A longitudinal study of behaviour-disordered adolescents and the effects on them of a wilderness-enhanced program

Dell Brand
University of Wollongong


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Appendix 1

Numbers of Males in the Study over the Five Testing Times

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SCWEP = South Coast Wilderness-Enhanced Program  
PB = Project Breakaway  
MAP = McArthur Adventure Program  
QHS = Queanbeyan High School  
BHS = Berkeley high School  
MHS = Moruya high School  
SHS = Shoalhaven High School  
WHS = Warilla high School  
LIHS = Lake Illawarra High School
Appendix 2

Experts who Scrutinised the Questionnaire 'All About You'

Professor Russell Linke
Dean of Faculty of Education, University of Wollongong. Expert in research design and instrumentation.

Dr Jeffrey Wragg
Lecturer in Psychology, University of Wollongong. Expert in research design and program evaluation.

Mr Ray Handley
Head Teacher, South coast Wilderness-Enhanced Program. Expert in dealing with adolescents exhibiting problem behaviour and appropriateness of instrumentation for same.

Mr Barry Hunkin
Head Teacher, Project Breakaway. Expert in dealing with adolescents exhibiting problem behaviour and appropriateness of instrumentation for same.

Mr Mark Smith
Head Teacher, MacArthur Adventure-Learning Program. Expert in dealing with adolescents exhibiting problem behaviour and appropriateness of instrumentation for same.
Appendix 3

Subscales within the Instrument 'All About You'

1. The Personality System
   A. Motivational-Instigational Structure

Commitment to School
   G. How often do you think to yourself that?
      1. School sux
      2. Teachers suck
      3. Schoolwork sux

   H. How often do you?
      1. Enjoy going to school
      2. Enjoy the work at school
      3. Think about leaving school
      4. Try your hardest in school

I.1 How long do you think you'll stay at school? (Circle the best answer)
   Leave as soon as you can       (6)
   Leave when you're 15            (5)
   Leave when you get your School Certificate (end of Yr. 10) (3)
   Leave when you get your Higher School Cert. (end of Yr. 12) (1)
   Leave as soon as you get a job  (4)
   Leave as soon as you can get the dole (2)

I.2 Circle any school clubs or school organisations you belong to
   Drama club    Choir    Band    School newspaper
   School council Sporting team    Rock eisteddfod

J. At school, how often do you?
   22. Truant from school (wag)
   23. Skip classes

Attitude to Independence
   L. How often do you think to yourself that?
      1. I should be allowed to do what I want
      2. I should be allowed to go out when I want
      3. I should be allowed to make my own decisions
      4. I should get more freedom

Independent Behaviour
   L. How often DO you
      5. Do what you want
      6. Go out when you want
      7. Make your own decisions
      8. Take your freedom
B. Personal Belief Structure

Piers-Harris Self-Concept Behaviour Subscale
Y. 12. I am well behaved in school
    13. It is usually my fault when something goes wrong
    14. I cause trouble to my family
    21. I am good at my schoolwork
    22. I do many bad things
    25. I behave badly at home
    34. I often get into trouble
    35. I do as I’m told at home
    38. My parents expect too much of me
    45. I hate school
    48. I am often mean to other people
    56. I get into a lot of fights
    59. My family is disappointed in me
    62. I am picked on at home
    78. I think bad thoughts
    80. I am a good person

Piers-Harris Self-Concept Intellectual and School Status Subscale
Y. 5. I am smart
    7. I get nervous when the teacher asks me a question
    9. When I grow up I will be an important person
    12. I am well behaved in school
    16. I have good ideas
    17. I am an important member of my family
    21. I am good at my schoolwork
    26. I am slow at finishing my schoolwork
    27. I am an important member of my class
    30. I can speak well in front of my class
    31. In school I am a dreamer
    33. My friends like my ideas
    42. I often volunteer (help) at school
    49. My mates in school think I have good ideas
    53. I am dumb about most things
    66. I forget what I learn
    70. I am a good reader

Piers-Harris Self-Concept Physical Appearance and Attributes Subscale
Y. 5. I am smart
    8. My looks bother me
    15. I am strong
    29. I have nice eyes
    33. My friends like my ideas
    41. I have nice hair
    49. My mates in school think I have good ideas
    54. I am good looking
    57. I am popular with boys
    60. I have a nice face
    63. I am a leader in games and sports
    69. I am popular with girls
73. I have a good body

**Piers-Harris Self-Concept Anxiety Subscale**

Y. 4. I am often sad  
6. I am shy  
7. I get nervous when the teacher asks me a question  
8. My looks bother me  
10. I get worried when we have tests at school  
20. I give up easily  
28. I am nervous  
37. I worry a lot  
39. I like being the way I am  
40. I feel left out of things  
43. I wish I was different  
50. I am unhappy  
74. I am often afraid (scared)  
79. I cry easily

**Piers-Harris Self-Concept Popularity Subscale**

Y. 1. My classmates make fun of me  
3. It's hard for me to make friends  
6. I am shy  
11. I am unpopular  
40. I feel left out of things  
46. I am among the last to be chosen for games  
49. My mates in school think I have good ideas  
51. I have many friends  
58. People pick on me  
65. In games and sports, I watch instead of play  
69. I am popular with girls  
77. I am different from other people

**Piers-Harris Self-Concept Happiness and Satisfaction Subscale**

Y. 2. I am a happy person  
8. My looks bother me  
36. I am lucky  
39. I like being the way I am  
43. I wish I was different  
50. I am unhappy  
52. I am cheerful  
60. I have a nice face  
67. I am easy to get along with  
80. I am a good person

**Piers-Harris Self-Concept Remaining Questions (Included in the total test)**

Y. 18. I usually want my own way  
19. I am good at making things with my hands  
23. I can draw well  
32. I pick on my brother(s) and sister(s)  
44. I sleep well at night  
47. I am sick a lot

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55. I have lots of get up and go (energy)
61. When I try to make something everything seems to go wrong
64. I am clumsy
68. I lose my temper easily
71. I would rather work alone than with a group
72. I like my brother (sister)
75. I am always dropping or breaking things
76. I can be trusted

Locus of Control
X. What Do You Think?
1. Do you believe that most problems will solve themselves if you ust don’t muck around with them?
2. Are you often blamed for things that just aren’t your fault?
3. Do you feel that most of the time it doesn’t pay to try hard because things never turn out right anyway?
4. Do you feel that most of the time parents listen to what their children have to say?
5. When you get punished does it usually seem it’s for no good reason at all?
6. Most of the time do you find it hard to change a friend’s mind (opinion) about something?
7. Do you feel that it’s nearly impossible to change your parent’s mind about anything?
8. Do you feel that when you do something wrong there’s very little you can do to make it right?
9. Do you believe that most kids are just born good at sport?
10. Do you feel that one of the best ways to handle most problems is just not to think about them?
11. Do you feel that when a kid your age decides to hit you, there’s little you can do to stop him or her?
12. Have you felt that when people were mean to you it was usually for no reason at all?
13. Most of the time, do you feel that you can change what might happen tomorrow by what you do today?
14. Do you believe that when bad things are going to happen they just are going to happen, no matter what you try to do to stop them?
15. Most of the time do you find it useless to try to get your own way at home?
16. Do you think that when somebody your age wants to be your enemy there is little you can do to change matters?
17. Do you believe that you have little to say about what you get to eat at home?
18. Do you believe that when somebody doesn’t like you there’s little you can do to change their mind?
19. Do you think that it’s almost useless to try in school because lots of kids are just plain smarter than you are?
20. Are you the kind of person who believes that planning ahead makes things turn out better?
21. Most of the time, do you feel that you have little to say about what your family decides to do?

Automatic Thoughts Questionnaire
W. Listed below are a variety of thoughts that pop into people’s heads. Please read each thought and mark how often, if at all, the thought occurred to you OVER THE LAST WEEK.
1. I feel like I’m up against the world
2. I’m no good
3. I’m proud of myself
4. Why can’t I ever win
Remember, each sentence that you read is a thought that you may have had often, less frequently or not at all. Tell us how often over the last week you have had each of the thoughts.
5. No-one understands me
6. I’ve let people down
7. I feel fine
8. I don’t think I can go on
9. I wish I were a better person
10. No matter what happens, I know I’ll make it
11. I’m so weak
12. My life’s not going the way I want it to
13. I can achieve (do) anything
14. I am so disappointed in myself
15. Nothing feels good anymore
16. I feel good
17. I can’t stand this anymore
18. I can’t get started
19. What’s wrong with me?
20. I’m warm and comfortable
21. I wish I was somewhere else
22. I can’t get things together
23. I hate myself
24. I feel confident I can do anything I set my mind to
25. I’m worthless
26. I wish I could just disappear
27. What’s the matter with me?
28. I feel very happy
29. I’m a loser
30. My life is a mess
31. I’m a failure
32. This is great!
33. I’ll never make it
34. I feel so helpless
35. Something has to change
36. There must be something wrong with me
37. I’m luckier than most people
38. My future is black (not good)
39. It’s just not worth it
40. I can’t finish anything

Efficacy of Self-Control
V. How sure are you that you would be able to keep your cool and stay out of trouble if
1. All was quiet in class
2. The teacher leaves the room
3. The teacher catches me doing the wrong thing in class
4. The teacher catches me doing the wrong thing and asks me to see him/her at lunchtime
5. A teacher was hassling me
6. I was sent to the Deputy/Boss
7. All was quiet at home
8. My parent was hassling me
9. I was watching TV and someone walked in and changed
the channel without asking me
10. My parent was angry with me

Alienation
B. How often do you?
1. Take things that don’t belong to you
2. Run away from home overnight
4. Deliberately light fires
5. Truant from school (wag)
6. Break into houses, buildings or cars
7.Deliberately destroy other people’s property
8. Deliberately hurt animals
9. Use a weapon in a fight

D. How often do you?
5. Get drunk with your friends
6. Go for a ride in a stolen car
10. Take part in a gang fight

J. At school, how often do you?
6. Take other people’s things (steal)
12. Throw things

N. How often do you?
3. Fight with your neighbours
6. Have the police visit your home
11. Smoke marijuana (pot or dope)
12. Use other drugs (not as medicines)

C. Personal Control Structure

Attitude to Deviant Behaviour
M. The next questions are about what you THINK about things, not what you DO. Do you THINK it’s okay for people to?
1. Get drunk
2. Smoke cigarettes
3. Smoke marijuana (pot or dope)
4. Take hard drugs
5. Do some shop-lifting
6. Write graffiti on public buildings
7. Carry a weapon, like a knife or gun around
8. Lie to your parents about something you did
9. Start a fist fight
10. Lie to a teacher about something you did
11. Take things that don’t belong to you
12. Truant from school (wag)
2. The Social Environment System
A. Proximal Structure

Relationship with Parents
C. How often do you?
   6. Talk to your parents about a school problem
   10. Tell your parents where you’re going when you go out

N. How often do you?
   5. Spend time with your family
   14. Agree with your parents about what is important in life?

Criminality in the Family
P. 2. How many times has your father been in jail?
   Never 1 2 3 4 5
   3. How many times has your mother been in jail?
   Never 1 2 3 4 5
   4. How many times has your older brother or sister been in jail?
   Never 1 2 3 4 5

B. Distal Structure

Control by Parents
C. How often do you?
   1. Not do as you are told at home
   2. Argue or answer back with parents
   3. Hit your parents
   4. Not come home at the time you’re told to
   5. Get hassled by your parents (get a hard time)
   7. Tell your parents off
   9. Steal from your parents

Deviant Behaviour of the Peer Group
E. The next set of questions are about YOUR FRIENDS. They are NOT about you. How often do your friends?
   1. Truant from school (wag)
   2. Get in trouble with the police
   3. Drink alcohol
   4. Get drunk
   5. Smoke cigarettes
   6. Smoke marijuana (pot or dope)
   7. Use other drugs (not as medicines)
3. The Behaviour System
   A. Problem Behaviour Structure

Drug Behaviour
D. How often do you?
   4. Get an older friend to buy alcohol for you
   5. Get drunk with your friends
J. At school, how often do you?
   9. Smoke at school
N. How often DO you?
   11. Smoke marijuana (pot or dope)
   12. Use other drugs (not as medicines)
O. 1. On how many days did you have an alcoholic drink in the LAST FOUR WEEKS?
   None
   On 1-2 days
   On 3-5 days
   On 6-9 days
   On 10-19 days
   On 20 or more days
   Every day
O.2. On a day when you have an alcoholic drink, HOW MANY drinks would you usually have?
   None
   A few sips or mouthfuls
   1-2 drinks
   3-4 drinks
   5-8 drinks
   9-12 drinks
   Over 12 drinks

General Deviant Behaviour
D. How often do you?
   4. Get an older friend to buy alcohol for you
   5. Get drunk with your friends
   6. Go for a ride in a stolen car
   10. Take part in a gang fight
N. How often DO you?
   3. Fight with your neighbours
   6. Have the police visit your home
   11. Smoke marijuana (pot or dope)
   12. Use other drugs (not as medicines)
   13. Have sex (sexual intercourse)
   16. Do something dangerous just for the thrill of it

Violence
B. How often do you?
   4. Deliberately light fires
   6. Break into houses, buildings or cars
   7. Deliberately destroy other people's property
   9. Use a weapon in a fight
   10. Start a fight
11. Deliberately hurt someone else

C. How often do you?
   3. Hit your parents

D. How often do you?
   10. Take part in a gang fight

J. At school, how often do you?
   10. Write on desks
   12. Throw things
   13. Throw food

M. The next questions are about what you THINK about things, not what you DO. Do you THINK it's okay for people to?
   7. Carry a weapon, like a knife or gun around
   9. Start a fist fight

**Oppositional Defiance**

A. How often do you?
   1. Lose your temper
   2. Argue with adults
   3. Not do what an adult asks you to do
   4. Deliberately do things that annoy other people
   5. Blame others for your mistakes
   6. Get easily annoyed by other people
   7. Get angry and carry a grudge (stay angry and upset)
   8. Want to pay someone back who has done something bad to you
   9. Swear or use bad language

**Conduct Disorder**

B. How often do you?
   1. Take things that don’t belong to you
   2. Run away from home overnight
   3. Lie or cheat
   4. Deliberately light fires
   5. Truant from school (wag)
   6. Break into houses, buildings or cars
   7. Deliberately destroy other people’s property
   8. Deliberately hurt animals
   9. Use a weapon in a fight
   10. Start a fight
   11. Deliberately hurt someone else

**Behaviour at School**

J. At school, how often do you?
   1. Get out of your seat
   2. Talk in class
   3. Call out in class
   4. Call people names
   5. Push and shove others in class
   6. Take other people’s things (steal)
   7. Answer back/argue with teachers
   8. Swear at teachers
   9. Smoke at school
   10. Write on desks
11. Put your rubbish in the bin
12. Throw things
13. Throw food
18. Get sent out of class
19. Ask a teacher for help
20. Do your homework
21. Get to school late
22. Truant from school (wag)
23. Skip classes
24. Argue with other students
25. Fight with other students
26. Disturb others in class
27. Get good marks at school

**Behaviour at School Acting Out Subscale**
3. Call out in class
7. Answer back/argue with teachers
11. Put your rubbish in the bin
12. Throw things
13. Throw food
14. Do as you're told
26. Disturb others in class

**Behaviour at School Distracter Subscale**
1. Get out of your seat
2. Talk in class
3. Call out in class
26. Disturb others in class

**Behaviour at School Peer Relationships Subscale**
4. Call people names
5. Push and shove others in class
24. Argue with other students
25. Fight with other students

**Behaviour at School Delinquency Subscale**
6. Take other people's things (steal)
8. Swear at teachers
9. Smoke at school
10. Write on desks
22. Truant from school (wag)
23. Skip classes

**B. Conventional Behaviour Structure**

**General Conforming Behaviour**
J. At school, how often do you?
16. Do your work

N. How often do you
1. Play organised or team sport
2. See a counsellor
4. Do voluntary work in your community
5. Spend time with your family
7. Go to church
8. Go to a youth group at a church
9. Go to Scouts or Guides, Police Youth Club, YMCA
   or other community group or club
10. Ask God for help with a problem
14. Agree with your parents about what is important in life
15. Try and stop your friends from doing something wrong

Conforming Behaviour of the Peer Group

E. How often do your friends?

11. Try and stop you from doing something wrong
13. Tell you the truth
14. Get good marks at school
15. Take part in organised sport
16. Spend time doing things with their families
17. Do voluntary (unpaid) work in the community
18. Take part in youth clubs like Scouts or Guides, Police Youth Club
   or YMCA, or other community group or club
Appendix 4

Coding and Measurement Schedule for Questionnaire 'All About You'

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<td>&gt;No=poorer behaviour</td>
<td>y12 14 21 22 25 34 35 y38 45 48 56 59 62 78 80 Nominal</td>
<td></td>
</tr>
<tr>
<td>Self-Esteem (Intell/School)</td>
<td>0-17</td>
<td>&gt;No=&gt;status Yes/No</td>
<td>y5 7 9 12 16 17 21 26 27 30 31 33 42 49 53 66 70 Nominal</td>
<td></td>
</tr>
<tr>
<td>Self-Esteem (Phys. Appear)</td>
<td>0-13</td>
<td>&gt;No=&gt;positive self-concept</td>
<td>y5 8 15 29 33 41 49 54 57 60 63 69 73 Nominal</td>
<td></td>
</tr>
<tr>
<td>Self-Esteem (Anxiety)</td>
<td>0-14</td>
<td>&gt;No=&gt;anxiety Yes/No</td>
<td>y4 6 7 8 10 20 28 37 39 40 43 50 74 79 Nominal</td>
<td></td>
</tr>
<tr>
<td>Self-Esteem (Popularity)</td>
<td>0-12</td>
<td>&gt;No=&lt;popularity Yes/No</td>
<td>y1 3 6 11 40 46 49 51 58 65 69 77 Nominal</td>
<td></td>
</tr>
<tr>
<td>Variable</td>
<td>Min/Max</td>
<td>How Scored</td>
<td>Codes or Values</td>
<td>Questions in Subscales</td>
</tr>
<tr>
<td>--------------------------</td>
<td>---------</td>
<td>-------------------------------------</td>
<td>-----------------</td>
<td>------------------------</td>
</tr>
<tr>
<td>Self-Esteem (Hap/Satisctn)</td>
<td>0-10</td>
<td>&gt;No=&gt;happiness Yes/No</td>
<td>y2 8 36 39 43 50 52 60 67 80</td>
<td>Nominal</td>
</tr>
<tr>
<td>Locus of Control</td>
<td>0-21</td>
<td>&gt;No=&gt;externality Yes/No</td>
<td>x1-x21</td>
<td>Nominal</td>
</tr>
<tr>
<td>Self-Efficacy</td>
<td>40-200</td>
<td>&gt;No=&gt;efficacy Never-Every Day</td>
<td>w1-w40</td>
<td>Ordinal</td>
</tr>
<tr>
<td>Efficacy of Self-Control</td>
<td>0-50</td>
<td>&gt;No=&gt;confidence in SC Not Sure-Very Sure</td>
<td>v1-v10</td>
<td>Ordinal</td>
</tr>
<tr>
<td>Alienation</td>
<td>17-90</td>
<td>&gt;No=&gt;alienation Never-Always</td>
<td>b1-b2 b4-b9 d5-d6 d10 j6 j12 n3 n6 n11-n12</td>
<td>Ordinal</td>
</tr>
</tbody>
</table>

### C. Personal Control Structure

| Attitude to Deviance     | 12-60   | >No=>tolerance to deviance          | m1-m12          | Ordinal               |

### 2. The Social Environment System

#### A. Proximal Structure

| Relationship with Parents | 5-25    | >No=>better relationship Never-Always | c6 c8 c10 n5 n14 | Ordinal               |

#### B. Distal Structure

| Control by Parents       | 7-35    | >No=>control Never-Always            | c1-c5 c7 c9      | Ordinal               |
| Influence of Peer Group  | 6-30    | >No=>influence Never-Always          | d1-d3 d7-d9      | Ordinal               |
| Dev. Beh. of Peer Group  | 7-35    | >No=>deviant behaviour Never-Always  | e1-e7            | Ordinal               |
### 3. The Behaviour System

#### A. Problem Behaviour Structure

<table>
<thead>
<tr>
<th>Variable</th>
<th>Min/Max</th>
<th>How Scored</th>
<th>Codes or Values</th>
<th>Questions in Subscales</th>
</tr>
</thead>
<tbody>
<tr>
<td>Drug Behaviour</td>
<td>8-38</td>
<td>&gt;No=&gt;involve in Never-Always drugs</td>
<td>d4-d5 j9 n11-n12 o1</td>
<td>Ordinal</td>
</tr>
<tr>
<td>General Deviant Behaviour</td>
<td>10-50</td>
<td>&gt;No=&gt;deviance Never-Always</td>
<td>d4-d6 d10 n3 n6 n11-n13 n16</td>
<td>Ordinal</td>
</tr>
<tr>
<td>Violent Behaviour</td>
<td>13-65</td>
<td>&gt;No=&gt;violence Never-Always</td>
<td>b4 b6-b7 b9-b11 c3  d10 j10 j12-j13 m7 m9</td>
<td>Ordinal</td>
</tr>
<tr>
<td>Oppositional defiance</td>
<td>9-45</td>
<td>&gt;No=&gt;oppositional defiance Never-Always</td>
<td>a1-a9</td>
<td>Ordinal</td>
</tr>
<tr>
<td>Conduct 11-55 Disorder</td>
<td>&gt;No=&gt;conduct Never-Always b1-b11 disorder</td>
<td>Ordinal</td>
<td></td>
<td></td>
</tr>
<tr>
<td>School Behaviour</td>
<td>23-115</td>
<td>&gt;No=&gt;misbehaviour Never-Always</td>
<td>j1-j13 j18-j27</td>
<td>Ordinal</td>
</tr>
<tr>
<td>Beh at School (Acting-Out)</td>
<td>7-35</td>
<td>&gt;No=&gt;acting-out behaviour Never-Always</td>
<td>j3 j7 j11-j14 j26</td>
<td>Ordinal</td>
</tr>
<tr>
<td>Beh at School (Distractor)</td>
<td>4-20</td>
<td>&gt;No=&gt;distractor or behaviour Never-Always</td>
<td>j1-j3 j26</td>
<td>Ordinal</td>
</tr>
<tr>
<td>Beh at School (Peer Rel's)</td>
<td>4-20</td>
<td>&gt;No=poorer relationships Never-Always</td>
<td>j4-j5 j24-j25</td>
<td>Ordinal</td>
</tr>
<tr>
<td>Beh at School (Delinquency)</td>
<td>6-30</td>
<td>&gt;No=&gt;delinqnt behaviour Never-Always</td>
<td>j6 j8-j10 j22-j23</td>
<td>Ordinal</td>
</tr>
</tbody>
</table>

#### B. Conforming Behaviour Structure

<table>
<thead>
<tr>
<th>Variable</th>
<th>Min/Max</th>
<th>How Scored</th>
<th>Codes or Values</th>
<th>Questions in Subscales</th>
</tr>
</thead>
<tbody>
<tr>
<td>Conforming Behaviour</td>
<td>11-55</td>
<td>&gt;No=&gt;conformity Never-Always</td>
<td>j16 n1 n2 n4 n5 n7-n10 n14 n15</td>
<td>Ordinal</td>
</tr>
<tr>
<td>Conform Beh. of Peer Group</td>
<td>7-35</td>
<td>&gt;No=&gt;conform behaviour Never-Always</td>
<td>e11 e13-e18</td>
<td>Ordinal</td>
</tr>
</tbody>
</table>
Appendix 5

Reliability Co-Efficients (Cronbach’s Alpha) Derived from the 1993 Pilot Study of the Questionnaire ‘All About You’ and the Current Research Evaluation

<table>
<thead>
<tr>
<th>Variables Measuring Problem Behaviour</th>
<th>Year 7 Sample (N=172)</th>
<th>Year 10 Sample (N=48)</th>
<th>Current Study Sample (N=121)</th>
<th>Year 7 Subsample for Test-Retest Validity 1993 (N=24)</th>
</tr>
</thead>
</table>

1. The Personality System
   A. Motivational/Insigational Structure

   Commitment to School 0.8727 0.8991 0.8391
   Attitude to Independence 0.9117 0.8618 0.9103
   Independent Behaviour 0.8880

   B. Personal Belief Structure

   Self-Esteem (Peers-Harris) 0.8296
   (subscale Behaviour) 0.9861
   (subscale Intell & Schol) 0.9800
   (subscale Phys App) 0.9701
   (subscale Anxiety) 0.9766
   (subscale Popularity) 0.9714
   (subscale Happ) 0.9687
   Locus of Control (Nowicki-S) 0.9560
   Automatic Thoughts 0.9624 0.9526
   Efficacy of Self-Control 0.8879 0.8339 0.9526
   Alienation 0.8730 0.7300 0.8638

2. The Perceived Social Environment System
   A. Proximal Structure

   Relationship with Parents 0.7486 0.4789 0.5494
### B. Distal Structure

<table>
<thead>
<tr>
<th>Measure</th>
<th>Year 7 Sample 1993 (N=172)</th>
<th>Year 10 Sample 1993 (N=48)</th>
<th>Current Study Sample 1994 (N=121)</th>
<th>Year 7 Subsample for Test-Retest Validity 1993 (N=24)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Control by Parents</td>
<td>0.7062</td>
<td>0.7572</td>
<td>0.8692</td>
<td></td>
</tr>
<tr>
<td>Influence of Peer Grp</td>
<td>0.5756</td>
<td>0.8220</td>
<td>0.0856</td>
<td></td>
</tr>
<tr>
<td>Deviant Beh of Peer Grp</td>
<td>0.8634</td>
<td>0.9188</td>
<td>0.9231</td>
<td></td>
</tr>
</tbody>
</table>

### 3. The Behaviour System

#### A. Problem Behaviour Structure

<table>
<thead>
<tr>
<th>Behaviour</th>
<th>Year 7 Sample 1993 (N=172)</th>
<th>Year 10 Sample 1993 (N=48)</th>
<th>Current Study Sample 1994 (N=121)</th>
<th>Year 7 Subsample for Test-Retest Validity 1993 (N=24)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Drug Behaviour</td>
<td>0.7016</td>
<td>0.7026</td>
<td>0.8907</td>
<td></td>
</tr>
<tr>
<td>General Deviant Beh</td>
<td>0.8666</td>
<td>0.7185</td>
<td>0.9149</td>
<td></td>
</tr>
<tr>
<td>Violent Behaviour</td>
<td>0.8486</td>
<td>0.7759</td>
<td>0.7553</td>
<td></td>
</tr>
<tr>
<td>Oppositional Defiance</td>
<td>0.7341</td>
<td>0.7008</td>
<td>0.7981</td>
<td></td>
</tr>
<tr>
<td>Conduct Disorder</td>
<td>0.7817</td>
<td>0.8097</td>
<td>0.7099</td>
<td></td>
</tr>
<tr>
<td>Behaviour at School (subscale)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(subscale Acting-Out)</td>
<td></td>
<td></td>
<td>0.8466</td>
<td></td>
</tr>
<tr>
<td>(subscale Distracter)</td>
<td></td>
<td></td>
<td>0.8487</td>
<td></td>
</tr>
<tr>
<td>(subscale Peer Rel)</td>
<td></td>
<td></td>
<td>0.8432</td>
<td></td>
</tr>
<tr>
<td>(subscale Delinquency)</td>
<td></td>
<td></td>
<td>0.8332</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
#### B. Conventional Behaviour Structure

<table>
<thead>
<tr>
<th>Behaviour</th>
<th>Year 7 Sample 1993 (N=172)</th>
<th>Year 10 Sample 1993 (N=48)</th>
<th>Current Study Sample 1994 (N=121)</th>
<th>Year 7 Subsample for Test-Retest Validity 1993 (N=24)</th>
</tr>
</thead>
<tbody>
<tr>
<td>General Conforming Beh</td>
<td>0.7717</td>
<td>0.5323</td>
<td>0.9006</td>
<td></td>
</tr>
<tr>
<td>Conforming Beh of Peer Grp</td>
<td>0.6901</td>
<td>0.8920</td>
<td>0.5759</td>
<td></td>
</tr>
</tbody>
</table>
Appendix 6
‘All About You’ Initial Questionnaire used for the Pre-Test in the Study

All About You
University of Wollongong

Hi! My name is .......... and I am helping to conduct a survey that can assist researchers at the University of Wollongong to gather information and opinions about teenagers. The purpose of this survey is to find out what young people think.

The information on the single sheet of paper has questions about your family and how we can contact you in the future. I will not see this. No one will see this except the researcher. When you have filled it out, place it in the plain envelope.

This booklet contains questions about you. All answers are confidential and anonymous. No one can link your name to your answers except the researcher. Your answers will not be traced back to you. We are not interested in who you are so your answers are completely private and confidential. We are only interested in finding out what teenagers in general think. The information you give will not be identified in any report or publication arising from the project.

Circle the best answer for you. If you make a mistake, cross it out and circle something else. Please be as honest and truthful as you can.

This is not a test. There are no right or wrong answers. “Macho” answers or answers to try and “big note” yourself won’t help, nor will answers that you think we might want. Just be yourself and tell how you feel or are thinking. But first would you fill in the following answers to provide your

secret code

* The first letter of your mother’s name (eg Jane = J) ___
* The first two letters of your first name (eg Peter = P E) ___ ___
* Your sex (Male = M or Female = F) ___
* The last letter of your family name (eg Smith = H) ___
* Your birthday month as a number ___ ___

** Your secret code is ___ ___ ___ ___ ___ ___

Now begin to answer your booklet. Remember to write your secret code at the top. Take your time and remember it is not a test. Answer every question carefully. When you have finished, place your booklet in the same plain envelope and leave it in the box near the door.
If you have trouble with your reading, the researcher will read the questions to you.

My Secret Code: ___ ___ ___ ___ ___ ___
# All About You

**Circle the best answer for you**

<table>
<thead>
<tr>
<th>A. How often do you?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Never Not Seldom Rarely Sometimes Quite Always</td>
</tr>
<tr>
<td>At All     Rarely         Hardly Ever        Often          All the Time</td>
</tr>
<tr>
<td>-----------</td>
</tr>
<tr>
<td>1. Lose your temper</td>
</tr>
<tr>
<td>2. Argue with adults</td>
</tr>
<tr>
<td>3. Not do what an adult asks you to do</td>
</tr>
<tr>
<td>4. Deliberately do things that annoy other people</td>
</tr>
<tr>
<td>5. Blame others for your mistakes</td>
</tr>
<tr>
<td>6. Get easily annoyed by other people</td>
</tr>
<tr>
<td>7. Get angry and carry a grudge (stay angry and upset)</td>
</tr>
<tr>
<td>8. Want to pay someone back who has done something bad to you</td>
</tr>
<tr>
<td>9. Swear or use bad language</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>B. How often do you?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Never Not Seldom Rarely Sometimes Quite Always</td>
</tr>
<tr>
<td>At All     Rarely         Hardly Ever        Often          All the Time</td>
</tr>
<tr>
<td>-----------</td>
</tr>
<tr>
<td>1. Take things that don't belong to you</td>
</tr>
<tr>
<td>2. Run away from home overnight</td>
</tr>
<tr>
<td>3. Lie or cheat</td>
</tr>
<tr>
<td>4. Deliberately light fires</td>
</tr>
<tr>
<td>5. Truant from school (wag)</td>
</tr>
<tr>
<td>6. Break into houses, buildings or cars</td>
</tr>
<tr>
<td>7. Deliberately destroy other people's property</td>
</tr>
<tr>
<td>8. Deliberately hurt animals</td>
</tr>
<tr>
<td>9. Use a weapon in a fight</td>
</tr>
<tr>
<td>10. Start a fight</td>
</tr>
<tr>
<td>11. Deliberately hurt someone else</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>C. How often do you?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Never Not Seldom Rarely Sometimes Quite Always</td>
</tr>
<tr>
<td>At All     Rarely         Hardly Ever        Often          All the Time</td>
</tr>
<tr>
<td>-----------</td>
</tr>
<tr>
<td>1. Not do as you are told at home</td>
</tr>
<tr>
<td>2. Argue or answer back with parents</td>
</tr>
<tr>
<td>3. Hit your parents</td>
</tr>
<tr>
<td>4. Not come home at the time you're told to</td>
</tr>
<tr>
<td>5. Get hassled by your parents (get a hard time)</td>
</tr>
</tbody>
</table>
### C. How often do you?

<table>
<thead>
<tr>
<th>Activity</th>
<th>Never</th>
<th>Seldom</th>
<th>Sometimes</th>
<th>Quite</th>
<th>Always</th>
</tr>
</thead>
<tbody>
<tr>
<td>6. Talk to your parents about a school problem</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>7. Tell your parents off</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>8. Talk to your parents about a personal problem</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>9. Steal from your parents</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>10. Tell your parents where you’re going when you go out</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
</tbody>
</table>

### D. How often do you?

<table>
<thead>
<tr>
<th>Activity</th>
<th>Never</th>
<th>Seldom</th>
<th>Sometimes</th>
<th>Quite</th>
<th>Always</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Talk to your friends about a personal problem</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>2. Feel you’re not accepted by your friends</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>3. Feel pressured by your friends (to do things you don’t really want to do)</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>4. Get an older friend to buy alcohol for you</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>5. Get drunk with your friends</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>6. Go for a ride in a stolen car</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>7. Talk to your friends about a school problem</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>8. Do whatever your friends want to do</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>9. Choose what your friends and you will do</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>10. Take part in a gang fight</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
</tbody>
</table>

### The next set of questions are about YOUR FRIENDS.
They are NOT about you

### E. How often do your friends?

<table>
<thead>
<tr>
<th>Activity</th>
<th>Never</th>
<th>Seldom</th>
<th>Sometimes</th>
<th>Quite</th>
<th>Always</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Truant from school (wag)</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>2. Get in trouble with the police</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>3. Drink alcohol</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>4. Get drunk</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>5. Smoke cigarettes</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>6. Smoke marijuana (pot or dope)</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>7. Use other drugs (not as medicines)</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>8. Have sex (sexual intercourse)</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>9. Agree with your parents about what is important in life?</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>10. Ask your opinion about something</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
</tbody>
</table>
Circle the best answer for you

<table>
<thead>
<tr>
<th>Activity</th>
<th>Never</th>
<th>Seldom</th>
<th>Sometimes</th>
<th>Quite</th>
<th>Always</th>
</tr>
</thead>
<tbody>
<tr>
<td>11. Try and stop you from doing something wrong</td>
<td></td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>12. Really listen to you</td>
<td></td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>13. Tell you the truth</td>
<td></td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>14. Get good marks at school</td>
<td></td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>15. Take part in organised sport</td>
<td></td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>16. Spend time doing things with their families</td>
<td></td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>17. Do voluntary (unpaid) work in the community</td>
<td></td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>18. Take part in youth clubs like Scouts or Guides,</td>
<td></td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>Police Youth Club or YMCA, or other community group or club</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>4</td>
</tr>
</tbody>
</table>

F. 1. How many close friends do you have and what are their ages?

Ages: ___ ___ ___ ___ ___ ___

2. What's the longest time you've had a closest friend?

- Less than six months
- Less than one year
- One to two years
- Two to three years
- More than three years

3. Circle the sorts of things you often do together

<table>
<thead>
<tr>
<th>Activity</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Light fires</td>
<td>Break into / steal cars</td>
<td>Break into houses</td>
</tr>
<tr>
<td>Smoke marijuana (pot/dope)</td>
<td>Shoplift.</td>
<td>Drink alcohol</td>
</tr>
<tr>
<td>Go to church/youth group</td>
<td>Walk streets at night</td>
<td>Vandalise</td>
</tr>
<tr>
<td>Watch R-rated movies</td>
<td>Smoke cigarettes</td>
<td>Get drunk</td>
</tr>
<tr>
<td>Take part in a fight</td>
<td>Write graffiti</td>
<td>Create a disturbance</td>
</tr>
</tbody>
</table>
The rest of the questions in this survey are about **YOU**
Circle the best answer for you

<table>
<thead>
<tr>
<th></th>
<th>Never Not Rarely Sometimes Often Always</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Not At All Rarely Hardly Ever</td>
</tr>
</tbody>
</table>

**G. How often do you think to yourself that?**

1. School sux 1 2 3 4 5
2. Teachers suck 1 2 3 4 5
3. Schoolwork sux 1 2 3 4 5

**H. How often do you?**

1. Enjoy going to school 1 2 3 4 5
2. Enjoy the work at school 1 2 3 4 5
3. Think about leaving school 1 2 3 4 5
4. Try your hardest in school 1 2 3 4 5

**I. 1. How long do you think you'll stay at school?**
**(Circle the best answer)**

- Leave as soon as you can
- Leave when you're 15
- Leave when you get your School Certificate (end of Yr. 10)
- Leave when you get your Higher School Certificate (end of Yr. 12)
- Leave as soon as you get a job
- Leave as soon as you can get the dole

2. **Circle any school clubs or school organisations you belong to**

   - Drama club
   - Choir
   - Band
   - School council
   - Sporting team
   - Rock eisteddford
   - School newspaper

3. **Circle anything you do in your local community**

   - Drama
   - Amateur theatre
   - Sporting team
   - Church youth group
   - Choir
   - Art/craft class
   - Self-defence
   - Police youth club
   - Band
   - Learn a Language
   - Music lessons
   - Surf club
   - Other ____________________
Circle the best answer for you

<table>
<thead>
<tr>
<th>Question</th>
<th>Never Not At All</th>
<th>Seldom Rarely</th>
<th>Hardly Sometimes</th>
<th>Quite Often</th>
<th>Always Ever Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>J. At school, how often do you?</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. Get out of your seat</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>2. Talk in class</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>3. Call out in class</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>4. Call people names</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>5. Push and shove others in class</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>6. Take other people's things (steal)</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>7. Answer back/argue with teachers</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>8. Swear at teachers</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>9. Smoke at school</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>10. Write on desks</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>11. Put your rubbish in the bin</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>12. Throw things</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>13. Throw food</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>14. Do as you’re told</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>15. Report for detention</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>16. Do your work</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>17. Get on well with the other kids</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>18. Get sent out of class</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>19. Ask a teacher for help</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>20. Do your homework</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>21. Get to school late</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>22. Truant from school (wag)</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>23. Skip classes</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>24. Argue with other students</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>25. Fight with other students</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>26. Disturb others in class</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>27. Get good marks at school</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
</tbody>
</table>

K. How many times have you been suspended from school?

<table>
<thead>
<tr>
<th>Number of Times</th>
<th>0</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>More than 5</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Circle the best answer for you

<table>
<thead>
<tr>
<th></th>
<th>Never Not At All</th>
<th>Seldom Rarely Ever</th>
<th>Sometimes Often</th>
<th>Quite Often</th>
<th>Always All the Time</th>
</tr>
</thead>
</table>

L. **How often do you think to yourself that?**

1. I should be allowed to do what I want 1 2 3 4 5
2. I should be allowed to go out when I want 1 2 3 4 5
3. I should be allowed to make my own decisions 1 2 3 4 5
4. I should get more freedom 1 2 3 4 5

**How often DO you**

1. Do what you want 1 2 3 4 5
2. Go out when you want 1 2 3 4 5
3. Make your own decisions 1 2 3 4 5
4. Take your freedom 1 2 3 4 5

M. **The next questions are about what you THINK about things, not what you DO. Do you THINK its okay for people to?**

1. Get drunk 1 2 3 4 5
2. Smoke cigarettes 1 2 3 4 5
3. Smoke marijuana (pot or dope) 1 2 3 4 5
4. Take hard drugs 1 2 3 4 5
5. Do some shop-lifting 1 2 3 4 5
6. Write graffiti on public buildings 1 2 3 4 5
7. Carry a weapon, like a knife or gun around 1 2 3 4 5
8. Lie to your parents about something you did 1 2 3 4 5
9. Start a fist fight 1 2 3 4 5
10. Lie to a teacher about something you did 1 2 3 4 5
11. Take things that don’t belong to you 1 2 3 4 5
12. Truant from school (wag) 1 2 3 4 5

N. **How often do you?**

1. Play organised or team sport 1 2 3 4 5
2. See a counsellor 1 2 3 4 5
3. Fight with your neighbours 1 2 3 4 5
4. Do voluntary work in your community 1 2 3 4 5
5. Spend time with your family 1 2 3 4 5
6. Have the police visit your home 1 2 3 4 5
7. Go to church 1 2 3 4 5
Circle the best answer for you

<table>
<thead>
<tr>
<th>N. How often do you?</th>
<th>Never Not At All</th>
<th>Seldom Rarely</th>
<th>Occasionally</th>
<th>Quite Often</th>
<th>Always Ever</th>
</tr>
</thead>
<tbody>
<tr>
<td>8. Go to a youth group at a church</td>
<td>1 2 3 4 5</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9. Go to Scouts or Guides, Police Youth Club, YMCA or other community group or club</td>
<td>1 2 3 4 5</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10. Ask God for help with a problem</td>
<td>1 2 3 4 5</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>11. Smoke marijuana (pot or dope)</td>
<td>1 2 3 4 5</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>12. Use other drugs (not as medicines)</td>
<td>1 2 3 4 5</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>13. Have sex (sexual intercourse)</td>
<td>1 2 3 4 5</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>14. Agree with your parents about what is important in life?</td>
<td>1 2 3 4 5</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>15. Try and stop your friends from doing something wrong</td>
<td>1 2 3 4 5</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>16. Do something dangerous just for the thrill of it</td>
<td>1 2 3 4 5</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>17. Give in to peer pressure (do what your friends want you to do, even though you don’t want to do it)</td>
<td>1 2 3 4 5</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

O. 1. On how many days did you have an alcoholic drink in the LAST FOUR WEEKS?
   None
   On 1-2 days
   On 3-5 days
   On 6-9 days
   On 10-19 days
   On 20 or more days
   Every day

2. On a day when you have an alcoholic drink, HOW MANY drinks would you usually have?
   None
   A few sips or mouthfuls
   1-2 drinks
   3-4 drinks
   5-8 drinks
   9-12 drinks
   Over 12 drinks

3. How many cigarettes do you usually smoke a day?
   0 1-2 3-5 6-10 10-20 More than 20

307
P. 1. How well do you think you fit into your local neighbourhood?
   
<table>
<thead>
<tr>
<th>Very Well</th>
<th>Well</th>
<th>Okay</th>
<th>Not Well</th>
<th>Not At All Well</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

2. How many times has your *father* been in jail?

   Never  1  2  3  4  5

3. How many times has your *mother* been in jail?

   Never  1  2  3  4  5

4. How many times has your *older brother or sister* been in jail?

   Never  1  2  3  4  5

Q. 1. Have you been in trouble with the Police?

   Yes  No

2. What have you done? (You may circle more than one)

   - Shoplifting/ Stealing
   - Walking streets at night
   - Driving/ Riding without licence
   - Fighting
   - Fire-lighting
   - Being an accomplice to a crime
   - Riding without a helmet
   - Drinking or on drugs
   - Other: __________________________

   __________________________

3. When was the last time you were in trouble with the police?

   - Less than six months ago
   - Six to twelve months ago
   - One to two years ago
   - Two to three years ago
   - More than three years ago

4. Why? What were the reasons you did this?  
   (You may circle more than one)

   - Others talked me into it
   - Short of money
R.  1. Have you ever been to Court?
   Yes  No

2. What for? (You may circle more than one)
   Shoplifting/ Stealing
   Walking streets at night
   Driving/ Riding without licence
   Fighting
   Fire-lighting
   Being an accomplice to a crime
   Riding without a helmet
   Drinking or on drugs
   Other  ____________________________
   ____________________________

3. What happened to you each time?
   (You may circle more than one)
   Placed on probation (a good behaviour bond)
   Given community service
   Given a warning
   Fined
   Placed in an institution (a detention centre)
   Other  ____________________________
   ____________________________

S.  1. Have you broken the law and got away with it?
   Yes  No

2. What have you done? (You may circle more than one)
   Smoking cigarettes
   Drinking alcohol
   Smoking or taking drugs
   Stealing
   Driving/ Riding without a licence
   Fire-lighting
   Riding without a helmet
   Other  ____________________________
   ____________________________
3. When was the last time you did one of these?

- Less than three months ago
- Less than six months ago
- Less than twelve months ago
- Less than two years ago
- More than two years ago

4. Would you do it again?

- Yes
- No

5. Why? (Circle the best answer)
   OR Why not? (Circle the best answer)

- Fun, exciting, feels good
- I got away with it
- To get money
- Other __________________________
- Bad for your health
- Not worth it if caught
- Don't have enough money
- Other __________________________

T. 1. Do you think you'll EVER be in trouble with the law in the future?

- Yes
- No
- Maybe
- Probably

2. If you think you might be in trouble in the future, what for?
   (You may circle more than one)

- Stealing
- Fighting
- Smoking or taking drugs
- Drinking alcohol
- Riding without a helmet
- Accomplice to a crime
- Driving offence
- Other __________________________

U. How sure are you that you will?

<table>
<thead>
<tr>
<th>Not At All</th>
<th>Very Sure</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td>1. Pass all your exams this year</td>
<td>0</td>
</tr>
<tr>
<td>2. Not have to repeat the year</td>
<td>0</td>
</tr>
<tr>
<td>3. Do the very best you can at school</td>
<td>0</td>
</tr>
</tbody>
</table>
V. How sure are you that you would be able to keep your cool and stay out of trouble if

<table>
<thead>
<tr>
<th></th>
<th>Not At All</th>
<th>Once or twice</th>
<th>A Few Times</th>
<th>Fairly Often</th>
<th>Every Day</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. All was quiet in class</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>2. The teacher leaves the room</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>3. The teacher catches me doing the wrong thing in class</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>4. The teacher catches me doing the wrong thing and asks me to see him/her at lunchtime</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>5. A teacher was hassling me</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>6. I was sent to the Deputy/Boss</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>7. All was quiet at home</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>8. My parent was hassling me</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>9. I was watching TV and someone walked in and changed the channel without asking me</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>10. My parent was angry with me</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
</tbody>
</table>

W. Listed below are a variety of thoughts that pop into people’s heads. Please read each thought and mark how often, if at all, the thought occurred to you OVER THE LAST WEEK.

<table>
<thead>
<tr>
<th></th>
<th>Not At All</th>
<th>Once or twice</th>
<th>A Few Times</th>
<th>Fairly Often</th>
<th>Every Day</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. I feel like I’m up against the world</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>2. I’m no good</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>3. I’m proud of myself</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>4. Why can’t I ever win</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
</tbody>
</table>

Remember, each sentence that you read is a thought that you may have had often, less frequently or not at all. Tell us how often over the last week you have had each of the thoughts.

<table>
<thead>
<tr>
<th></th>
<th>Not At All</th>
<th>Once or twice</th>
<th>A Few Times</th>
<th>Fairly Often</th>
<th>Every Day</th>
</tr>
</thead>
<tbody>
<tr>
<td>5. No one understands me</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>6. I’ve let people down</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>7. I feel fine</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>8. I don’t think I can go on</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>9. I wish I were a better person</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>10. No matter what happens, I know I’ll make it</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td></td>
<td>Not At All</td>
<td>Once or Twice</td>
<td>A Few Times</td>
<td>Fairly Often</td>
<td>Every Day</td>
</tr>
<tr>
<td>---</td>
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<td>-----------</td>
</tr>
<tr>
<td>11. I'm so weak</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>12. My life's not going the way I want it to</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>13. I can achieve (do) anything</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>14. I am so disappointed in myself</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>15. Nothing feels good anymore</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>16. I feel good</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>17. I can't stand this anymore</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>18. I can't get started</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>19. What's wrong with me?</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>20. I'm warm and comfortable</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>21. I wish I was somewhere else</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>22. I can't get things together</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>23. I hate myself</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>24. I feel confident I can do anything</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>I set my mind to</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>25. I'm worthless</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>26. I wish I could just disappear</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>27. What's the matter with me?</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>28. I feel very happy</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>29. I'm a loser</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>30. My life is a mess</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>31. I'm a failure</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>32. This is great!</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>33. I'll never make it</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
</tbody>
</table>

**Remember, each sentence that you read is a thought that you may have had often, less frequently or not at all. Tell us how often over the last week you have had each of the thoughts.**

<table>
<thead>
<tr>
<th></th>
<th>Not At All</th>
<th>Once or Twice</th>
<th>A Few Times</th>
<th>Fairly Often</th>
<th>Every Day</th>
</tr>
</thead>
<tbody>
<tr>
<td>34. I feel so helpless</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>35. Something has to change</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>36. There must be something wrong with me</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>37. I'm luckier than most people</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>38. My future is black (not good)</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>39. It's just not worth it</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>40. I can't finish anything</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
</tbody>
</table>
X. What Do You Think?

1. Do you believe that most problems will solve themselves if you just don't muck around with them?  
   Yes  No
2. Are you often blamed for things that just aren't your fault?  
   Yes  No
3. Do you feel that most of the time it doesn't pay to try hard because things never turn out right anyway?  
   Yes  No
4. Do you feel that most of the time parents listen to what their children have to say?  
   Yes  No
5. When you get punished does it usually seem it's for no good reason at all?  
   Yes  No
6. Most of the time do you find it hard to change a friend's mind (opinion) about something?  
   Yes  No
7. Do you feel that it's nearly impossible to change your parent's mind about anything?  
   Yes  No
8. Do you feel that when you do something wrong there's very little you can do to make it right?  
   Yes  No
9. Do you believe that most kids are just born good at sport?  
   Yes  No
10. Do you feel that one of the best ways to handle most problems is just not to think about them?  
    Yes  No
11. Do you feel that when a kid your age decides to hit you, there's little you can do to stop him or her?  
    Yes  No
12. Have you felt that when people were mean to you it was usually for no reason at all?  
    Yes  No

X. What Do You Think?

13. Most of the time, do you feel that you can change what might happen tomorrow by what you do today?  
    Yes  No
14. Do you believe that when bad things are going to happen they just are going to happen, no matter what you try to do to stop them?  
    Yes  No
15. Most of the time do you find it useless to try to get your own way at home?  
    Yes  No
16. Do you think that when somebody your age wants to be your enemy there is little you can do to change matters?  
    Yes  No
17. Do you believe that you have little to say about what you get to eat at home?  
    Yes  No
18. Do you believe that when somebody doesn't like you there's little you can do to change their mind?  
    Yes  No
19. Do you think that it's almost useless to try in school because lots of kids are just plain smarter than you are?  
    Yes  No
20. Are you the kind of person who believes that planning ahead makes things turn out better?  
    Yes  No
21. Most of the time, do you feel that you have little to say about what your family decides to do?  
    Yes  No
Y. Here are a set of statements that tell how you feel about yourself. If it is True or Mostly True for you circle Yes. If it is False or Mostly False for you circle No. Answer every question, even if some are hard to decide. Do not circle both Yes and No for the same statement. There are no right or wrong answers. Only you can tell how you feel about yourself, so circle the way you really feel inside.

<p>| | | | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1. My classmates make fun of me</td>
<td>Yes</td>
<td>No</td>
<td>31. In school I am a dreamer</td>
<td>Yes</td>
</tr>
<tr>
<td>2. I am a happy person</td>
<td>Yes</td>
<td>No</td>
<td>32. I pick on my brother(s) and sister(s)</td>
<td>Yes</td>
</tr>
<tr>
<td>3. It's hard for me to make friends</td>
<td>Yes</td>
<td>No</td>
<td>33. My friends like my ideas</td>
<td>Yes</td>
</tr>
<tr>
<td>4. I am often sad</td>
<td>Yes</td>
<td>No</td>
<td>34. I often get into trouble</td>
<td>Yes</td>
</tr>
<tr>
<td>5. I am smart</td>
<td>Yes</td>
<td>No</td>
<td>35. I do as I'm told at home</td>
<td>Yes</td>
</tr>
<tr>
<td>6. I am shy</td>
<td>Yes</td>
<td>No</td>
<td>36. I am lucky</td>
<td>Yes</td>
</tr>
<tr>
<td>7. I get nervous when the teacher asks me a question</td>
<td>Yes</td>
<td>No</td>
<td>37. I worry a lot</td>
<td>Yes</td>
</tr>
<tr>
<td>8. My looks bother me</td>
<td>Yes</td>
<td>No</td>
<td>38. My parents expect too much of me</td>
<td>Yes</td>
</tr>
<tr>
<td>9. When I grow up I will be an important person</td>
<td>Yes</td>
<td>No</td>
<td>39. I like being the way I am</td>
<td>Yes</td>
</tr>
<tr>
<td>10. I get worried when we have tests at school</td>
<td>Yes</td>
<td>No</td>
<td>40. I feel left out of things</td>
<td>Yes</td>
</tr>
<tr>
<td>11. I am unpopular</td>
<td>Yes</td>
<td>No</td>
<td>41. I have nice hair</td>
<td>Yes</td>
</tr>
<tr>
<td>12. I am well behaved in school</td>
<td>Yes</td>
<td>No</td>
<td>42. I often volunteer</td>
<td>Yes</td>
</tr>
<tr>
<td>13. It is usually my fault when something goes wrong</td>
<td>Yes</td>
<td>No</td>
<td>43. I wish I was different</td>
<td>Yes</td>
</tr>
<tr>
<td>14. I cause trouble to my family</td>
<td>Yes</td>
<td>No</td>
<td>44. I sleep well at night</td>
<td>Yes</td>
</tr>
<tr>
<td>15. I am strong</td>
<td>Yes</td>
<td>No</td>
<td>45. I hate school</td>
<td>Yes</td>
</tr>
<tr>
<td>16. I have good ideas</td>
<td>Yes</td>
<td>No</td>
<td>46. I am among the last to be chosen for games</td>
<td>Yes</td>
</tr>
<tr>
<td>17. I am an important member of my family</td>
<td>Yes</td>
<td>No</td>
<td>47. I am sick a lot</td>
<td>Yes</td>
</tr>
<tr>
<td>18. I usually want my own way</td>
<td>Yes</td>
<td>No</td>
<td>48. I am often mean</td>
<td>Yes</td>
</tr>
<tr>
<td>19. I am good at making things with my hands</td>
<td>Yes</td>
<td>No</td>
<td>49. My mates in school think I have good ideas</td>
<td>Yes</td>
</tr>
<tr>
<td>20. I give up easily</td>
<td>Yes</td>
<td>No</td>
<td>50. I am unhappy</td>
<td>Yes</td>
</tr>
<tr>
<td>21. I am good at my schoolwork</td>
<td>Yes</td>
<td>No</td>
<td>51. I have many friends</td>
<td>Yes</td>
</tr>
<tr>
<td>22. I do many bad things</td>
<td>Yes</td>
<td>No</td>
<td>52. I am cheerful</td>
<td>Yes</td>
</tr>
<tr>
<td>23. I can draw well</td>
<td>Yes</td>
<td>No</td>
<td>53. I am dumb about most things</td>
<td>Yes</td>
</tr>
<tr>
<td>24. I am good at music</td>
<td>Yes</td>
<td>No</td>
<td>54. I am good looking</td>
<td>Yes</td>
</tr>
<tr>
<td>25. I behave badly at home</td>
<td>Yes</td>
<td>No</td>
<td>55. I have lots of get up and go (energy)</td>
<td>Yes</td>
</tr>
<tr>
<td>26. I am slow at finishing my schoolwork</td>
<td>Yes</td>
<td>No</td>
<td>56. I get into a lot of fights</td>
<td>Yes</td>
</tr>
<tr>
<td>27. I am an important member of my class</td>
<td>Yes</td>
<td>No</td>
<td>57. I am popular with boys</td>
<td>Yes</td>
</tr>
<tr>
<td>28. I am nervous</td>
<td>Yes</td>
<td>No</td>
<td>58. People pick on me</td>
<td>Yes</td>
</tr>
<tr>
<td>29. I have nice eyes</td>
<td>Yes</td>
<td>No</td>
<td>59. My family is disappointed in me</td>
<td>Yes</td>
</tr>
<tr>
<td>30. I can speak well in front of my class</td>
<td>Yes</td>
<td>No</td>
<td>60. I have a nice face</td>
<td>Yes</td>
</tr>
<tr>
<td>31. When I try to make something, everything seems to go wrong</td>
<td>Yes</td>
<td>No</td>
<td>71. I would rather work alone than with a group</td>
<td>Yes</td>
</tr>
<tr>
<td>32. I am picked on at home</td>
<td>Yes</td>
<td>No</td>
<td>72. I like my brother(s)</td>
<td>Yes</td>
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</tbody>
</table>

314
<table>
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<tr>
<th>Question</th>
<th>Yes</th>
<th>No</th>
<th>Question</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>63. I am a leader in games and sports</td>
<td>Yes</td>
<td>No</td>
<td>73. I have a good body</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>64. I am clumsy</td>
<td>Yes</td>
<td>No</td>
<td>74. I am often afraid (scared)</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>65. In games and sports, I watch instead of play</td>
<td>Yes</td>
<td>No</td>
<td>75. I am always dropping or breaking things</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>66. I forget what I learn</td>
<td>Yes</td>
<td>No</td>
<td>76. I can be trusted</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>67. I am easy to get along with</td>
<td>Yes</td>
<td>No</td>
<td>77. I am different from other people</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>68. I lose my temper easily</td>
<td>Yes</td>
<td>No</td>
<td>78. I think bad thoughts</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>69. I am popular with girls</td>
<td>Yes</td>
<td>No</td>
<td>79. I cry easily</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>70. I am a good reader</td>
<td>Yes</td>
<td>No</td>
<td>80. I am a good person</td>
<td>Yes</td>
<td>No</td>
</tr>
</tbody>
</table>
Appendix 7
‘All About You’ Follow-Up Questionnaire used for
Subsequent Tests in the Study

All About You
University of Wollongong

Hi! My name is ........ and I am helping to conduct a survey that can assist
researchers at the University of Wollongong to gather information and opinions about
teens. The purpose of this survey is to find out what you think.

The information on the single sheet of paper has questions about your family and
how we can contact you in the future. I will not see this. No one will see this
except the researcher. When you have filled it out, place it in the plain envelope.

This booklet contains questions about you. All answers are confidential and
anonymous. No one can link your name to your answers except the researcher.
Your answers will not be traced back to you. We are not interested in who you are
so your answers are completely private and confidential. We are only interested in
finding out what teenagers in general think. The information you give will not be
identified in any report or publication arising from the project.

Circle the best answer for you. If you make a mistake, cross it out and circle
something else. Please be as honest and truthful as you can.

This is not a test. There are no right or wrong answers. “Macho” answers or
answers to try and “big note” yourself won’t help, nor will answers that you think we
might want. Just be yourself and tell how you feel or are thinking. But first would
you fill in the following answers to provide your

secret code

* The first letter of your mother’s name (eg Jane = J) ___
* The first two letters of your first name (eg Peter = P E) ___ ___
* Your sex (Male = M or Female = F) ___
* The last letter of your family name (eg Smith = H) ___
* Your birthday month as a number ___ ___

** Your secret code is ___ ___ ___ ___ ___ ___ ___ ___

Now begin to answer your booklet. Remember to write your secret code at
the top. Take your time and remember it is not a test. Answer every
question carefully. When you have finished, place your booklet in the same
plain envelope and leave it in the box near the door.

If you have trouble with your reading, the researcher will read the questions to
you.

My Secret Code: ___ ___ ___ ___ ___ ___ ___ ___
## All About You

### Circle the best answer for you

<table>
<thead>
<tr>
<th>A. How often do you?</th>
<th>Never</th>
<th>Seldom</th>
<th>Sometimes</th>
<th>Quite Often</th>
<th>Always</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Not At All</td>
<td>Rarely</td>
<td>Hardy</td>
<td>Ever</td>
<td></td>
</tr>
<tr>
<td>1. Lose your temper</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>2. Argue with adults</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>3. Not do what an adult asks you to do</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>4. Deliberately do things that annoy other people</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>5. Blame others for your mistakes</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>6. Get easily annoyed by other people</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>7. Get angry and carry a grudge (stay angry and upset)</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>8. Want to pay someone back who has done something bad to you</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>9. Swear or use bad language</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
</tbody>
</table>

### B. How often do you?

| 1. Take things that don't belong to you | 1 | 2 | 3 | 4 | 5 |
| Run away from home overnight | 1 | 2 | 3 | 4 | 5 |
| Lie or cheat | 1 | 2 | 3 | 4 | 5 |
| Deliberately light fires | 1 | 2 | 3 | 4 | 5 |
| Truant from school (wag) | 1 | 2 | 3 | 4 | 5 |
| Break into houses, buildings or cars | 1 | 2 | 3 | 4 | 5 |
| Deliberately destroy other people's property | 1 | 2 | 3 | 4 | 5 |
| Deliberately hurt animals | 1 | 2 | 3 | 4 | 5 |
| Use a weapon in a fight | 1 | 2 | 3 | 4 | 5 |
| Start a fight | 1 | 2 | 3 | 4 | 5 |
| Deliberately hurt someone else | 1 | 2 | 3 | 4 | 5 |

### C. How often do you?

| 1. Not do as you are told at home | 1 | 2 | 3 | 4 | 5 |
| Argue or answer back with parents | 1 | 2 | 3 | 4 | 5 |
| Hit your parents | 1 | 2 | 3 | 4 | 5 |
| Not come home at the time you're told to | 1 | 2 | 3 | 4 | 5 |
| Get hassled by your parents (get a hard time) | 1 | 2 | 3 | 4 | 5 |
C. How often do you?

6. Talk to your parents about a school problem        1  2  3  4  5
7. Tell your parents off                              1  2  3  4  5
8. Talk to your parents about a personal problem     1  2  3  4  5
9. Steal from your parents                           1  2  3  4  5
10. Tell your parents where you’re going when you go out 1  2  3  4  5

D. How often do you?

1. Talk to your friends about a personal problem      1  2  3  4  5
2. Feel you’re not accepted by your friends           1  2  3  4  5
3. Feel pressured by your friends (to do things you don’t really want to do) 1  2  3  4  5
4. Get an older friend to buy alcohol for you         1  2  3  4  5
5. Get drunk with your friends                        1  2  3  4  5
6. Go for a ride in a stolen car                      1  2  3  4  5
7. Talk to your friends about a school problem       1  2  3  4  5
8. Do whatever your friends want to do                1  2  3  4  5
9. Choose what your friends and you will do           1  2  3  4  5
10. Take part in a gang fight                         1  2  3  4  5

The next set of questions are about YOUR FRIENDS. They are NOT about you

E. How often do your friends?

1. Truant from school (wag)                           1  2  3  4  5
2. Get in trouble with the police                    1  2  3  4  5
3. Drink alcohol                                    1  2  3  4  5
4. Get drunk                                        1  2  3  4  5
5. Smoke cigarettes                                 1  2  3  4  5
6. Smoke marijuana (pot or dope)                    1  2  3  4  5
7. Use other drugs (not as medicines)               1  2  3  4  5
8. Have sex (sexual intercourse)                   1  2  3  4  5
9. Agree with your parents about what is important in life? 1  2  3  4  5
10. Ask your opinion about something                1  2  3  4  5

Circle the best answer for you
### E. How often do your friends?

<table>
<thead>
<tr>
<th></th>
<th>Never Not At All</th>
<th>Seldom Rarely</th>
<th>Hardly Ever</th>
<th>Sometimes</th>
<th>Quite Often</th>
<th>Always All the Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>11. Try and stop you from doing something wrong</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>12. Really listen to you</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>13. Tell you the truth</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>14. Get good marks at school</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>15. Take part in organised sport</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>16. Spend time doing things with their families</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>17. Do voluntary (unpaid) work in the community</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>18. Take part in youth clubs like Scouts or Guides, Police Youth Club or YMCA, or other community group or club</td>
<td>-</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### F. 1. How many close friends do you have and what are their ages?

<table>
<thead>
<tr>
<th>Ages:</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>More than 4</th>
</tr>
</thead>
<tbody>
<tr>
<td>None</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

2. What's the longest time you've had a closest friend?

- Less than six months
- Less than one year
- One to two years
- Two to three years
- More than three years

3. Circle the sorts of things you **often** do together

- Light fires
- Smoke marijuana (pot/dope)
- Go to church/youth group
- Watch R-rated movies
- Take part in a fight
- Break into / steal cars
- Shoplift
- Walk streets at night
- Vandalise
- Smoke cigarettes
- Get drunk
- Write graffiti
- Create a disturbance
The rest of the questions in this survey are about YOU
Circle the best answer for you

<table>
<thead>
<tr>
<th></th>
<th>Never Not Seldom Rarely Hardly Sometimes Often Quite Always</th>
<th>All the Time</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>At All</td>
<td>Ever</td>
</tr>
</tbody>
</table>

G. How often do you think to yourself that?

1. School sux  
   1  2  3  4  5
2. Teachers suck  
   1  2  3  4  5
3. Schoolwork sux  
   1  2  3  4  5

H. How often do you?

1. Enjoy going to school  
   1  2  3  4  5
2. Enjoy the work at school  
   1  2  3  4  5
3. Think about leaving school  
   1  2  3  4  5
4. Try your hardest in school  
   1  2  3  4  5

I. 1. How long do you think you’ll stay at school?  
(Circle the best answer)

Leave as soon as you can
Leave when you’re 15
Leave when you get your School Certificate (end of Yr. 10)
Leave when you get your Higher School Certificate (end of Yr. 12)
Leave as soon as you get a job
Leave as soon as you can get the dole

2. Circle any school clubs or school organisations you belong to

- Drama club
- Choir
- Band
- School council
- Sporting team
- Rock elsteddord
- School newspaper

3. Circle anything you do in your local community

- Drama Amateur theatre Sporting team Church youth group
- Choir Art/craft class Self-defence Police youth club
- Band Learn a Language Music lessons Surf club
- Other __________________


Circle the best answer for you

<table>
<thead>
<tr>
<th></th>
<th>Never Not At All</th>
<th>Seldom Rarely Hardly Ever</th>
<th>Sometimes Often</th>
<th>Quite Often</th>
<th>Always All the Time</th>
</tr>
</thead>
</table>

J. At school, how often do you?

1. Get out of your seat
   1  2  3  4  5
2. Talk in class
   1  2  3  4  5
3. Call out in class
   1  2  3  4  5
4. Call people names
   1  2  3  4  5
5. Push and shove others in class
   1  2  3  4  5
6. Take other people's things (steal)
   1  2  3  4  5
7. Answer back/argue with teachers
   1  2  3  4  5
8. Swear at teachers
   1  2  3  4  5
9. Smoke at school
   1  2  3  4  5
10. Write on desks
    1  2  3  4  5
11. Put your rubbish in the bin
    1  2  3  4  5
12. Throw things
    1  2  3  4  5
13. Throw food
    1  2  3  4  5
14. Do as you're told
    1  2  3  4  5
15. Report for detention
    1  2  3  4  5
16. Do your work
    1  2  3  4  5
17. Get on well with the other kids
    1  2  3  4  5
18. Get sent out of class
    1  2  3  4  5
19. Ask a teacher for help
    1  2  3  4  5
20. Do your homework
    1  2  3  4  5
21. Get to school late
    1  2  3  4  5
22. Truant from school (wag)
    1  2  3  4  5
23. Skip classes
    1  2  3  4  5
24. Argue with other students
    1  2  3  4  5
25. Fight with other students
    1  2  3  4  5
26. Disturb others in class
    1  2  3  4  5
27. Get good marks at school
    1  2  3  4  5

K. How many times have you been suspended from school since you last filled in this questionnaire?

    0  1  2  3  4  5  More than 5
## Circle the best answer for you

<table>
<thead>
<tr>
<th></th>
<th>Never Not At All</th>
<th>Seldom Rarely</th>
<th>Hardly Ever</th>
<th>Sometimes Often</th>
<th>Quite Often</th>
<th>Always All the Time</th>
</tr>
</thead>
</table>

### L. How often do you think to yourself that?

1. I should be allowed to do what I want  
2. I should be allowed to go out when I want  
3. I should be allowed to make my own decisions  
4. I should get more freedom

### How often DO you?

1. Do what you want  
2. Go out when you want  
3. Make your own decisions  
4. Take your freedom

### M. The next questions are about what you THINK about things, not what you DO. Do you THINK its okay for people to?

1. Get drunk  
2. Smoke cigarettes  
3. Smoke marijuana (pot or dope)  
4. Take hard drugs  
5. Do some shop-lifting  
6. Write graffiti on public buildings  
7. Carry a weapon, like a knife or gun around  
8. Lie to your parents about something you did  
9. Start a fist fight  
10. Lie to a teacher about something you did  
11. Take things that don't belong to you  
12. Truant from school (wag)

### N. How often do you?

1. Play organised or team sport  
2. See a counsellor  
3. Fight with your neighbours  
4. Do voluntary work in your community  
5. Spend time with your family  
6. Have the police visit your home  
7. Go to church
Circle the best answer for you

<table>
<thead>
<tr>
<th>Question</th>
<th>Never</th>
<th>Seldom</th>
<th>Sometimes</th>
<th>Quite</th>
<th>Always</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Not At All</td>
<td>Rarely</td>
<td>Hardly Ever</td>
<td>Often</td>
<td>All the Time</td>
</tr>
</tbody>
</table>

**N. How often do you?**

8. Go to a youth group at a church
7. Ask God for help with a problem
8. Go to Scouts or Guides, Police Youth Club, YMCA or other community group or club
9. Use other drugs (not as medicines)
10. Have sex (sexual intercourse)
11. Agree with your parents about what is important in life?
12. Try and stop your friends from doing something wrong
13. Do something dangerous just for the thrill of it
14. Give in to peer pressure (do what your friends want you to do, even though you don’t want to do it)

**O. 1. On how many days did you have an alcoholic drink in the LAST FOUR WEEKS?**

- None
- On 1-2 days
- On 3-5 days
- On 6-9 days
- On 10-19 days
- On 20 or more days
- Every day

**2. On a day when you have an alcoholic drink, HOW MANY drinks would you usually have?**

- None
- A few sips or mouthfuls
- 1-2 drinks
- 3-4 drinks
- 5-8 drinks
- 9-12 drinks
- Over 12 drinks

**3. How many cigarettes do you usually smoke a day?**

<table>
<thead>
<tr>
<th>Count</th>
<th>0</th>
<th>1-2</th>
<th>3-5</th>
<th>6-10</th>
<th>10-20</th>
<th>More than 20</th>
</tr>
</thead>
</table>

323
1. How well do you think you fit into your local neighbourhood?

<table>
<thead>
<tr>
<th>Very Well</th>
<th>Well</th>
<th>Okay</th>
<th>Not Well</th>
<th>Not At All Well</th>
</tr>
</thead>
</table>

2. How many times has your father been in jail?

Never 1 2 3 4 5

3. How many times has your mother been in jail?

Never 1 2 3 4 5

4. How many times has your older brother or sister been in jail?

Never 1 2 3 4 5

Q. 1. Have you been in trouble with the Police since you last filled out this questionnaire?

Yes No

2. What have you done? (You may circle more than one)

Shoplifting/Stealing
Walking streets at night
Driving/Riding without licence
Fighting
Fire-lighting
Being an accomplice to a crime
Riding without a helmet
Drinking or on drugs
Other _____________________

3. Why? What were the reasons you did this? (You may circle more than one)

Others talked me into it
Short of money
Enjoyed it - for a buzz
I don't like cops
I'd been drinking or on drugs
I was bored
Didn't think of consequences
Other _____________________
R.  1. Have you been to Court Police since you last filled out this questionnaire?

   Yes  No

2. What for? (You may circle more than one)
   Shoplifting/ Stealing
   Walking streets at night
   Driving/ Riding without licence
   Fighting
   Fire-lighting
   Being an accomplice to a crime
   Riding without a helmet
   Drinking or on drugs
   Other  ____________________
   ____________________

3. What happened to you?
   (You may circle more than one)
   Placed on probation (a good behaviour bond)
   Given community service
   Given a warning
   Fined
   Placed in an institution (a detention centre)
   Other  ____________________
   ____________________

S.  1. Have you broken the law and got away with it Police since you last filled out this questionnaire?

   Yes  No

2. What have you done? (You may circle more than one)
   Smoking cigarettes
   Drinking alcohol
   Smoking or taking drugs
   Stealing
   Driving/ Riding without a licence
   Fire-lighting
   Riding without a helmet
   Other  ____________________
   ____________________

3. Would you do it again?

   Yes  No
4. Why? (Circle the best answer)  
OR Why not? (Circle the best answer)  
<table>
<thead>
<tr>
<th>Fun, exciting, feels good</th>
<th>Bad for your health</th>
</tr>
</thead>
<tbody>
<tr>
<td>I got away with it</td>
<td>Not worth it if caught</td>
</tr>
<tr>
<td>To get money</td>
<td>Don't have enough money</td>
</tr>
<tr>
<td>Other ___________________</td>
<td>Other _________________</td>
</tr>
</tbody>
</table>

T. 1. Do you think you'll EVER be in trouble with the law in the future?  
Yes  No  Maybe  Probably

2. If you think you might be in trouble in the future, what for?  
(You may circle more than one)  
- Stealing  
- Fighting  
- Smoking or taking drugs  
- Drinking alcohol  
- Riding without a helmet  
- Accomplice to a crime  
- Driving offence  
- Other ___________________

U. How sure are you that you will?  
Not At All Sure  Very Sure

<table>
<thead>
<tr>
<th></th>
<th>0</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Pass all your exams this year</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2. Not have to repeat the year</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3. Do the very best you can at school</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

V. How sure are you that you would be able to keep your cool and stay out of trouble if  
Not At All Sure  Very Sure

<table>
<thead>
<tr>
<th></th>
<th>0</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. All was quiet in class</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2. The teacher leaves the room</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3. The teacher catches me doing the wrong thing in class</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4. The teacher catches me doing the wrong thing and asks me to see him/her at lunchtime</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5. A teacher was hassling me</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>6. I was sent to the Deputy/Boss</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>7. All was quiet at home</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8. My parent was hassling me</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
9. I was watching TV and someone walked in and changed the channel without asking me
   Not At All Sure Very Sure
   0 1 2 3 4 5
10. My parent was angry with me
    0 1 2 3 4 5

W. Listed below are a variety of thoughts that pop into people’s heads. Please read each thought and mark how often, if at all, the thought occurred to you OVER THE LAST WEEK.

<table>
<thead>
<tr>
<th>Not At All</th>
<th>Once or twice</th>
<th>A Few Times</th>
<th>Fairly Often</th>
<th>Every Day</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. I feel like I’m up against the world</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>2. I’m no good</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>3. I’m proud of myself</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>4. Why can’t I ever win</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
</tbody>
</table>

Remember, each sentence that you read is a thought that you may have had often, less frequently or not at all. Tell us how often over the last week you have had each of the thoughts.

<table>
<thead>
<tr>
<th>Not At All</th>
<th>Once or twice</th>
<th>A Few Times</th>
<th>Fairly Often</th>
<th>Every Day</th>
</tr>
</thead>
<tbody>
<tr>
<td>5. No one understands me</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>6. I’ve let people down</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>7. I feel fine</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>8. I don’t think I can go on</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>9. I wish I were a better person</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>10. No matter what happens, I know I’ll make it</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>11. I’m so weak</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>12. My life’s not going the way I want it to</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>13. I can achieve (do) anything</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>14. I am so disappointed in myself</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>15. Nothing feels good anymore</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>16. I feel good</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>17. I can’t stand this anymore</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>18. I can’t get started</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>19. What’s wrong with me?</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>20. I’m warm and comfortable</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>21. I wish I was somewhere else</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>22. I can’t get things together</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>23. I hate myself</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>Not At All</td>
<td>Once or twice</td>
<td>A Few Times</td>
<td>Fairly Often</td>
</tr>
<tr>
<td>---</td>
<td>------------</td>
<td>---------------</td>
<td>-------------</td>
<td>--------------</td>
</tr>
<tr>
<td>24. I feel confident I can do anything</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>I set my mind to</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>25. I'm worthless</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>26. I wish I could just disappear</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>27. What's the matter with me?</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>28. I feel very happy</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>29. I'm a loser</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>30. My life is a mess</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>31. I'm a failure</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>32. This is great!</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>33. I'll never make it</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
</tbody>
</table>

Remember, each sentence that you read is a thought that you may have had often, less frequently or not at all. Tell us how often over the last week you have had each of the thoughts.

<table>
<thead>
<tr>
<th></th>
<th>Not At All</th>
<th>Once or twice</th>
<th>A Few Times</th>
<th>Fairly Often</th>
<th>Every Day</th>
</tr>
</thead>
<tbody>
<tr>
<td>34. I feel so helpless</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>35. Something has to change</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>36. There must be something wrong with me</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>37. I'm luckier than most people</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>38. My future is black (not good)</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>39. It's just not worth it</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>40. I can't finish anything</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
</tbody>
</table>

X. What Do You Think?

1. Do you believe that most problems will solve themselves if you just don't muck around with them?  Yes  No
2. Are you often blamed for things that just aren't your fault?  Yes  No
3. Do you feel that most of the time it doesn't pay to try hard because things never turn out right anyway?  Yes  No
4. Do you feel that most of the time parents listen to what their children have to say?  Yes  No
5. When you get punished does it usually seem it's for no good reason at all?  Yes  No
6. Most of the time do you find it hard to change a friend's mind (opinion) about something? Yes  No
7. Do you feel that it's nearly impossible to change your parent's mind about anything? Yes  No
X. What Do You Think?

8. Do you feel that when you do something wrong there's very little you can do to make it right?  Yes  No
9. Do you believe that most kids are just born good at sport?  Yes  No
10. Do you feel that one of the best ways to handle most problems is just not to think about them? Yes  No

11. Do you feel that when a kid your age decides to hit you, there's little you can do to stop him or her?  Yes  No
12. Have you felt that when people were mean to you it was usually for no reason at all?  Yes  No
13. Most of the time, do you feel that you can change what might happen tomorrow by what you do today?  Yes  No
14. Do you believe that when bad things are going to happen they just are going to happen, no matter what you try to do to stop them?  Yes  No
15. Most of the time do you find it useless to try to get your own way at home?  Yes  No

16. Do you think that when somebody your age wants to be your enemy there is little you can do to change matters?  Yes  No
17. Do you believe that you have little to say about what you get to eat at home?  Yes  No
18. Do you believe that when somebody doesn't like you there's little you can do to change their mind?  Yes  No
19. Do you think that it's almost useless to try in school because lots of kids are just plain smarter than you are?  Yes  No
20. Are you the kind of person who believes that planning ahead makes things turn out better?  Yes  No
21. Most of the time, do you feel that you have little to say about what your family decides to do?  Yes  No

Y. Here are a set of statements that tell how you feel about yourself. If it is True or Mostly True for you circle Yes. If it is False or Mostly False for you circle No. Answer every question, even if some are hard to decide. Do not circle both Yes and No for the same statement. There are no right or wrong answers. Only you can tell how you feel about yourself, so circle the way you really feel inside.

1. My classmates make fun of me  Yes  No  31. In school I am a dreamer  Yes  No
2. I am a happy person  Yes  No  32. I pick on my brother(s)  Yes  No
3. It's hard for me to make friends  Yes  No  33. My friends like my ideas  Yes  No
4. I am often sad  Yes  No  34. I often get into trouble  Yes  No
5. I am smart  Yes  No  35. I do as I'm told at home  Yes  No
6. I am shy  Yes  No  36. I am lucky  Yes  No
7. I get nervous when the teacher asks me a question  Yes  No  37. I worry a lot  Yes  No

329
<p>| | | | | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>8.</td>
<td>My looks bother me</td>
<td>Yes</td>
<td>No</td>
<td>38.</td>
<td>My parents expect too much of me</td>
</tr>
<tr>
<td>9.</td>
<td>When I grow up I will be an important person</td>
<td>Yes</td>
<td>No</td>
<td>39.</td>
<td>I like being the way I am</td>
</tr>
<tr>
<td>10.</td>
<td>I get worried when we have tests at school</td>
<td>Yes</td>
<td>No</td>
<td>40.</td>
<td>I feel left out of things</td>
</tr>
<tr>
<td>11.</td>
<td>I am unpopular</td>
<td>Yes</td>
<td>No</td>
<td>41.</td>
<td>I have nice hair</td>
</tr>
<tr>
<td>12.</td>
<td>I am well behaved in school</td>
<td>Yes</td>
<td>No</td>
<td>42.</td>
<td>I often volunteer</td>
</tr>
<tr>
<td>13.</td>
<td>It is usually my fault when something goes wrong</td>
<td>Yes</td>
<td>No</td>
<td>43.</td>
<td>I wish I was different</td>
</tr>
<tr>
<td>14.</td>
<td>I cause trouble to my family</td>
<td>Yes</td>
<td>No</td>
<td>44.</td>
<td>I sleep well at night</td>
</tr>
<tr>
<td>15.</td>
<td>I am strong</td>
<td>Yes</td>
<td>No</td>
<td>45.</td>
<td>I hate school</td>
</tr>
<tr>
<td>16.</td>
<td>I have good ideas</td>
<td>Yes</td>
<td>No</td>
<td>46.</td>
<td>I am among the last to be chosen for games</td>
</tr>
<tr>
<td>17.</td>
<td>I am an important member of my family</td>
<td>Yes</td>
<td>No</td>
<td>47.</td>
<td>I am sick a lot</td>
</tr>
<tr>
<td>18.</td>
<td>I usually want my own way</td>
<td>Yes</td>
<td>No</td>
<td>48.</td>
<td>I am often mean to other people</td>
</tr>
<tr>
<td>19.</td>
<td>I am good at making things with my hands</td>
<td>Yes</td>
<td>No</td>
<td>49.</td>
<td>My mates in school think I have good ideas</td>
</tr>
<tr>
<td>20.</td>
<td>I give up easily</td>
<td>Yes</td>
<td>No</td>
<td>50.</td>
<td>I am unhappy</td>
</tr>
<tr>
<td>21.</td>
<td>I am good at my schoolwork</td>
<td>Yes</td>
<td>No</td>
<td>51.</td>
<td>I have many friends</td>
</tr>
<tr>
<td>22.</td>
<td>I do many bad things</td>
<td>Yes</td>
<td>No</td>
<td>52.</td>
<td>I am cheerful</td>
</tr>
<tr>
<td>23.</td>
<td>I can draw well</td>
<td>Yes</td>
<td>No</td>
<td>53.</td>
<td>I am dumb about most things</td>
</tr>
<tr>
<td>24.</td>
<td>I am good at music</td>
<td>Yes</td>
<td>No</td>
<td>54.</td>
<td>I am good looking</td>
</tr>
<tr>
<td>25.</td>
<td>I behave badly at home</td>
<td>Yes</td>
<td>No</td>
<td>55.</td>
<td>I have lots of get up and go (energy)</td>
</tr>
<tr>
<td>26.</td>
<td>I am slow at finishing my schoolwork</td>
<td>Yes</td>
<td>No</td>
<td>56.</td>
<td>I get into a lot of fights</td>
</tr>
<tr>
<td>27.</td>
<td>I am an important member of my class</td>
<td>Yes</td>
<td>No</td>
<td>57.</td>
<td>I am popular with boys</td>
</tr>
<tr>
<td>28.</td>
<td>I am nervous</td>
<td>Yes</td>
<td>No</td>
<td>58.</td>
<td>People pick on me</td>
</tr>
<tr>
<td>29.</td>
<td>I have nice eyes</td>
<td>Yes</td>
<td>No</td>
<td>59.</td>
<td>My family is disappointed in me</td>
</tr>
<tr>
<td>30.</td>
<td>I can speak well in front of my class</td>
<td>Yes</td>
<td>No</td>
<td>60.</td>
<td>I have a nice face</td>
</tr>
<tr>
<td>61.</td>
<td>When I try to make something, everything seems to go wrong</td>
<td>Yes</td>
<td>No</td>
<td>71.</td>
<td>I would rather work alone than with a group</td>
</tr>
<tr>
<td>62.</td>
<td>I am picked on at home</td>
<td>Yes</td>
<td>No</td>
<td>72.</td>
<td>I like my brother (sister)</td>
</tr>
<tr>
<td>63.</td>
<td>I am a leader in games and sports</td>
<td>Yes</td>
<td>No</td>
<td>73.</td>
<td>I have a good body</td>
</tr>
<tr>
<td>64.</td>
<td>I am clumsy</td>
<td>Yes</td>
<td>No</td>
<td>74.</td>
<td>I am often afraid (scared)</td>
</tr>
<tr>
<td>65.</td>
<td>In games and sports, I watch instead of play</td>
<td>Yes</td>
<td>No</td>
<td>75.</td>
<td>I am always dropping or breaking things</td>
</tr>
<tr>
<td>66.</td>
<td>I forget what I learn</td>
<td>Yes</td>
<td>No</td>
<td>76.</td>
<td>I can be trusted</td>
</tr>
<tr>
<td>67.</td>
<td>I am easy to get along with</td>
<td>Yes</td>
<td>No</td>
<td>77.</td>
<td>I am different from other people</td>
</tr>
<tr>
<td>68.</td>
<td>I lose my temper easily</td>
<td>Yes</td>
<td>No</td>
<td>78.</td>
<td>I think bad thoughts</td>
</tr>
<tr>
<td>69.</td>
<td>I am popular with girls</td>
<td>Yes</td>
<td>No</td>
<td>79.</td>
<td>I cry easily</td>
</tr>
<tr>
<td>70.</td>
<td>I am a good reader</td>
<td>Yes</td>
<td>No</td>
<td>80.</td>
<td>I am a good person</td>
</tr>
</tbody>
</table>
Appendix 8

‘All About You’ Follow-Up Questionnaire for School Leavers
used for Subsequent Tests in the Study

All About You
University of Wollongong

Hi! My name is .......... and I am helping to conduct a survey that can assist researchers at the University of Wollongong to gather information and opinions about teenagers. The purpose of this survey is to find out what young people think.

The information on the single sheet of paper has questions about your family and how we can contact you in the future. I will not see this. No one will see this except the researcher. When you have filled it out, place it in the plain envelope.

This booklet contains questions about you. All answers are confidential and anonymous. No one can link your name to your answers except the researcher. Your answers will not be traced back to you. We are not interested in who you are so your answers are completely private and confidential. We are only interested in finding out what teenagers in general think. The information you give will not be identified in any report or publication arising from the project.

Circle the best answer for you. If you make a mistake, cross it out and circle something else. Please be as honest and truthful as you can.

This is not a test. There are no right or wrong answers. “Macho” answers or answers to try and “big note” yourself won’t help, nor will answers that you think we might want. Just be yourself and tell how you feel or are thinking. But first would you fill in the following answers to provide your

secret code

* The first letter of your mother’s name (eg Jane = J) __
* The first two letters of your first name (eg Peter = P E) __ __
* Your sex (Male = M or Female = F) __
* The last letter of your family name (eg Smith = H) __
* Your birthday month as a number __ __

** Your secret code is __ __ __ __ __ __

Now begin to answer your booklet. Remember to write your secret code at the top. Take your time and remember it is not a test. Answer every question carefully. When you have finished, place your booklet in the same plain envelope and leave it in the box near the door.

If you have trouble with your reading, the researcher will read the questions to you.

My Secret Code: __ __ __ __ __ __

331
## All About You

**Circle the best answer for you**

<table>
<thead>
<tr>
<th></th>
<th>Never Not At All</th>
<th>Seldom Rarely</th>
<th>Hardly Ever</th>
<th>Sometimes Often</th>
<th>Quite Often</th>
<th>Always All the Time</th>
</tr>
</thead>
</table>

### A. How often do you?

1. Lose your temper
   - 1
2. Argue with adults
   - 1
3. Not do what an adult asks you to do
   - 1
4. Deliberately do things that annoy other people
   - 1
5. Blame others for your mistakes
   - 1
6. Get easily annoyed by other people
   - 1
7. Get angry and carry a grudge (stay angry and upset)
   - 1
8. Want to pay someone back who has done something bad to you
   - 1
9. Swear or use bad language
   - 1

### B. How often do you?

1. Take things that don't belong to you
   - 1
2. Run away from home overnight
   - 1
3. Lie or cheat
   - 1
4. Deliberately light fires
   - 1
5. Truant from school (wag)
   - 1
6. Break into houses, buildings or cars
   - 1
7. Deliberately destroy other people's property
   - 1
8. Deliberately hurt animals
   - 1
9. Use a weapon in a fight
   - 1
10. Start a fight
    - 1
11. Deliberately hurt someone else
    - 1

### C. How often do you?

1. Not do as you are told at home
   - 1
2. Argue or answer back with parents
   - 1
3. Hit your parents
   - 1
4. Not come home at the time you're told to
   - 1
5. Get hassled by your parents (get a hard time)
   - 1
### C. How often do you?

<table>
<thead>
<tr>
<th>Question</th>
<th>Never Not At All</th>
<th>Seldom Rarely</th>
<th>Sometimes Hardyly</th>
<th>Often Quite</th>
<th>Always All the Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>6. Talk to your parents about a school problem</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>7. Tell your parents off</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>8. Talk to your parents about a personal problem</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>9. Steal from your parents</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>10. Tell your parents where you’re going when you go out</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
</tbody>
</table>

### D. How often do you?

<table>
<thead>
<tr>
<th>Question</th>
<th>Never Not At All</th>
<th>Seldom Rarely</th>
<th>Sometimes Hardyly</th>
<th>Often Quite</th>
<th>Always All the Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Talk to your friends about a personal problem</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>2. Feel you’re not accepted by your friends</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>3. Feel pressured by your friends (to do things you don’t really want to do)</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>4. Get an older friend to buy alcohol for you</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>5. Get drunk with your friends</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>6. Go for a ride in a stolen car</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>7. Talk to your friends about a school problem</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>8. Do whatever your friends want to do</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>9. Choose what your friends and you will do</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>10. Take part in a gang fight</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
</tbody>
</table>

### The next set of questions are about YOUR FRIENDS.

**They are not about you**

### E. How often do your friends?

<table>
<thead>
<tr>
<th>Question</th>
<th>Never Not At All</th>
<th>Seldom Rarely</th>
<th>Sometimes Hardyly</th>
<th>Often Quite</th>
<th>Always All the Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Truant from school (wag)</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>2. Get in trouble with the police</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>3. Drink alcohol</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>4. Get drunk</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>5. Smoke cigarettes</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>6. Smoke marijuana (pot or dope)</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>7. Use other drugs (not as medicines)</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>8. Have sex (sexual intercourse)</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>9. Agree with your parents about what is important in life?</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>10. Ask your opinion about something</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
</tbody>
</table>
Circle the best answer for you

<table>
<thead>
<tr>
<th></th>
<th>Never</th>
<th>Seldom</th>
<th>Some-times</th>
<th>Quite</th>
<th>Always</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Not At All</td>
<td>Rarely</td>
<td>Hardly Ever</td>
<td>Often</td>
<td>All the Time</td>
</tr>
</tbody>
</table>

E. How often do your friends?

11. Try and stop you from doing something wrong  1  2  3  4  5
12. Really listen to you                        1  2  3  4  5
13. Tell you the truth                          1  2  3  4  5
14. Get good marks at school                   1  2  3  4  5
15. Take part in organised sport               1  2  3  4  5
16. Spend time doing things with their families 1  2  3  4  5
17. Do voluntary (unpaid) work in the community 1  2  3  4  5
18. Take part in youth clubs like Scouts or Guides, Police Youth Club or YMCA, or other community group or club 1  2  3  4  5

F. 1. How many close friends do you have and what are their ages?

None
Ages: ______ ______ ______ ______

2. What's the longest time you've had a closest friend?

Less than six months
Less than one year
One to two years
Two to three years
More than three years

3. Circle the sorts of things you often do together

Light fires
Smoke marijuana (pot/dope)
Go to church/youth group
Watch R-rated movies
Take part in a fight
Break into / steal cars
Shoplift
Walk streets at night
Smoke cigarettes
Write graffiti
Break into houses
Drink alcohol
Vandalise
Get drunk
Create a disturbance
The rest of the questions in this survey are about **YOU**

Circle the best answer for you

<table>
<thead>
<tr>
<th></th>
<th>Never</th>
<th>Seldom</th>
<th>Sometimes</th>
<th>Quite</th>
<th>Always</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Not</td>
<td>Rarely</td>
<td>Hardly</td>
<td>Ever</td>
<td>At All</td>
</tr>
</tbody>
</table>

G. **How often do you think to yourself that?**

1. Life sux
   1  2  3  4  5
2. Most people suck
   1  2  3  4  5
3. Work sux
   1  2  3  4  5

H. **If you have a job, how often do you?**

1. Enjoy going to work
   1  2  3  4  5
2. Enjoy the work you do
   1  2  3  4  5
3. Think about leaving work
   1  2  3  4  5
4. Try your hardest at work
   1  2  3  4  5

I. 1. **What are you doing at the moment?**

   (Circle the best answer)

   - Unemployed and NOT looking for work
   - Unemployed and looking for work
   - Doing voluntary work
   - Doing paidwork as a full-time job
   - Doing paidwork as a part-time job
   - Studying full-time
   - Studying part-time

2. **Circle any school clubs or school organisations you belonged to when you were at school**

   Drama club    Choir    Band    School newspaper
   School council  Sporting team    Rock eisteddfod

3. **Circle anything you do in your local community**

   Drama    Amateur theatre    Sporting team    Church youth group
   Choir    Art/craft class    Self-defence    Police youth club
   Band    Learn a Language    Music lessons    Surf club
   Other ____________________
Circle the best answer for you

<table>
<thead>
<tr>
<th></th>
<th>Never Not At All</th>
<th>Seldom Rarely</th>
<th>Hardyly</th>
<th>Sometimes</th>
<th>Quite Often</th>
<th>Always All the Time</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>J. When you were at school, how often did you?</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. Get out of your seat</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>2. Talk in class</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>3. Call out in class</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>4. Call people names</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>5. Push and shove others in class</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>6. Take other people’s things (steal)</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>7. Answer back/argue with teachers</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>8. Swear at teachers</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>9. Smoke at school</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>10. Write on desks</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>11. Put your rubbish in the bin</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>12. Throw things</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>13. Throw food</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>14. Do as you’re told</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>15. Report for detention</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>16. Do your work</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>17. Get on well with the other kids</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>18. Get sent out of class</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>19. Ask a teacher for help</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>20. Do your homework</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>21. Get to school late</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>22. Truant from school (wag)</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>23. Skip classes</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>24. Argue with other students</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>25. Fight with other students</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>26. Disturb others in class</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>27. Get good marks at school</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**K. How many times were you suspended from school?**

<table>
<thead>
<tr>
<th></th>
<th>0</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>More than 5</th>
</tr>
</thead>
</table>
Circle the best answer for you

<table>
<thead>
<tr>
<th></th>
<th>Never</th>
<th>Seldom</th>
<th>Sometimes</th>
<th>Quite</th>
<th>Always</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Not At All</td>
<td>Rarely</td>
<td>Hardly Ever</td>
<td>Often</td>
<td>All the Time</td>
</tr>
</tbody>
</table>

**L. How often do you think to yourself that?**

1. I should be allowed to do what I want  
   - 1  2  3  4  5
2. I should be allowed to go out when I want  
   - 1  2  3  4  5
3. I should be allowed to make my own decisions  
   - 1  2  3  4  5
4. I should get more freedom  
   - 1  2  3  4  5

**How often DO you**

1. Do what you want  
   - 1  2  3  4  5
2. Go out when you want  
   - 1  2  3  4  5
3. Make your own decisions  
   - 1  2  3  4  5
4. Take your freedom  
   - 1  2  3  4  5

**M. The next questions are about what you THINK about things, not what you DO. Do you THINK its okay for people to?**

1. Get drunk  
   - 1  2  3  4  5
2. Smoke cigarettes  
   - 1  2  3  4  5
3. Smoke marijuana (pot or dope)  
   - 1  2  3  4  5
4. Take hard drugs  
   - 1  2  3  4  5
5. Do some shop-lifting  
   - 1  2  3  4  5
6. Write graffiti on public buildings  
   - 1  2  3  4  5
7. Carry a weapon, like a knife or gun around  
   - 1  2  3  4  5
8. Lie to your parents about something you did  
   - 1  2  3  4  5
9. Start a fist fight  
   - 1  2  3  4  5
10. Lie to a teacher about something you did  
    - 1  2  3  4  5
11. Take things that don’t belong to you  
    - 1  2  3  4  5
12. Truant from school (wag)  
    - 1  2  3  4  5

**N. How often do you?**

1. Play organised or team sport  
   - 1  2  3  4  5
2. See a counsellor  
   - 1  2  3  4  5
3. Fight with your neighbours  
   - 1  2  3  4  5
4. Do voluntary work in your community  
   - 1  2  3  4  5
5. Spend time with your family  
   - 1  2  3  4  5
6. Have the police visit your home  
   - 1  2  3  4  5
7. Go to church  
   - 1  2  3  4  5
Circle the best answer for you

<table>
<thead>
<tr>
<th>Category</th>
<th>Never Not At All</th>
<th>Seldom Rarely</th>
<th>Sometimes Hardy Ever</th>
<th>Quite Often</th>
<th>Always All the Time</th>
</tr>
</thead>
</table>

**N. How often do you?**

8. Go to a youth group at a church | 1 | 2 | 3 | 4 | 5 |
9. Go to Scouts or Guides, Police Youth Club, YMCA or other community group or club | 1 | 2 | 3 | 4 | 5 |
10. Ask God for help with a problem | 1 | 2 | 3 | 4 | 5 |
11. Smoke marijuana (pot or dope) | 1 | 2 | 3 | 4 | 5 |
12. Use other drugs (not as medicines) | 1 | 2 | 3 | 4 | 5 |
13. Have sex (sexual intercourse) | 1 | 2 | 3 | 4 | 5 |
14. Agree with your parents about what is important in life? | 1 | 2 | 3 | 4 | 5 |
15. Try and stop your friends from doing something wrong | 1 | 2 | 3 | 4 | 5 |
16. Do something dangerous just for the thrill of it | 1 | 2 | 3 | 4 | 5 |
17. Give in to peer pressure (do what your friends want you to do, even though you don't want to do it) | 1 | 2 | 3 | 4 | 5 |

**O. 1. On how many days did you have an alcoholic drink in the LAST FOUR WEEKS?**

None
On 1-2 days
On 3-5 days
On 6-9 days
On 10-19 days
On 20 or more days
Every day

2. On a day when you have an alcoholic drink, HOW MANY drinks would you usually have?

None
A few sips or mouthfuls
1-2 drinks
3-4 drinks
5-8 drinks
9-12 drinks
Over 12 drinks

3. How many cigarettes do you usually smoke a day?

0 1-2 3-5 6-10 10-20 More than 20
P. 1. How well do you think you fit into your local neighbourhood?

<table>
<thead>
<tr>
<th>Very Well</th>
<th>Well</th>
<th>Okay</th>
<th>Not Well</th>
<th>Not At All Well</th>
</tr>
</thead>
</table>

2. How many times has your father been in jail?

Never 1 2 3 4 5

3. How many times has your mother been in jail?

Never 1 2 3 4 5

4. How many times has your older brother or sister been in jail?

Never 1 2 3 4 5

Q. 1. Have you been in trouble with the Police since you last filled out this questionnaire?

Yes  No

2. What have you done? (You may circle more than one)
- Shoplifting/Stealing
- Walking streets at night
- Driving/Riding without licence
- Fighting
- Fire-lighting
- Being an accomplice to a crime
- Riding without a helmet
- Drinking or on drugs
- Other ____________________________

3. Why? What were the reasons you did this? (You may circle more than one)

- Others talked me into it
- Short of money
- Enjoyed it – for a buzz
- I don’t like cops
- I’d been drinking or on drugs
- I was bored
- Didn’t think of consequences
- Other ____________________________
R.  1. Have you been to Court since you last filled out this questionnaire?
   Yes    No

2. What for? (You may circle more than one)
   Shoplifting/ Stealing
   Walking streets at night
   Driving/ Riding without licence
   Fighting
   Fire-lighting
   Being an accomplice to a crime
   Riding without a helmet
   Drinking or on drugs
   Other ____________________________

3. What happened to you?
   (You may circle more than one)
   Placed on probation (a good behaviour bond)
   Given community service
   Given a warning
   Fined
   Placed in an institution (a detention centre)
   Other ____________________________

S.  1. Have you broken the law and got away with it since you last filled out this questionnaire?
   Yes    No

2. What have you done? (You may circle more than one)
   Smoking cigarettes
   Drinking alcohol
   Smoking or taking drugs
   Stealing
   Driving/ Riding without a licence
   Fire-lighting
   Riding without a helmet
   Other ____________________________

3. Would you do it again?
   Yes    No
4. Why? (Circle the best answer)
   OR Why not? (Circle the best answer)

   Fun, exciting, feels good  Bad for your health
   I got away with it        Don't worth it if caught
   To get money             Other ____________________
   Other ____________________ Other ____________________

   T. 1. Do you think you'll EVER be in trouble with the law in the future?

       Yes         No         Maybe       Probably

   2. If you think you might be in trouble with the law in the future, what for? (You may circle more than one)

       Stealing
       Fighting
       Smoking or taking drugs
       Drinking alcohol
       Riding without a helmet
       Accomplice to a crime
       Driving offence
       Other ____________________

   U. What was your reason for leaving school? (Circle your answers)

       Did not like school
       Did poorly at school work
       Had a job to go to
       Pregnant or getting married
       Could not get along with teachers
       Had to help support my family
       Expelled or suspended

   V. How well were you able to keep your cool and stay out of trouble when you were at school if

       Not At All Sure          Very Sure
       0  1  2  3  4  5

       1. All was quiet in class
       2. The teacher leaves the room
       3. The teacher catches me doing the wrong thing in class
       4. The teacher catches me doing the wrong thing and asks me to see him/her at lunchtime
       5. A teacher was hassling me

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6. I was sent to the Deputy/Boss

7. All was quiet at home

8. My parent was hassling me

9. I was watching TV and someone walked in and changed the channel without asking me

10. My parent was angry with me

W. Listed below are a variety of thoughts that pop into people’s heads. Please read each thought and mark how often, if at all, the thought occurred to you OVER THE LAST WEEK.

<table>
<thead>
<tr>
<th>Thought</th>
<th>Not At All</th>
<th>Once or twice</th>
<th>A Few Times</th>
<th>Fairly Often</th>
<th>Every Day</th>
</tr>
</thead>
<tbody>
<tr>
<td>I feel like I’m up against the world</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>I’m no good</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>I’m proud of myself</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>Why can’t I ever win</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>No one understands me</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>I’ve let people down</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>I feel fine</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>I don’t think I can go on</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>I wish I were a better person</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>No matter what happens, I know I’ll make it</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>I’m so weak</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>My life’s not going the way I want it to</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>I can achieve (do) anything</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>I am so disappointed in myself</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>Nothing feels good anymore</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>I feel good</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>I can’t stand this anymore</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>I can’t get started</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>What’s wrong with me?</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>I’m warm and comfortable</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>I wish I was somewhere else</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>I can’t get things together</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>I hate myself</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
</tbody>
</table>
24. I feel confident I can do anything
   I set my mind to
   1   2   3   4   5
25. I'm worthless
    1   2   3   4   5
26. I wish I could just disappear
    1   2   3   4   5
27. What's the matter with me?
    1   2   3   4   5
28. I feel very happy
    1   2   3   4   5
29. I'm a loser
    1   2   3   4   5
30. My life is a mess
    1   2   3   4   5
31. I'm a failure
    1   2   3   4   5
32. This is great!
    1   2   3   4   5
33. I'll never make it
    1   2   3   4   5

Remember, each sentence that you read is a thought that you may have had often, less frequently or not at all. Tell us how often over the last week you have had each of the thoughts.

34. I feel so helpless
    1   2   3   4   5
35. Something has to change
    1   2   3   4   5
36. There must be something wrong with me
    1   2   3   4   5
37. I'm luckier than most people
    1   2   3   4   5
38. My future is black (not good)
    1   2   3   4   5
39. It's just not worth it
    1   2   3   4   5
40. I can't finish anything
    1   2   3   4   5

X. What Do You Think?

1. Do you believe that most problems will solve themselves if you just don't muck around with them?  Yes  No
2. Are you often blamed for things that just aren't your fault?  Yes  No
3. Do you feel that most of the time it doesn't pay to try hard because things never turn out right anyway?  Yes  No
4. Do you feel that most of the time parents listen to what their children have to say?  Yes  No
5. When you get punished does it usually seem it's for no good reason at all?  Yes  No
6. Most of the time do you find it hard to change a friend's mind (opinion) about something?  Yes  No
7. Do you feel that it's nearly impossible to change your parent's mind about anything?  Yes  No
X. What Do You Think?

8. Do you feel that when you do something wrong there’s very little you can do to make it right? Yes  No
9. Do you believe that most kids are just born good at sport? Yes  No
10. Do you feel that one of the best ways to handle most problems is just not to think about them? Yes  No

11. Do you feel that when a kid your age decides to hit you, there’s little you can do to stop him or her? Yes  No
12. Have you felt that when people were mean to you it was usually for no reason at all? Yes  No
13. Most of the time, do you feel that you can change what might happen tomorrow by what you do today? Yes  No
14. Do you believe that when bad things are going to happen they just are going to happen, no matter what you try to do to stop them? Yes  No
15. Most of the time do you find it useless to try to get your own way at home? Yes  No

16. Do you think that when somebody your age wants to be your enemy there is little you can do to change matters? Yes  No
17. Do you believe that you have little to say about what you get to eat at home? Yes  No
18. Do you believe that when somebody doesn’t like you there’s little you can do to change their mind? Yes  No
19. Do you think that it’s almost useless to try in school because lots of kids are just plain smarter than you are? Yes  No
20. Are you the kind of person who believes that planning ahead makes things turn out better? Yes  No
21. Most of the time, do you feel that you have little to say about what your family decides to do? Yes  No

Y. Here are a set of statements that tell how you feel about yourself. If it is True or Mostly True for you circle Yes. If it is False or Mostly False for you circle No. Answer every question, even if some are hard to decide. Do not circle both Yes and No for the same statement. There are no right or wrong answers. Only you can tell how you feel about yourself, so circle the way you really feel inside.

1. My classmates make fun of me Yes  No
2. I am a happy person Yes  No
3. It’s hard for me to make friends Yes  No
4. I am often sad Yes  No
5. I am smart Yes  No
6. I am shy Yes  No
7. I get nervous when the teacher asks a question Yes  No
8. My looks bother me Yes  No
9. When I grow up I will be an Yes  No
10. I worry a lot Yes  No
11. In school I am a dreamer Yes  No
12. I pick on my brother(s) Yes  No
13. My friends like my ideas Yes  No
14. I often get into trouble Yes  No
15. I do as I’m told at home Yes  No
16. I am lucky Yes  No
17. I worry a lot Yes  No
18. My parents expect too much of me Yes  No
<table>
<thead>
<tr>
<th>Question</th>
<th>Option 1</th>
<th>Option 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>10. I get worried when we have tests at school</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>11. I am unpopular</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>12. I am well behaved in school</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>13. It is usually my fault when something goes wrong</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>14. I cause trouble to my family</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>15. I am strong</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>16. I have good ideas</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>17. I am an important member of my family</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>18. I usually want my own way</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>19. I am good at making things with my hands</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>20. I give up easily</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>21. I am good at my schoolwork</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>22. I do many bad things</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>23. I can draw well</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>24. I am good at music</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>25. I behave badly at home</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>26. I am slow at finishing my schoolwork</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>27. I am an important member of my class</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>28. I am nervous</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>29. I have nice eyes</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>30. I can speak well in front of my class</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>31. When I try to make something, everything seems to go wrong</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>32. I am picked on at home</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>33. I am a leader in games and sports</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>34. I am clumsy</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>35. In games and sports, I watch instead of play</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>36. I forget what I learn</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>37. I am easy to get along with</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>38. I lose my temper easily</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>39. I like being the way I am</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>40. I feel left out of things</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>41. I have nice hair</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>42. I often volunteer</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>43. I wish I was different</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>44. I sleep well at night</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>45. I hate school</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>46. I am among the last to be chosen for games</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>47. I am sick a lot</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>48. I am often mean</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>49. My mates in school think</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>50. I am unhappy</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>51. I have many friends</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>52. I am cheerful</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>53. I am dumb about</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>54. I am good looking</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>55. I have lots of get up and go (energy)</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>56. I get into a lot of fights</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>57. I am popular with boys</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>58. People pick on me</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>59. My family is disappointed in me</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>60. I have a nice face</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>61. I would rather work alone than with a group</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>62. I like my brother (sister)</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>63. I have a good body</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>64. I am often afraid (scared)</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>65. I am always dropping or breaking things</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>66. I can be trusted</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>67. I am different from other people</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>68. I think bad thoughts</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>69. I cry easily</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>70. I am a good person</td>
<td>Yes</td>
<td>No</td>
</tr>
</tbody>
</table>
Appendix 9

Cost Comparison between Three Types of Intervention Programs with Delinquent Youth

COST COMPARISON

WILDERNESS
Enhanced Programs

SOUTH COAST WILDERNESS-ENHANCED PROGRAM
Department of School Education
TALLONG WILDERNESS CENTRE
Sydney City Mission
MINDA & YASMAR
Department of Community Services

The varied nature of these programs makes a costing comparison difficult. Length of participation and program objectives are very different. However, all programs work with a similar population: severe behaviour disordered or ‘at risk’ adolescents. These figures therefore, provide an indication of the costs involved in each program, but for specific comparisons further work is required.

**SOUTH COAST WILDERNESS-ENHANCED PROGRAM**

<table>
<thead>
<tr>
<th>Operating Costs</th>
<th>$350532 OR $175266 per annum</th>
</tr>
</thead>
<tbody>
<tr>
<td>Student Intake</td>
<td>70 students (22 girls, 48 boys)</td>
</tr>
<tr>
<td>Cost per Student</td>
<td>$5008 (over 2 years) OR $2504 per annum</td>
</tr>
</tbody>
</table>

**TALLONG WILDERNESS CENTRE**

<table>
<thead>
<tr>
<th>Operating Costs</th>
<th>$1.5 million per annum</th>
</tr>
</thead>
<tbody>
<tr>
<td>Student Intake</td>
<td>68 students (over 15 months OR 54 per annum)</td>
</tr>
<tr>
<td>Cost per Student</td>
<td>$27778 per annum</td>
</tr>
</tbody>
</table>

**MINDA & YASMAR**

<table>
<thead>
<tr>
<th>Cost per Student(1987-88)</th>
<th>MINDA</th>
<th>YASMAR</th>
</tr>
</thead>
<tbody>
<tr>
<td>Estimated Costs for 1991 (allowing 5-6% for inflation)</td>
<td>$73600 per annum</td>
<td>$74000 per annum</td>
</tr>
<tr>
<td></td>
<td>$85193 per annum</td>
<td>$85656 per annum</td>
</tr>
</tbody>
</table>