2018

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Ningbo Zhang
University of Wollongong, ningbo@uow.edu.au

Changyou Liu
China University of Mining and Technology

Baobao Chen
China University of Mining and Technology

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Disciplines
Engineering | Science and Technology Studies

Publication Details

This journal article is available at Research Online: https://ro.uow.edu.au/eispapers1/1549
Article

A Case Study of Presplitting Blasting Parameters of Hard and Massive Roof Based on the Interaction between Support and Overlying Strata

Ningbo Zhang 1,2,3, Changyou Liu 3,* and Baobao Chen 3

1 School of Electrical and Power Engineering, China University of Mining and Technology, Xuzhou 221116, Jiangsu, China; znbcumt@126.com
2 School of Civil, Mining and Environmental Engineering, Faculty of Engineering and Information Sciences, University of Wollongong, Wollongong, NSW 2522, Australia
3 School of Mines, China University of Mining and Technology, Xuzhou 221116, Jiangsu, China; tb12020013@cumt.edu.cn

* Correspondence: cyliucumt@126.com; Tel.: +86-138-1531-8385

Received: 7 May 2018; Accepted: 23 May 2018; Published: 28 May 2018

Abstract: Due to the existence of a hard and massive roof (HMR), severe ground pressure behaviors have been observed at the working face, resulting in safety issues and the degradation of production effectiveness. Based on the HMR conditions of the Datong Mining Area, the fracture-related instability of the HMR and its effects on the support selection were investigated by analyzing the interaction between support and overlying strata. Advancefixed-distance presplitting blasting (AFPB) technology was proposed to control the caving interval of HMR, and the influence of the controlled interval on the working load of supports was also analyzed. The working load of the support and the caving interval of the HMR were determined based on the controlled HMR fracture technology, and these were verified by field application tests. The working resistance of the support and the step distance were determined based on controlled roof fracture and were verified by on-site application experiments. The results revealed that cracks emerged after the presplitting blasting, resulting in significantly reduced strata behaviors. Furthermore, the support exhibited good adaptability.

Keywords: hard and massive roof; presplitting blasting; roof control; cantilever beam

1. Introduction

A hard and massive roof (HMR), which can also be called a massive and strong roof. This, refers to the strong, thick, high rock strength, integrated, and flawless seam that do not collapse within a short period of time [1–4]. Owing to the significant variability of hard roof conditions in China, the thickness of such roofs varies from tens to hundreds of meters. The coal mining process results in a large-scale HMR hanging in the gob, which is difficult to collapse naturally. A sudden collapse of this roof when the area of hanging roof reaches a certain value would be disastrous and could result in a shock wave or hurricane, for example [5–7]. Following this, mining equipment would be seriously damaged, the normal mining activities would be terminated, and casualties would occur [8,9]. Therefore, the existence of a HMR is one of the main problems affecting the safety of coal mining [10–12].

In China, coal is the main energy source, accounting for about 70% of primary energy production and consumption [13,14]. The coal reserves under hard roofs account for about one-third of the total reserve in China. Moreover, nearly 40% of fully mechanized coal mining panels have hard roofs and more than 50% of mining areas suffer from problems associated with hard roofs [2,15]. In order to mitigate the effect of the HMR in mining, the energy accumulated in the hanging roof and the caving
height of the roof should be reduced [16]. Currently, the techniques used most widely to eliminate the extensive hanging of a HMR include drilling, blasting, water softening/hydraulic fracturing, and backfill [16–20]. In presplitting blasting, boreholes are drilled in the HMR from the gob, roadway, or the surface to standing shot [21–23]. This uses the blasting to break the geometric continuity of the HMR and thus, releases the concentrated stress in the rock. For water softening/hydraulic fracturing, the hanging roof over the gob area of the adjacent depleted working face can be cut off and the side abutment pressure will be reduced. Afterwards, the roof above the operating working face can be pre-fractured to make the roof timely cave in on the gob area, which aims at reducing the front abutment pressure [24,25]. Meanwhile, the physical and chemical reactions between the rock and the water lead to the degraded mechanical performance of the roofs [26]. For backfill, the backfilling material is used to fill up the gob in order to control strata movement and deformation [2,7,27]. Together, this would result in reduced bearing capacity and easier caving. Blasting is more frequently used in areas such as hydraulic engineering, hydropower, mining, and transportation, and it has been responsible for huge economic and social benefits [28–31]. Previous cases indicate that presplitting blasting exhibits better performances than others [17,32,33].

It is therefore an important issue for the working face to find out the hard roof structure and to determine the effective support working resistance [15,34,35]. Nevertheless, systematic investigations that look at the relationship between the support and the length of upper hanging roofs have not been reported. As a result, even over-sized support may not satisfy the requirements, which could result in increased cost and potential safety issues. Herein, combined with the geological conditions of 14# Coal group in the Datong Mining area, the interaction between the support and overlying strata will be investigated using theoretical analysis. A model for the relationship between the caving interval of upper roof and the working resistance of the support will be established and optimized based on the field application. Practical applications demonstrate that the conclusions obtained are consistent with the actual case.

2. Interactions of HMR and Support

2.1. Geological Conditions

The 14# coal group of the Jurassic system in the Datong Mining Area consists of two minable seams. The upper seam is 14²# coal seam and the lower seam is 14³# coal seam. A dirt band with a thickness of 0.1–0.3 m is observed between the two seams. The 14# coal group has a large distribution in Silaogou mining field, with an average buried depth of 320 m and a dip-angle of 2–5°. The average thickness of minable sections is 4.6 m, where the fully mechanized top coal caving mining method is adopted. The 14 m thick siltstone layer above the 14# coal group is the HMR. The overlying stratum from the bottom to the top are shale, a mixture of shale and siltstone, and siltstone, for example. Furthermore, the layers of the 14# coal group are referred to as layer 1 to layer 15 from bottom to top, as shown in Figure 1.

2.2. Mechanical Model of the HMR

In the mining process, the load on the overlying strata was mainly undertaken by the key strata, while the intermediate roof below the hinged structure of the overlying strata is in the form of a cantilever. The mechanical model of the cantilever beam of the immediate roof is illustrated in Figure 2.
The stable condition of the cantilever structure is $M_{S} \geq M_{R}$, as follows:

$$P_c \geq \frac{1}{2} P_1 (h_1 \cot \alpha_1 + l_1) + P_2 \left( \frac{1}{2} h_2 \cot \alpha_2 + \frac{1}{2} l_2 + h_1 \cot \alpha_1 \right) + \cdots + P_k \left( \frac{1}{2} h_k \cot \alpha_k + \frac{1}{2} l_k + \sum_{i=1}^{k-1} h_i \cot \alpha_i \right) + R_s \left( l_i + \sum_{i=1}^{k-1} h_i \cot \alpha_i \right). \quad (1)$$

As shown in Figure 2, $P$ is the unit width of resistance of support; $c$ is the horizontal distance between the equal resistance working point of the support and the coal wall, which is normally 0.6–0.75 times the face width; $h_1$–$h_k$ are the individual layer thicknesses of the immediate roof, respectively; $\alpha_1$–$\alpha_k$ are the individual layer fracture angles of the immediate roof, respectively, simplified as the same angle; $k$ is the total layers of the immediate roof; $P_1$–$P_k$ are the individual layer weights of the cantilever, respectively; $l_1$–$l_k$ are the rupture sizes of individual layers in the cantilever group, respectively, in which the length of the top one is no shorter than the bottom one; $R_s$ is the additional load of the cantilever group from the articulated structure of the overlying strata cantilever; $l_x$ is the distance between the fracture line and the overlying strata load applying on layer $x$ of the immediate roof.

Figure 1. The composite columnar section.

Figure 2. Cantilever beam mechanical model of the immediate roof.
According to Formula (1), the stable conditions of the cantilever group of the immediate roof under the hard and massive overlying strata are calculated as follows:

\[
P_c \geq \frac{1}{2} \sum_{i=1}^{k} P_i (h_i \cot \alpha_i + l_i) + \sum_{j=2}^{k} \sum_{i=1}^{j-1} P_j h_i \cot \alpha_i + R_x \left( l_x + \sum_{i=1}^{k} h_i \cot \alpha_i \right),
\]

(2)

According to Formula (2), in addition to the individual layers’ weight, thickness, fracture angle, fracture size, rational working resistance of support and working point position of support equal resistance, the stable conditions of the cantilever group of the overlying strata are also affected by the indirect force and the working point position from the fracture of the overlying rock in the cantilever group.

2.3. Thickness of Cantilever Group

Along with the proceedings of the coal mining, the smashed immediate roof collapsed and filled the gob, and the articulated structures were formed in the overlying strata.

Using the falling height from when the strata of the immediate roof filled the free space of the working face to evaluate the thickness of the roof of the cantilever group, the critical thickness (the layer number is an integer) of the cantilever of the immediate roof is calculated from Formula (3):

\[
H_z = \sum h_i,
\]

(3)

where

\[
h = \sum (\kappa_i' - 1) h_i,
\]

(4)

\(H_z\) represents the total thickness of the layers in the cantilever group of the immediate roof (m); \(h_i\) is the individual thickness of each strata of the roof (m); \(\kappa_i'\) is denoted as the bulking coefficient when individual rock strata collapses; \(h\) is the mining height of the working face (m).

Due to the variations in the lithology of the rock strata and the degree of fracture, the filling degree to the mined-out area could not be fixed. Based on on-site measurements, carbon mudstone fracture blocks were small, while the fine sandstone and medium-coarse sandstone were larger in size with a larger bulking coefficient. The bulking coefficients are shown in Table 1.

<table>
<thead>
<tr>
<th>Lithology</th>
<th>Sandy Mudstone</th>
<th>Shale</th>
<th>Fine Sandstone</th>
<th>Medium-Coarse Sandstone</th>
<th>Coal</th>
</tr>
</thead>
<tbody>
<tr>
<td>Expansion coefficient</td>
<td>1.1</td>
<td>1.1</td>
<td>1.25</td>
<td>1.2</td>
<td>1.2</td>
</tr>
<tr>
<td>Density/kg/m³</td>
<td>2500</td>
<td>2500</td>
<td>2530</td>
<td>2530</td>
<td>1400</td>
</tr>
</tbody>
</table>

Owing to the existing support, the roof, which is hard to touch the gangue, would act as a cantilever before collapsing, and satisfy:

\[
h \leq \sum (\kappa_i' - 1) h_i,
\]

(5)

the parameters of the overlying strata in the coal group 14# were substituted into Formula (5):

\[
\sum_{1}^{5} (\kappa_i' - 1) h_i = 4.45 \leq 4.6 \leq \sum_{1}^{6} (\kappa_i' - 1) h_i = 4.78,
\]

(6)

Thus, layers 1–5 are in the form of a cantilever. Considering Figure 1, the total thickness of the cantilever group is 22.6 m, composing of 0.5 m shale, 4.5 m mixture of shale and fine sandstone, 14 m fine sandstone, and 3.3 m carbon mudstone.
2.4. Strata Fracture Step

2.4.1. Load of Overlying Strata

The loads on each overlying strata are calculated as follows:
(a) The first layer is 0.52 m shale with low strength and directly to collapses with the coal layers. Therefore, this layer is not considered in this analysis.
(b) The load on the 4.5 m mixture of shale and fine sandstone in Layer 2 is

\[ q_2 = \gamma_2 h_2 = 112.5 \text{ kN/m}^2, \]  

The load on Layer 2 caused by Layer 3 is

\[ (q_3)_2 = \frac{E_2 h_2^3 (\gamma_2 h_2 + \gamma_3 h_3)}{E_2 h_2^3 + E_3 h_3^3} = 11.892 \text{ kN/m}^2 < q_2, \]  

Compared to \( q_2 \), the calculated load in Formula (8) is smaller than the gravity of Layer 3. Therefore, the \((q_3)_2\) is gravity of Layer 2 (i.e., 112.5 kN/m²).
(c) The load of Layer 3 composing of 14 m fine sandstone is

\[ q_3 = \gamma_3 h_3 = 354.2 \text{ kN/m}^2, \]  

The load on Layer 3 caused by Layer 4 is

\[ (q_4)_3 = \frac{E_3 h_3^3 (\gamma_3 h_3 + \gamma_4 h_4)}{E_3 h_3^3 + E_4 h_4^3} = 358.4 \text{ kN/m}^2 > q_3, \]  

The load on Layer 3 caused by Layer 5 is

\[ (q_5)_3 = \frac{E_5 h_5^3 (\gamma_3 h_3 + \gamma_4 h_4 + \gamma_5 h_5)}{E_5 h_5^3 + E_4 h_4^3 + E_5 h_5^3} = 435.637 \text{ kN/m}^2 > (q_4)_3, \]  

The load on Layer 3 caused by Layer 6 is

\[ (q_6)_3 = \frac{E_6 h_6^3 (\gamma_3 h_3 + \gamma_4 h_4 + \gamma_5 h_5 + \gamma_6 h_6)}{E_6 h_6^3 + E_4 h_4^3 + E_5 h_5^3 + E_6 h_6^3} = 429.629 \text{ kN/m}^2 < (q_5)_3, \]  

As discussed earlier, the load was 435.637 kN/m².
(d) Layer 4 is as thin as 0.22 m, and will collapse with the layers below due to its low strength. Thus, it is not counted.
(e) The load of Layer 5 which is composed of 3.3 m sandy mudstone is

\[ q_5 = \gamma_5 h_5 = 82.5 \text{ kN/m}^2, \]  

Since Layer 6 is composed of medium-coarse sandstone and its elasticity modulus and thickness is far larger than 3.3 m sandy mudstone, it is the support layer. Therefore, the load of Layer 5 is gravity, i.e., 82.5 kN/m².
(f) The load of Layer 6 which is composed of 14 m medium-coarse sandstone is

\[ q_6 = \gamma_6 h_6 = 354.76 \text{ kN/m}^2, \]  

The load on Layer 6 caused by Layer 7 is
\[(q_7)_6 = \frac{E_6h_6^3(\gamma_6h_6 + \gamma_7h_7)}{E_6h_6^3 + E_7h_7^3} = 463.529 \text{ kN/m}^2 > (q_6)_6, \quad (15)\]

The load on Layer 6 caused by Layer 8 is

\[(q_8)_6 = \frac{E_8h_8^3(\gamma_6h_6 + \gamma_7h_7 + \gamma_8h_8)}{E_6h_6^3 + E_7h_7^3 + E_8h_8^3} = 465.675 \text{ kN/m}^2 > (q_7)_6, \quad (16)\]

The load on Layer 6 caused by Layer 9 is

\[(q_9)_6 = \frac{E_9h_9^3(\gamma_6h_6 + \gamma_7h_7 + \gamma_8h_8 + \gamma_9h_9)}{E_6h_6^3 + E_7h_7^3 + E_8h_8^3 + E_9h_9^3} = 550.966 \text{ kN/m}^2 > (q_8)_6, \quad (17)\]

The load on Layer 6 caused by Layer 10 is

\[(q_{10})_6 = \frac{E_{10}h_{10}^3(\gamma_6h_6 + \gamma_7h_7 + \gamma_8h_8 + \gamma_9h_9 + \gamma_{10}h_{10})}{E_6h_6^3 + E_7h_7^3 + E_8h_8^3 + E_9h_9^3 + E_{10}h_{10}^3} = 386.009 \text{ kN/m}^2 < (q_9)_6, \quad (18)\]

Thus, 15 m fine sandstone had no effect on 14 m medium-coarse sandstone, and the load of 14 m medium-coarse sandstone is 550.966 kN/m².

2.4.2. Naturally Fracture Step and the Working Resistance of Supports

Based on the effects of gangues in the gob area on the roof, the periodic step of the cantilever could be calculated by using the step calculation formula which includes the supporting effect and conventional formula.

\[\begin{align*}
L_s &= \frac{0.58h}{\sqrt{R_t/q}} \\
L_z &= \frac{h}{\sqrt{R_t/3n}}
\end{align*} \quad (19)\]

Combined with Formula (19), the length of the cantilever of the immediate roof is defined as

\[L_z = \max(L_z), \quad (20)\]

Here, \(L_s\) is the periodic fracture step of Layer \(i\) of the roof under two circumstances. \(L_z\) is the periodic fracture step of Layer \(i\) of the roof based on the whole rock strata of hard overlying strata.

As the properties and the loading conditions of the overlying stratum are different, the limit step varied with each layer. When the fracture step of the lower layer of a cantilever is larger than the upper layer, the fracture step of the upper thin and soft overlying rock is consistent with that of the lower one due to the effect of long fracture step of lower layer of the hard and massive overlying rock. In this case, the fracture step of the upper layer is the same as the maximum value of the lower layer, thus controlling the weight of the upper layer and suppressing the increase of the fracture step. Considering the fracture angle of the layers, the cantilever group displayed an inverted trapezoidal structure. Parameters including the fracture step and the cantilever length of each layer are shown in Table 2.

As shown in Table 2, since the fracture step of 14 m fine sandstone is longer than that of 3.3 m mudstone, all fracture angles of all layers are normalized to the fracture angle of sandstone. Meanwhile, the fracture step of 14 m fine sandstone and that of 14 m medium-coarse sandstone is nearly the same. Hence, the additional load from the upper roof of the articulated strata on the immediate cantilever should be considered. The mechanical model is built and illustrated in Figure 3.
where $f$ is the equal gravity coefficient; $K$ is the equal load coefficient of medium-coarse strata; $l_s$ to $R_x$ are the equal function positions. Substituting the limit cantilever parameter of the roof into Formulas (21) and (22), it can be simplified to:

$$P \geq 27516 + \frac{R_x}{5} \left( l_s + \sum_{i=1}^{5} h_i \cot \alpha \right),$$

On the basis of real production at working face, when the working face proceeds normally, the work resistance of the support at working face should be larger than 27.5 MN, inclusive of any additional load on the overlying strata from a long cantilever. The current support types cannot ensure safe production at working face. Therefore, measurements should be taken to control the cyclic step of the roof and to reduce the pressure, and to make sure the requirements on support resistance and stability.
Table 2. Fracture step of each layer of the cantilever.

<table>
<thead>
<tr>
<th>Layer Number</th>
<th>Lithology</th>
<th>Thickness/m</th>
<th>Density/kg/m³</th>
<th>Elasticity Modulus/Gpa</th>
<th>Load of Strata/kN/m²</th>
<th>Tensile Strength/Mpa</th>
<th>Fracture Step/m</th>
<th>Limit Length of Cantilever/m</th>
<th>Weight/kN/m</th>
</tr>
</thead>
<tbody>
<tr>
<td>10</td>
<td>Fine sandstone</td>
<td>15</td>
<td>2530</td>
<td>25.4</td>
<td>-</td>
<td>8.9</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>9</td>
<td>Chiltern</td>
<td>4.4</td>
<td>2500</td>
<td>23.43</td>
<td>-</td>
<td>4</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>8</td>
<td>Coal seam</td>
<td>0.4</td>
<td>1426</td>
<td>2.8</td>
<td>-</td>
<td>2.6</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>7</td>
<td>Fine sandstone</td>
<td>6.1</td>
<td>2530</td>
<td>25.4</td>
<td>-</td>
<td>8.9</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>6</td>
<td>Medium-coarse sandstone</td>
<td>14</td>
<td>2530</td>
<td>21.3</td>
<td>550.966</td>
<td>8</td>
<td>21.8</td>
<td>21.8</td>
<td>7722</td>
</tr>
<tr>
<td>5</td>
<td>Sandy mudstone</td>
<td>3.3</td>
<td>2500</td>
<td>23.43</td>
<td>82.4</td>
<td>4</td>
<td>6.7</td>
<td>21</td>
<td>1741</td>
</tr>
<tr>
<td>4</td>
<td>Coal seam</td>
<td>0.3</td>
<td>1400</td>
<td>2.8</td>
<td>-</td>
<td>2.6</td>
<td>-</td>
<td>21</td>
<td>89</td>
</tr>
<tr>
<td>3</td>
<td>Fine sandstone</td>
<td>14</td>
<td>2530</td>
<td>25.4</td>
<td>435.637</td>
<td>8.9</td>
<td>21.1</td>
<td>21</td>
<td>7474</td>
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<tr>
<td>2</td>
<td>Shale and siltstone</td>
<td>4.5</td>
<td>2530</td>
<td>20.0</td>
<td>112.5</td>
<td>6.9</td>
<td>9.1</td>
<td>9</td>
<td>1024</td>
</tr>
<tr>
<td>1</td>
<td>Shale</td>
<td>0.5</td>
<td>2500</td>
<td>-</td>
<td>12.5</td>
<td>5.4</td>
<td>-</td>
<td>7</td>
<td>75</td>
</tr>
</tbody>
</table>
3. Blasting Parameters for Fracture of HMR

High pressure will present when the working face proceeds normally and when the current supports cannot ensure safe and effective production, the 14 m fine sandstone should be treated. In the present paper, the presplitting and blasting methods were applied to effectively reduce the cyclic fracture step of the roof. The model of blasting is shown in Figure 4.

After blasting, the step of the 14 m fine sandstone seam was dramatically different to that of 14 m medium-coarse sandstone. In this case, the articulated structure could form in 14 m medium-coarse sandstone, supporting the load from the overlying strata. The effect on the support from the weight of the articulated structure and the overlying strata load will decrease, and even vanish, with the decreasing length of limit cantilever. The stable conditions of the support are

\[
P_c \geq \frac{1}{2} P_1 (h_1 \cot \alpha + h_1) + P_2 \left( \frac{1}{2} h_2 \cot \alpha + \frac{1}{2} l + h_1 \cot \alpha \right) + P_3 \left( \frac{1}{2} h_3 \cot \alpha + \frac{1}{2} l + h_2 \cot \alpha + h_2 \cot \alpha \right) + \ldots + P_i \left( \frac{1}{2} h_i \cot \alpha + \frac{1}{2} l + \sum_{j=1}^{i-1} h_j \cot \alpha \right).
\]

Substituting the specific parameters into the formula, it could be simplified to

\[
P \geq 44.09 l^2 + 1211.76 l \cot \alpha + 566.95 \cot \alpha + 974.1,
\]

According to the safe production at the working face, the relationship between the fracture step of the roof and the fracture angle of the strata of 4 types of supports were compared. These are shown in Figure 5.

![Figure 5. Relationship between the fracture step and the fracture angle at different work resistances of the support.](image)

It can be seen from Figure 5, along with the increase of the fracture angle of the strata, that the maximum fracture step of the roof was enlarged progressively, whereas the enlarging rate tended to decrease. This indicates that under certain work resistance of the support and under certain fracture angles of strata, the larger fracture angle has less of an effect on controlling the fracture step of the roof. When the fracture angle was constant, with the increasing of the support resistance from 7600 to
9900 kN, the fracture step increased significantly from 9.2 to 10.6 m. However, when the resistance increased from 9900 to 11,000 kN, and then to 12,000 kN, the fracture step varied slightly from 10.6 to 11 m, and then 11.5 m. At the largest fracture angle (90°), the cyclic presplitting fracture step was 10 m. Furthermore, at the work resistance of 9900 kN, the economic and technical income was the highest. Considering the production reality and the current four types, the support type is determined to be ZZ9900/29.5/50, and the cyclic presplitting and blasting step is 10 m. Meanwhile, based on the requirements of techniques and economics, the presplitting drill is set up to be paralleled with the working face.

4. On-Site Application and Effect Analysis

4.1. On-Site Blasting Parameters at Working Face

Based on the conditions of 8402 working face, which was assigned in the coal group 14# belong to the Silaogou Coal Mine in the Datong Mining Area, and the existing conditions of overlying strata and arrangement parameters of presplitting holes calculated in Section 3. The key parameters including drill length and diameter, space between two drills, loaded length and loaded volume, and hole sealing length are listed in Table 3.

<table>
<thead>
<tr>
<th>Program</th>
<th>Units</th>
<th>A1</th>
<th>B1</th>
<th>A2</th>
<th>B2</th>
<th>A3</th>
<th>B3</th>
<th>A4</th>
<th>B4</th>
<th>A5</th>
<th>B5</th>
<th>A6</th>
<th>B6</th>
</tr>
</thead>
<tbody>
<tr>
<td>Perf length</td>
<td>m</td>
<td>25.4</td>
<td>32.8</td>
<td>44.4</td>
<td>52.6</td>
<td>74</td>
<td>74.2</td>
<td></td>
<td></td>
<td></td>
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</table>

The distributions of boreholes in the roof for directional pre-splitting blasting are shown in Figure 6.

4.2. Blasting Affect

To investigate the effects of presplitting and blasting by the borehole, water from the cracks of neighboring holes and water volume were used to evaluate the crack status, following the presplitting and blasting. The presence of cracks and the crack directions after blasting varied with drill construction and the geology conditions. The ground pressure behaviors at 8402 working face was applied to demonstrate that presplitting and blasting could decrease mine pressure and ensure safe production.

The water-carrying capacity changed after blasting occurred. To test the water injection, one of the two neighboring holes acted as the injection hole, while the other acted as the testing hole. When water came out of the hole, the crack from the blasting of the two holes could extend to the middle of the holes.
To investigate the effects of presplitting and blasting by the borehole, water from the cracks of the upper roof was analysed, and these results are shown in Figure 6.

Instruments were installed to hydraulic supports 7, 15, 38, 50, 58, 68, 78, 92, and 102, respectively, and the pressure values were recorded in the front and back columns of the hydraulic support at an interval of 5 min.

Figure 7 indicates the load changes with the proceeding of working face of Support 7, 50, and 102. The results from the measurements reveal that the first fracture steps of the tip, the middle part, and the tail of working face were 59.8 m, 56.3 m, and 59.8 m, with an average of 58.9 m. The first fracture step of the working face of the upper roof was large and dynamic factor reached 1.39. The cyclic pressure step of the upper roof was 10–12 m, with an average of 11.1 m.

According to the measuring working load data of support, every load under each status of the plots, pressure step, and strength of the upper roof were analysed, and these results are shown in Tables 4 and 5. The setting load was measured as 6260 kN, with an average of 81% of the expected setting load. The final load was 7436 kN, while the average load was 76.11% of the expected final load. The average of the time weighted load was 6553 kN, which was 66.19% of the expected value. The maximum was 8445 kN/support, which was 85.31% of the expected value. The sufficient safe space between 8445 kN and 9900 kN demonstrated the excellent adaptability of Workface 8402.

**Figure 6.** Distributions of boreholes in the roof for directional pre-splitting blasting at (a) horizontal position, (b) vertical position.

**Figure 7.** Relationship between the work load and the proceeding distance of the open-off cut at (a) support 7, (b) support 50, and (c) support 102.
Table 4. Pressure step and strength of the main roof.

<table>
<thead>
<tr>
<th>Pressure Property</th>
<th>Location</th>
<th>Function Time</th>
<th>Effecting Scope/m</th>
<th>Pressure Step/m</th>
<th>Dynamic Load $k_m$</th>
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<tr>
<td></td>
<td></td>
<td>Cycle</td>
<td>Days</td>
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<td>Setting load of the upper roof</td>
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<td>0.4</td>
<td>2</td>
<td>58.9</td>
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<td>3</td>
<td>0.7</td>
<td>2.6</td>
<td>55.5</td>
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<tr>
<td></td>
<td>tail</td>
<td>2</td>
<td>0.3</td>
<td>1.7</td>
<td>58.9</td>
</tr>
<tr>
<td></td>
<td>average</td>
<td>3.3</td>
<td>0.5</td>
<td>2.1</td>
<td>57.8</td>
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<tr>
<td>Cyclic load of the upper roof</td>
<td>tip</td>
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<td>1</td>
<td>2.6</td>
<td>12.6</td>
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<td>5</td>
<td>0.4</td>
<td>4.4</td>
<td>10.5</td>
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<tr>
<td></td>
<td>tail</td>
<td>6</td>
<td>1</td>
<td>5.2</td>
<td>11.2</td>
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<tr>
<td></td>
<td>average</td>
<td>4.7</td>
<td>0.8</td>
<td>4.1</td>
<td>11.4</td>
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Table 5. Supporting strength of the support.

<table>
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<tr>
<th>Program</th>
<th>Testing Line</th>
<th>Supporting Resistance/kN</th>
<th>Supporting Resistance/kN-m$^2$</th>
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<td>Average</td>
<td>Mean Square Error</td>
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<tr>
<td>Setting load</td>
<td>Tip</td>
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<td></td>
<td>Middle</td>
<td>3944.6</td>
<td>1415.6</td>
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<td></td>
<td>Tail</td>
<td>6240</td>
<td>1562.7</td>
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<tr>
<td></td>
<td>Average</td>
<td>6260</td>
<td>1504.6</td>
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<td>Final resistance</td>
<td>Tip</td>
<td>5926</td>
<td>1605.3</td>
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<td></td>
<td>Middle</td>
<td>8797.5</td>
<td>1290.5</td>
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<td>Tail</td>
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<td>Average</td>
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<tr>
<td>Time weighted resistance</td>
<td>Tip</td>
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<td>2351.3</td>
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5. Conclusions

(1) The mechanical model for the hinge balanced cantilever beam structure of the HMR was established. Then, the stability conditions and the influencing factors of the cantilever beams were determined.

(2) Combined with the actual production background of the Silaogou coal mine working face in the Datong mining area, the thickness of the roof in a cantilevered state in the mining process was analyzed. The breaking form, order, and step of each roof were determined. The reasonable working resistance was calculated under the natural breaking condition of the roofs, and the result being a safe working resistance could not be achieved. Hence, the presplitting blasting method was presented for treating the key strata of the HMR, and the reasonable breaking step and working resistance of the support were obtained through calculation. The blasting parameters in the field of working face were also determined.

(3) The field test shows that the roof presplitting blasting successfully controlled the breaking step distance of the critical layer of the roof, effectively slowed down the mining pressure, and provided the basis for the mining of similar conditions. In future, high efficiency blasting...
techniques will be researched to effectively enhance the control of the HMR, increasing the safety of workers and the efficiency of mining operations at the working face.

**Author Contributions:** C.L. put forward the research ideas and methods; N.Z. carried out the theoretical analysis; B.C. collect the field data; N.Z. wrote the paper.

**Acknowledgments:** Financial support for this work, provided by the National Natural Science Foundation of China (Grant No. 51704275 and No. 51574220), China Postdoctoral Science Foundation (Grant No. 2016M601914), and Independent Research Project of State Key Laboratory of Coal Resources and Safe Mining, China University of Mining and Technology, are gratefully acknowledged.

**Conflicts of Interest:** The authors declare no conflict of interest.

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