW prior to dilution would  
232 be expected to be similar in composition to that of RW-FW, and thus, they would result in  
233 similar methane productions. Thus, higher co-digestion ratio between PM-FW and sludge  
234 would be required to validate the effectiveness of dilution of this co-substrate.

235 The BMP results from the co-digestion of paper waste (Figure 4b) show a continual increase  
236 in biogas production as the co-digestion ratio increased. It is possible that the rate of paper  
237 waste hydrolysis (that is responsible for the production of volatile fatty acid) is slow. Thus, a  
238 high co-digestion ratio of paper waste and sludge did not result in volatile fatty acid  
239 accumulation in the system. It is also noteworthy that the benefit of adding additional  
240 concentrations beyond 5% was negligible.

#### 241 [FIGURE 4]

242 The removal efficiencies for TS, VS and COD were evaluated for the different co-substrates.  
243 All solid wastes show a tendency for incomplete removal of these parameters (Table 2),  
244 indicating that these waste materials may result in additional sludge production and may  
245 negatively affect sludge stabilization targets. The only exception was RW-FW 2 (council  
246 food waste), for which high removal efficiencies for TS and VS were observed. Paper waste  
247 also displayed some positive results in terms of the removal of both VS and COD. However,  
248 a lower TS removal indicates that paper waste might also result in additional sludge  
249 production.

250 The additional methane yields were calculated based on the best BMP results of these co-  
251 substrates (Table 2). As expected, all solid waste materials evaluated in this study produce  
252 less methane than dehydrated algae (139 L CH<sub>4</sub>/kg of algae).

#### 253 [TABLE 2]

### 254 **3.4 Co-digestion with Liquid Wastes**

255 All liquid wastes displayed highly reproducible BMP results. This high level of  
256 reproducibility is consistent with several previous studies (Angelidaki et al., 2009; Koch et  
257 al., 2015a). The results confirm the validity of BMP as a screening tool for co-substrate  
258 evaluation.

259 Organic overloading was observed with beverage reject at co-digestion ratio of 10% (wt/wt)  
260 (Figure 5a). The inhibition of beverage reject waste beyond a co-substrate concentration of  
261 10% was attributed to the rapidly degradable organics in the substrate. The sugar content of  
262 non-alcoholic beverage reject can be quickly converted into organic acids, which in turn  
263 impact upon the digester pH. This premise could be demonstrated through a more systematic  
264 co-digestion evaluation using a semi-continuous anaerobic digester. Each of the other co-  
265 substrates showed a nearly proportionate increase in biogas production with regards to co-  
266 substrate concentration.

#### 267 **[FIGURE 5]**

268 The digestion performance in terms of VS and COD removals when co-digesting with liquid  
269 wastes was generally much higher compared to solid wastes (section 3.3). In fact, not only  
270 did the addition of co-substrate result in no additional VS and COD residual, synergistic  
271 removal of COD, VS and TS were also observed with all liquid co-substrates with the  
272 exception of FOG. In other words, the observed COD, VS, and TS removals of above 100%  
273 were attributed to the synergistic effect of liquid waste co-digestion. The lower digestion  
274 performance involving FOG is likely related to its higher lipid content. Co-digestion of lipid  
275 rich wastes complicates considerations with issues such as lipid floatation, long chain fatty  
276 acid accumulation, pre-treatment requirements and lower degradation rates (Li et al., 2013;  
277 Wan et al., 2011). The synergistic removal efficiencies observed in the co-digestion of the  
278 other wastes signifies a potential reduction in sludge production and improvement in the final  
279 biosolids stability.

#### 280 **[TABLE 3]**

### 281 **4. Conclusions**

282 In this study, algae and seven organic waste materials were evaluated as potential co-  
283 substrates for anaerobic digestion with sewage sludge for their bio-methane potential and  
284 likely influence on digested sludge quality in term of TS, VS and COD. All co-substrates

285 increased the bio-methane yield by three to six times compared with conventional anaerobic  
286 digestion of sewage sludge. While solid/slurry co-substrates resulted in notable more methane  
287 gas production, they are associated with a higher risk of organic overloading. The maximum  
288 co-digestion ratios were identified for most solid/slurry co-substrates including algae (6%  
289 wt/wt), undiluted food waste (5% wt/wt), untreated bakery waste (5%), and diluted  
290 commercial food waste (10% wt/wt). On the other hand, the maximum co-digestions ratio of  
291 beverage reject and sewage sludge was 10% (wt/wt). Elevated concentrations of sulphur and  
292 phosphorous were observed in all food waste co-substrates from both municipal and  
293 commercial sources. In addition, with bakery waste being the only exception, the co-  
294 digestion of all other solid co-substrates resulted in additional VS and COD residuals in  
295 digested sludge. By contrast, most liquid co-substrates evaluated here showed a notable  
296 synergistic effect, which enhanced the removals of TS, VS and COD during anaerobic  
297 digestion.

## 298 **5. Acknowledgements**

299 Stewart Ramsay and his team at the Sydney Water's Wollongong Wastewater Treatment  
300 Plant are gratefully acknowledged for their assistance with sewage sludge sample collection.  
301 This research was supported under Australian Research Council's Linkage Project funding  
302 scheme (project LP150100304).

## 303 **6. References**

- 304 Angelidaki, I., Alves, M., Bolzonella, D., Borzacconi, L., Campos, J.L., Guwy, A.J.,  
305 Kalyuzhnyi, S., Jenicek, P., van Lier, J.B. 2009. Defining the biomethane potential  
306 (BMP) of solid organic wastes and energy crops: a proposed protocol for batch  
307 assays. *Water Science and Technology*, 59, 927-934.
- 308 Appels, L., Baeyens, J., Degreve, J., Dewil, R. 2008. Principles and potential of the anaerobic  
309 digestion of waste-activated sludge. *Progress in Energy and Combustion Science*, 34,  
310 755-781.
- 311 Chynoweth, D.P., Owens, J.M., Legrand, R. 2001. Renewable methane from anaerobic  
312 digestion of biomass. *Renewable Energy*, 22, 1-8.
- 313 Dewil, R., Baeyens, J., Roels, J., Van De Steene, B. 2009. Evolution of the total sulphur  
314 content in full-scale wastewater sludge treatment. *Environmental Engineering  
315 Science*, 26, 867-872.
- 316 Edwards, J., Othman, M., Burn, S. 2015a. A review of policy drivers and barriers for the use  
317 of anaerobic digestion in Europe, the United States and Australia. *Renewable and  
318 Sustainable Energy Reviews*, 52, 815-828.

- 319 Edwards, J.A., Burn, S., Othman, M. 2015b. Anaerobic Digestion at Wastewater Treatment  
320 Plants: Opportunities with and without Policy Support. *Water*, 83-88.
- 321 Esposito, G., Frunzo, L., Giordano, A., Liotta, F., Panico, A., Pirozzi, F. 2012. Anaerobic  
322 Co-Digestion of Organic Wastes. *Review Environmental Science Biotechnology* 325-  
323 341.
- 324 Fersi, S., Chtourou, N., Jury, C., Poncelet, F. 2014. Economic analysis of renewable heat and  
325 electricity production by sewage sludge digestion—a case study. *International*  
326 *Journal of Energy Research*, 39, 234-243.
- 327 Giuliano, A., Bolzonella, D., Pavan, P., Cavinato, C., Cecchi, F. 2013. Co-digestion of  
328 livestock effluents, energy crops and agro-waste: Feeding and process optimization in  
329 mesophilic and thermophilic conditions. *Bioresource Technology*, 128, 612-618.
- 330 Haider, M.R., Zeshan, Yousaf, S., Malik, R.N., Visvanathan, C. 2015. Effect of mixing ratio  
331 of food waste and rice husk co-digestion and substrate to inoculum ratio on biogas  
332 production. *Bioresource Technology*, 190, 451-457.
- 333 Holm-Nielsen, J.B., Al Seadi, T., Oleskowicz-Popiel, P. 2009. The future of anaerobic  
334 digestion and biogas utilization. *Bioresource Technology*, 100, 5478-5484.
- 335 Kim, M.-H., Kim, J.-W. 2010. Comparison through a LCA evaluation analysis of food waste  
336 disposal options from the perspective of global warming and resource recovery. *Sci.*  
337 *Total Environ.*, 408, 3998-4006.
- 338 Koch, K., Fernandez, Y.B., Drewes, J.E. 2015a. Influence of headspace flushing on methane  
339 production in Biochemical Methane Potential (BMP) tests. *Bioresource Technology*,  
340 186, 173-178.
- 341 Koch, K., Helmreich, B., Drewes, J.E. 2015b. Co-digestion of food waste in municipal  
342 wastewater treatment plants: Effect of different mixtures on methane yield and  
343 hydrolysis rate constant. *Applied Energy*, 137, 250-255.
- 344 Li, C., Champagne, P., Anderson, B.C. 2013. Effects of ultrasonic and thermo-chemical pre-  
345 treatments on methane production from fat, oil and grease (FOG) and synthetic  
346 kitchen waste in anaerobic co-digestion. *Bioresource Technology*, 130, 187-197.
- 347 Li, D., Liu, S., Mi, L., Li, Z., Yuan, Y., Yan, Z., Liu, X. 2015. Effects of feedstock ratio and  
348 organic loading rate on the anaerobic mesophilic co-digestion of rice straw and cow  
349 manure. *Bioresour. Technol.*, 189, 319-326.
- 350 Mata-Alvarez, J., Dosta, J., Romero-Guiza, M.S., Fonoll, X., Peces, M., Astals, S. 2014. A  
351 critical review on anaerobic co-digestion achievements between 2010 and 2013.  
352 *Renewable and Sustainable Energy Reviews*, 36, 412-427.
- 353 McKennedy, J., Sherlock, O. 2015. Anaerobic digestion of marine macroalgae: A review.  
354 *Renewable and Sustainable Energy Reviews*, 52, 1781-1790.
- 355 Montingelli, M.E., Tedesco, S., Olabi, A.G. 2015. Biogas production from algal biomass: A  
356 review. *Renewable and Sustainable Energy Reviews*, 43, 961-972.

- 357 Nghiem, L.D., Nguyen, T.T., Manassa, P., Fitzgerald, S.K., Dawson, M., Vierboom, S. 2014.  
358 Co-digestion of sewage sludge and crude glycerol for on-demand biogas production.  
359 *International Biodeterioration and Biodegradation*, 95, 160-166.
- 360 Park, K., Lee, H., Phelan, S., Liyanaarachchi, S., Marleni, N., Navaratna, D., Jegatheesan, V.,  
361 Shu, L. 2014. Mitigation strategies of hydrogen sulphide emission in sewer networks  
362 – A review. *International Biodeterioration & Biodegradation*, 95, Part A, 251-261.
- 363 Pavan, P., Bolzonella, D., Battistoni, E., Cecchi, F. 2007. Anaerobic co-digestion of sludge  
364 with other organic wastes in small wastewater treatment plants: an economic  
365 considerations evaluation. *Water Science and Technology*, 56, 45-53.
- 366 Prochazka, J., Dolejs, P., Maca, J., Dohanyos, M. 2012. Stability and inhibition of anaerobic  
367 processes caused by insufficiency or excess of ammonia nitrogen. *Bioenergy and  
368 Biofuels*, 93, 439-447.
- 369 Sabbag, H., Brenner, A., Nikolski, A., Borojovich, E.J.C. 2015. Prevention and control of  
370 struvite and calcium phosphate precipitation by chelating agents. *Desalination and  
371 Water Treatment*, 55, 61-69.
- 372 Shen, Y., Linville, J.L., Urgan-Demirtas, M., Mintz, M.M., Synder, S.W. 2015. An overview  
373 of biogas production and utilization at full-scale wastewater treatment plants (WWTP)  
374 in the United States: Challenges and opportunities toward energy-neutral WWTP.  
375 *Renewable and Sustainable Energy Reviews*, 50, 346-362.
- 376 Silvestre, G., Fernandez, B., Bonmati, A. 2015. Significance of anaerobic digestion as a  
377 source of clean energy in wastewater treatment plants. *Energy Conservation and  
378 Management*, 101, 255–262.
- 379 Tchobanoglous, G., Burton, F.L. 1991. *Wastewater engineering: treatment, disposal, and  
380 reuse / Metcalf & Eddy, Inc.* McGraw-Hill, New York.
- 381 Wan, C., Zhou, Q., Fu, G., Li, Y. 2011. Semi-continuous anaerobic co-digestion of thickened  
382 waste activated sludge and fat, oil and grease. *Waste Management*, 31, 1752-1758.
- 383 Wang, M., Sahu, A.K., Rusten, B., Park, C. 2013. Anaerobic co-digestion of microalgae  
384 *Chlorella* sp. and waste activated sludge. *Bioresource Technology*, 142, 585-590.
- 385 Weiland, P. 2010. Biogas Production: Current State and Perspectives. *Appl Microbiol  
386 Biotechnol (2010)* 849-860.
- 387 Yaich, H., Garna, H., Besbes, S., Paquot, M., Blecker, C., Attia, H. 2011. Chemical  
388 composition and functional properties of *Ulva lactuca* seaweed collected in Tunisia.  
389 *Food Chem.*, 128, 895-901.
- 390 Yang, S., McDonald, J., Hai, F.I., Price, W.E., Khan, S.J., Nghiem, L.D. 2016. Occurrence of  
391 trace organics contaminants in wastewater sludge and their removals by anaerobic  
392 digestion. *Bioresource Technology*. (Accepted 28 Dec 2015)  
393 [dx.doi.org/10.1016/j.biortech.2015.12.080](https://doi.org/10.1016/j.biortech.2015.12.080).

394 **LIST OF TABLES**

395 **Table 1:** Key properties of sludge and co-substrates (NA = no analysis; RW-FW = municipal food waste from a local council; PM-FW =  
 396 commercial food waste from a commercial collector; UBW = untreated bakery waste; BJ = non-alcoholic beverage reject; TBW = treated bakery  
 397 waste; DW = waste from a dairy processor; FOG = fat-oil-grease).

Parameter	Sludge	Solid organic waste					Liquid organic waste			
		RW-FW 1	RW-FW 2	PM-FW 1	PM-FW 2	UBW	BJ	TBW	DW	FOG
TS (g/L)	16	135.7	194.4	36.5	39.6	175.6	52.1	51	65.9	25
VS (g/L)	15	102.1	121.3	29.4	32.6	170.8	48.1	18.9	48.9	20.3
COD (g/L)	20.1	179.6	296.8	122.9	11.4	17.5	81.1	47.4	65.9	25.0
S (mg/L)	285.5	NA	3450	140	2350	NA	49.8	242	310	201
P (mg/L)	657.5	3660	3710	472	3250	NA	68.4	306	456	668

398 **Table 2:** Performance of solid waste co-digestion with sewage sludge.

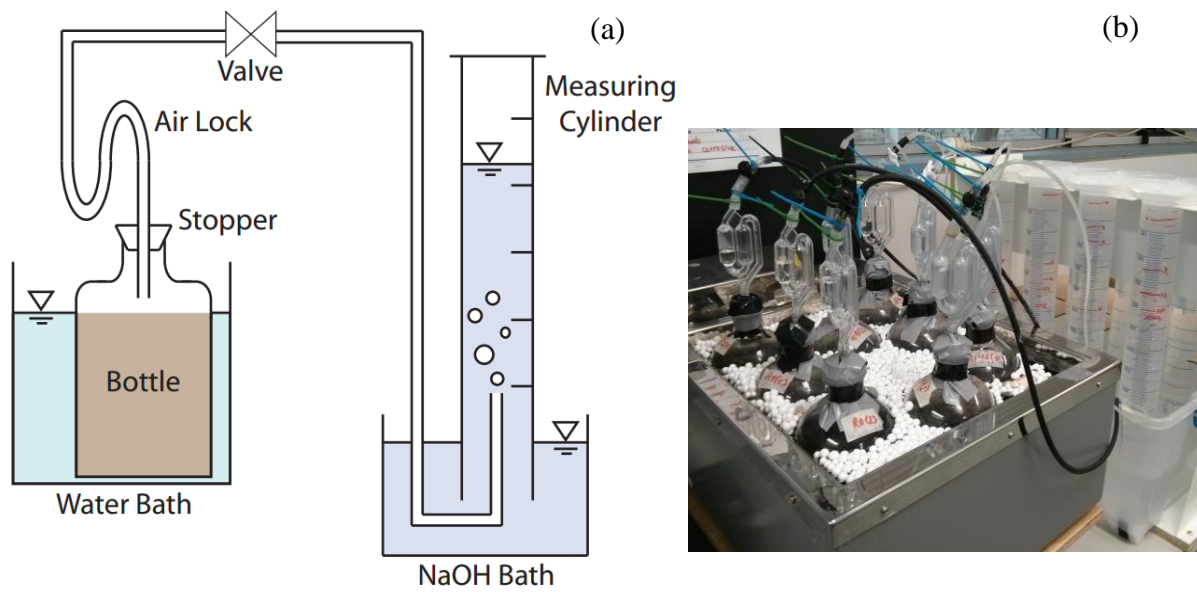
Parameters	PW	RW-FW 1	RW-FW 2	PM-FW 1	UBW
CH <sub>4</sub> (L/kg substrate)	35	73.1 ± 0.19	127.1 ± 8.0	30.9 ± 5.7	184 ± 2.8
TS Removal (%)	96	85.8	104.4	68.5	89.0
VS Removal (%)	102	88.1	207.6	68.0	94.8
COD Removal (%)	107	88.4	80.4	38.3	105.4

399 **Table 3:** Performance of solid waste co-digestion with sewage sludge.

Parameters	BJ	TBW	DW	FOG
CH <sub>4</sub> (L/kg substrate)	26 ± 1.16	27 ± 5.6	94 ± 40.4	47 ± 2.8
COD Removal (%)	141	119	102	108
VS Removal (%)	116	219	218	72
TS Removal (%)	133.9	366.2	119.3	84.2

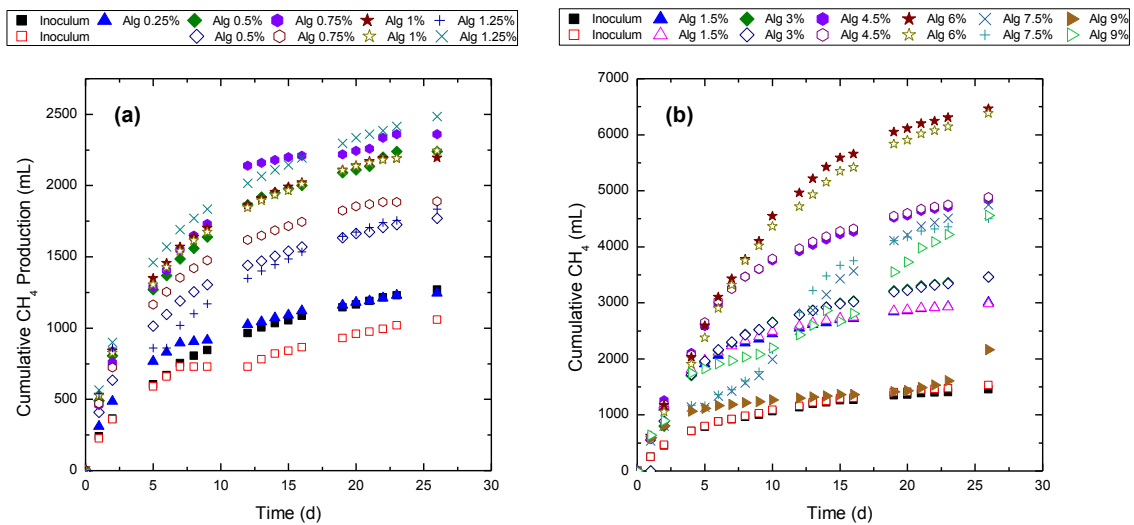


400 LIST OF FIGURES



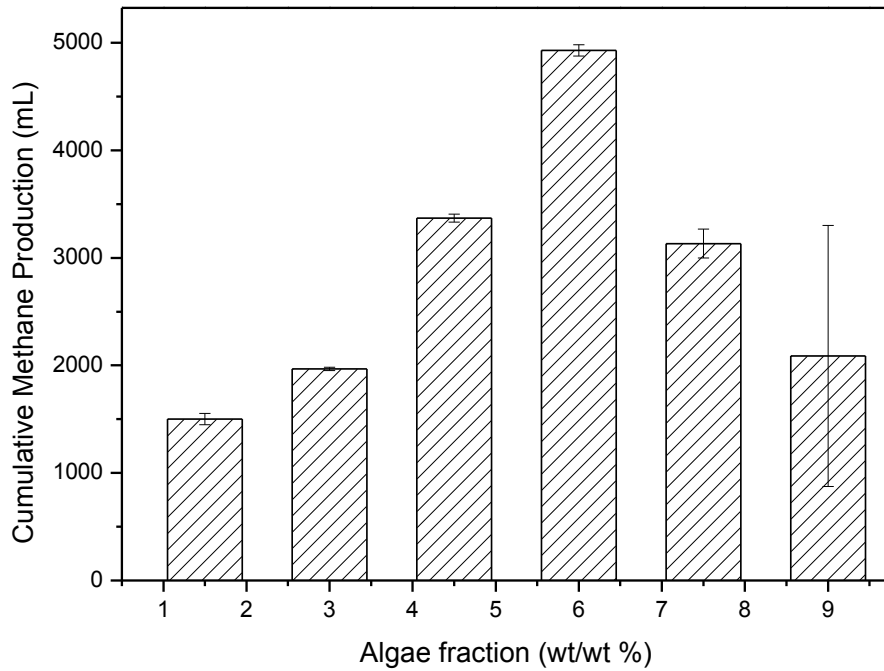
401

402 **Figure 1:** Bio-methane potential experimental equipment: (a) Schematic diagram and (b)  
 403 Photograph.



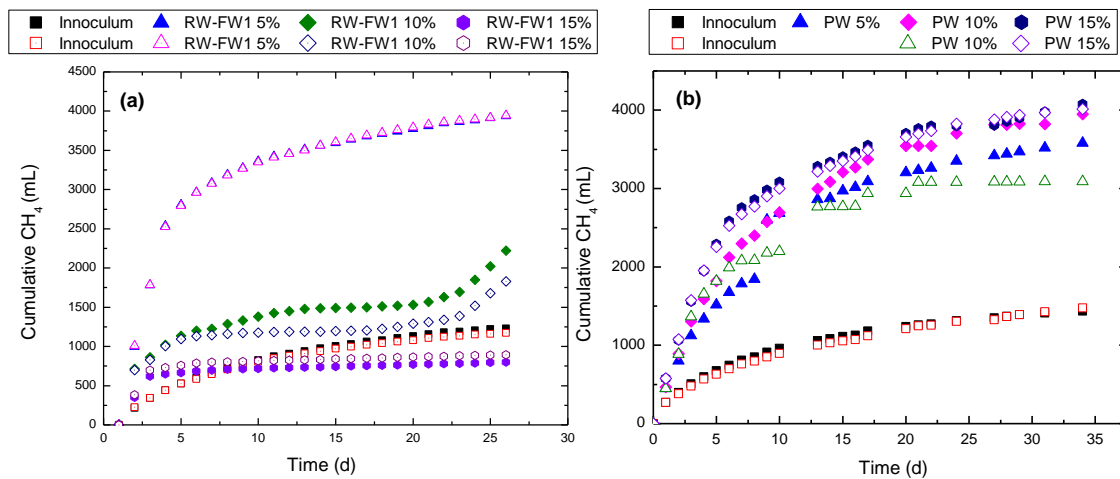
404

405 **Figure 2:** Cumulative methane production from a combination of algae and sewage sludge as  
 406 a function of time.



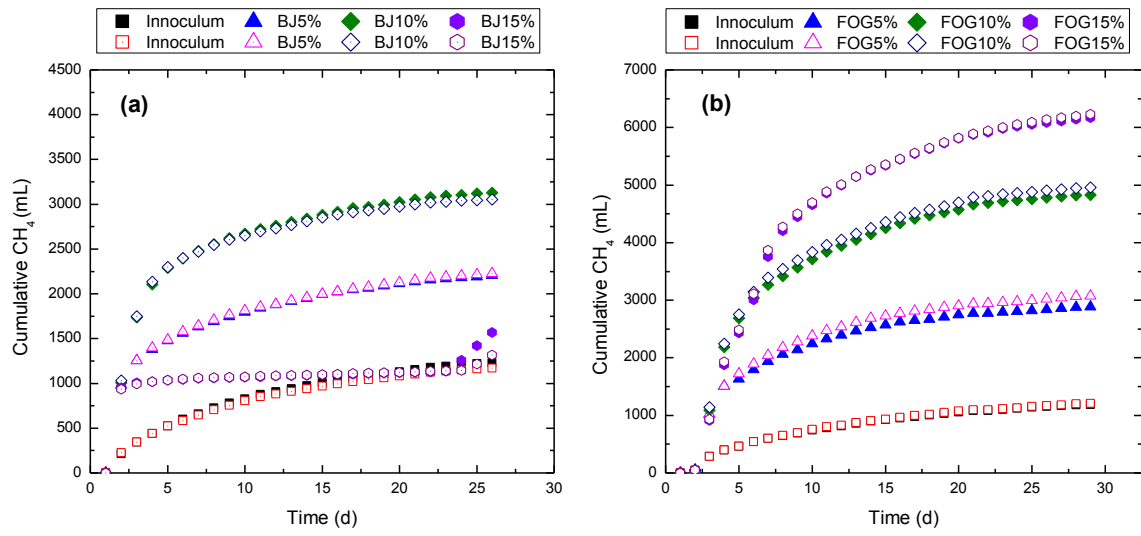
407

408 **Figure 3:** Cumulative methane production plotted against algae fraction (error bars are  
409 standard deviations from duplicate experiments).



410

411 **Figure 4:** Cumulative methane production plotted against time for co-digestion of council  
412 food waste (RW-FW) and paper waste (PW) as co-substrates.



413  
 414 **Figure 5:** Cumulative methane production plotted against time for co-digestion of beverage  
 415 reject (BJ) and fat oil and grease (FOG) wastes as co-substrates.