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Dementia and Driving: A shared journey of enabling person centered decisions

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Dementia and Driving: A shared journey of enabling person centered decisions

Abstract

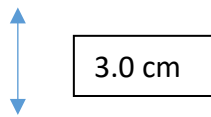
Abstract presented at the 11th International Association of Gerontology and Geriatrics Asia/Oceania Regional Congress, 23-27 October 2019, Taipei, Taiwan

Keywords

decisions, person, dementia, driving:, enabling, journey, shared, centered

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Gerontological Nursing as a Specialty: Showcase of Improving delirium care and Dementia and Driving: A shared journey of enabling person centered decisions

Dr. Hui Chen Chang (Rita)
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The University of Wollongong (UOW), Taipei Medical University (TMU), Asia University (AU) and the Taiwanese Alzheimer's Disease Association (TADA) established a transdisciplinary collaboration: Taiwanese Australian Innovation within Ageing Network (TAIWAN). The purpose of this presentation is to showcase how learning is being shared and joint research is being undertaken to improve the lives of older people:

- Dementia and Driving: A shared journey of enabling person centered decisions;

UOW researchers are working together with clinical practitioners in Taiwan develop the skills to address the issue of driving retirement for people living with dementia. The Dementia and Driving Decision Aid (DDDA) was developed by UOW researchers from a variety of specialist knowledge areas including medicine, nursing, occupational therapy, public health, psychology and road safety guides and assists individuals to make informed and empowered decisions and minimize stress associated with forced decision-making. With an ageing population, clinical practitioners in Taiwan are keen to learn how they can handle the delicate conversations about driving with someone who has dementia. The train-trainer workshops are being delivered through the Taiwanese Alzheimer's Disease Association using the dementia driving resources developed in Australia and tailored for local language and customs, as well as an educational module for clinical practitioners on the topic of dementia and driving.

The workshop includes hands-on activities role playing difficult conversations about driving cessation and emphasizes the importance of raising the topic as early as possible and taking a long-term view of helping individuals deal with driving retirement. Over the next year, UOW researchers will evaluate how these clinical practitioners use these new skills to positively affect individuals living with dementia and their family carers on the topic of driving cessation. The DDDA booklets are available through Aged and Dementia Health Education and Research (ADHERE) (www.adhere.org.au) and Taiwan Alzheimer's Disease Association.