

2013

**Prevention and management of chronic disease in Aboriginal and Islander  
Community Controlled Health Services in Queensland: a quality  
improvement study assessing change in selected clinical performance  
indicators over time in a cohort of services**

K S. Panaretto

*Queensland Aboriginal and Islander Health Council*

K L. Gardner

*Australian National University*

S Button

*Queensland Aboriginal and Islander Hlth Council*

A Carson

*Institute for Urban Indigenous Health*

R Schibasaki

*Queensland Aboriginal & Islander Hlth Council*

*See next page for additional authors*

Follow this and additional works at: <https://ro.uow.edu.au/ahsri>

---

# Prevention and management of chronic disease in Aboriginal and Islander Community Controlled Health Services in Queensland: a quality improvement study assessing change in selected clinical performance indicators over time in a cohort of services

## Abstract

**Objective:** To evaluate clinical healthcare performance in Aboriginal Medical Services in Queensland and to consider future directions in supporting improvement through measurement, target setting and standards development. **Design:** Longitudinal study assessing baseline performance and improvements in service delivery, clinical care and selected outcomes against key performance indicators 2009-2010. **Setting:** 27 Aboriginal and Islander Community Controlled Health Services (AICCHSs) in Queensland, who are members of the Queensland Aboriginal and Islander Health Council (QAIHC). **Participants:** 22 AICCHS with medical clinics. **Intervention:** Implementation and use of an electronic clinical information system that integrates with electronic health records supported by the QAIHC quality improvement programme—the Close the Gap Collaborative. **Main outcome measures:** Proportion of patients with current recording of key healthcare activities and the prevalence of risk factors and chronic disease. **Results:** Aggregated performance was high on a number of key risk factors and healthcare activities including assessment of tobacco use and management of hypertension but low for others. Performance between services showed greatest variation for care planning and health check activity. **Conclusions:** Data collected by the QAIHC health information system highlight the risk factor workload facing the AICCHS in Queensland, demonstrating the need for ongoing support and workforce planning. Development of targets and weighting models is necessary to enable robust between-service comparisons of performance, which has implications for health reform initiatives in Australia. The limited information available suggests that although performance on key activities in the AICCHS sector has potential for improvement in some areas, it is nonetheless at a higher level than for mainstream providers. **Implications:** The work demonstrates the role that the Community Controlled sector can play in closing the gap in Aboriginal and Torres Strait Islander health outcomes by leading the use of clinical data to record and assess the quality of services and health outcome.

## Keywords

quality, queensland, services, health, controlled, community, islander, aboriginal, disease, chronic, management, prevention, study, assessing, change, selected, clinical, cohort, improvement, time, performance, indicators, over

## Publication Details

K. S. Panaretto, K. L. Gardner, S. Button, A. Carson, R. Schibasaki, G. Wason, D. Baker, J. Mein, A. Dellit, D. Lewis, M. Wenitong & I. Ring, "Prevention and management of chronic disease in Aboriginal and Islander Community Controlled Health Services in Queensland: a quality improvement study assessing change in selected clinical performance indicators over time in a cohort of services", *BMJ Open* 3 4 (2013) e002759 - 1-e002759 - 10.

## Authors

K S. Panaretto, K L. Gardner, S Button, A Carson, R Schibasaki, G Wason, D Baker, J Mein, A Dellit, D Lewis, M Wenitong, and I Ring

# Prevention and management of chronic disease in Aboriginal and Islander Community Controlled Health Services in Queensland: a quality improvement study assessing change in selected clinical performance indicators over time in a cohort of services

K S Panaretto,<sup>1</sup> K L Gardner,<sup>2</sup> S Button,<sup>1</sup> A Carson,<sup>3</sup> R Schibasaki,<sup>1</sup> G Wason,<sup>4</sup> D Baker,<sup>4</sup> J Mein,<sup>5</sup> A Dellit,<sup>1</sup> D Lewis,<sup>1</sup> M Wenitong,<sup>5</sup> I Ring<sup>6</sup>

**To cite:** Panaretto KS, Gardner KL, Button S, *et al.* Prevention and management of chronic disease in Aboriginal and Islander Community Controlled Health Services in Queensland: a quality improvement study assessing change in selected clinical performance indicators over time in a cohort of services. *BMJ Open* 2013;**3**:e002759. doi:10.1136/bmjopen-2012-002083

► Prepublication history and additional material for this paper are available online. To view these files please visit the journal online (<http://dx.doi.org/10.1136/bmjopen-2012-002083>).

Received 5 October 2012  
Revised 8 January 2013  
Accepted 7 March 2013

This final article is available for use under the terms of the Creative Commons Attribution Non-Commercial 2.0 Licence; see <http://bmjopen.bmj.com>

For numbered affiliations see end of article.

## Correspondence to

Dr K S Panaretto;  
[katiepanaretto@qaihc.com.au](mailto:katiepanaretto@qaihc.com.au)

## ABSTRACT

**Objective:** To evaluate clinical healthcare performance in Aboriginal Medical Services in Queensland and to consider future directions in supporting improvement through measurement, target setting and standards development.

**Design:** Longitudinal study assessing baseline performance and improvements in service delivery, clinical care and selected outcomes against key performance indicators 2009–2010.

**Setting:** 27 Aboriginal and Islander Community Controlled Health Services (AICCHSs) in Queensland, who are members of the Queensland Aboriginal and Islander Health Council (QAIHC).

**Participants:** 22 AICCHS with medical clinics.

**Intervention:** Implementation and use of an electronic clinical information system that integrates with electronic health records supported by the QAIHC quality improvement programme—the Close the Gap Collaborative.

**Main outcome measures:** Proportion of patients with current recording of key healthcare activities and the prevalence of risk factors and chronic disease.

**Results:** Aggregated performance was high on a number of key risk factors and healthcare activities including assessment of tobacco use and management of hypertension but low for others. Performance between services showed greatest variation for care planning and health check activity.

**Conclusions:** Data collected by the QAIHC health information system highlight the risk factor workload facing the AICCHS in Queensland, demonstrating the need for ongoing support and workforce planning. Development of targets and weighting models is necessary to enable robust between-service comparisons of performance, which has implications for health reform initiatives in Australia. The limited information available suggests that although performance on key activities in

## ARTICLE SUMMARY

### Article focus

- The Australian government has introduced a national reporting process for primary healthcare services using national key performance indicators.
- This study evaluated clinical performance against key indicators in 22 Aboriginal and Islander Community Controlled Health Services (AICCHS) in Queensland during 2009–2010.
- Future directions in supporting improvement through measurement, target setting and standards development are considered

### Key messages

- Performance was high for recording of key risk factors and healthcare activities including the assessment of tobacco use and management of hypertension but low for others. Performance between services showed the greatest variation for care planning and health check activity.
- Careful interpretation of the factors underlying variation in performance is needed to support the planning of health service delivery and action for improvement at the local, regional and state levels. Many factors are likely to be related to circumstances beyond the immediate control of the health service such as remoteness and disadvantage.
- Data collected suggest that although performance on key activities in the AICCHS sector has potential for improvement in some areas, it is nonetheless at a higher level than for mainstream providers.

the AICCHS sector has potential for improvement in some areas, it is nonetheless at a higher level than for mainstream providers.

**Implications:** The work demonstrates the role that the Community Controlled sector can play in closing the gap

## ARTICLE SUMMARY

**Strengths and limitations of this study**

- The work demonstrates the role that a Community Controlled quality improvement programme can play in closing the gap in Aboriginal and Torres Strait Islanders' health.
- As the data are aggregated service level data, there may be a small number of patients using more than one service.

in Aboriginal and Torres Strait Islander health outcomes by leading the use of clinical data to record and assess the quality of services and health outcome.

**INTRODUCTION**

The burden of morbidity, chronic disease and injury remains high in Aboriginal and Torres Strait Islander people in Australia, with Indigenous men and women having shorter lives than their non-Indigenous peers by 11.5 and 9.7 years, respectively.<sup>1</sup> Chronic diseases, particularly diabetes, cardiovascular and renal disease, contribute significantly to this increased morbidity, beginning some 10 years earlier and at 2–5 times the rate of that experienced by other Australians. The Australian Government has made a significant commitment to reducing this disadvantage with its 'Closing the Gap' reform, investing in programmes to incentivise better identification, increase access to primary healthcare, reduce the cost of medicines and establish a workforce to tackle tobacco use and obesity. Central to the reforms are targets for closing the life-expectancy gap within a generation and halving death rates for children under 5 years of age within a decade.<sup>2–3</sup> While education, housing and employment are significant contributors to this health disparity, the role of primary healthcare services, whether Aboriginal and Islander Community Controlled Health Services (AICCHSs), community health services or general practices are also important and a significant component of the effort to Close the Gap (CtG).

The Queensland Aboriginal and Islander Health Council (QAIHC) has been leading the development of the first Indigenous community controlled Health Information System (HIS) designed to build capacity in AICCHSs for the ongoing analysis, monitoring and reporting of clinical health data in Queensland.<sup>4</sup> The HIS comprises a set of performance indicators, seamless integration with service Electronic Medical Records (EMR) and a web-based portal, which together forms the measurement platform for the QAIHC quality improvement programme, the CtG Collaborative that drives organisational change.

This work has been progressing in an environment that is moving towards a national key performance indicator (nKPI) reporting process, authorised by the

Council of Australian Governments (COAG).<sup>3</sup> A subset of AICCHSs began reporting nKPI data to the Australian Institute of Health and Welfare in February 2012, with a plan to mandate reporting biannually from June 2013 for all AICCHSs (over 150). The advent of the National Health Performance Authority (NPHA) in the context of the ongoing health-reform agenda and release of the NPHA Performance and Accountability Framework suggests that efforts to capture and measure national health performance data are gathering pace and may soon involve the broader primary healthcare sector in Australia.<sup>5</sup>

These new reforms need careful evaluation. The change in policy direction has occurred in a historical context in which the collection of data and information at the Aboriginal and Torres Strait Islander primary healthcare service level has been in place for many years and is driven by accountability requirements based primarily on service activity reporting.<sup>6</sup> Currently, AICCHSs contend with multiple programme-specific reporting frameworks, each with their attendant indicator sets. As well as being overly burdensome,<sup>7</sup> data collection for these reporting processes has not been seamless, and does not support the appropriate aggregation or timeliness of feedback required for quality improvement and planning purposes at the service level. As a consequence, this reporting has not adequately supported individual AICCHSs to assess the clinical care their health teams deliver, engage in useful quality improvement, plan for the future or demonstrate the effectiveness of AICCHSs individually or as a sector.

In this paper, we present data from the first 2 years of the QAIHC CtG collaborative programme (2009–2010) to examine improvements in the delivery of clinical care against key performance indicators. Consideration is given to target setting for clinical care activities for Aboriginal primary healthcare clinics based on the findings.

**METHODS****Setting**

Queensland has a large Indigenous population of 146 000 Aboriginal and Torres Strait Islander persons. This represents 3.6% of the total Queensland population and 28.3% of the national Aboriginal and Torres Strait Islander population.<sup>8</sup>

QAIHC supports the 27-member AICCHSs across Queensland to deliver comprehensive, primary healthcare to their communities. These organisations receive a mix of funding from the commonwealth and state governments and additionally bill Medicare, Australia's national health insurance scheme, for services delivered by their clinical care teams. The services have community-elected boards leading the delivery of multi-disciplinary, comprehensive primary healthcare.

**Indicator set development and implementation**

QAIHC has a small Data Management Unit, within its Preventative Health Unit, which has led the

**Table 1** 25 Queensland Aboriginal and Islander Health Council Core Indicators developed by expert review and consensus in 2007–2008 for implementation in the Aboriginal and Islander Community Control Health Services in Queensland

Domain	Why and evidence	What—indicator
Workload and access	Planning and monitoring service capacity (overall) <sup>16</sup>	<ul style="list-style-type: none"> <li>▶ Numbers of patients seen in clinic: adults and children</li> <li>▶ Proportion of Indigenous patients</li> <li>▶ Episodes of care: by staff categories</li> </ul>
Health determinants, risk loads, prevention	Planning and monitoring service capacity (health promotion/allied health/BI capacity) Monitor progress in risk load reduction <sup>2 14 22</sup>	<ul style="list-style-type: none"> <li>▶ Smoking prevalence</li> <li>▶ Prevalence of at-risk alcohol consumption</li> <li>▶ Prevalence of overweight/obesity</li> <li>▶ Level of physical activity</li> <li>▶ Health checks: adults and kids—4 categories</li> </ul>
Chronic disease care	Monitor workloads Monitor quality of care delivered <sup>14 23–26</sup>	<ul style="list-style-type: none"> <li>▶ Number of diabetics and prevalence in service population</li> <li>▶ Glycaemic control: HbA1c completion and values</li> <li>▶ CHD clients on GP management plan</li> <li>▶ BP: checking BPs of all adults, prevalence of hypertension</li> <li>▶ BP: management of hypertension—checking BP and medication use</li> <li>▶ Risk of renal disease: eGFR, ACR—completion and renal function status</li> </ul>
MCH	Monitor workloads Monitor quality of care delivered <sup>27 28</sup>	<ul style="list-style-type: none"> <li>▶ Antenatal care access: number of pregnant women who gave birth</li> <li>▶ Timing of antenatal care</li> <li>▶ Adequate Antenatal Care</li> <li>▶ Proportion of low-birth weight and high-birth weight babies</li> <li>▶ Proportion of preterm/term births</li> <li>▶ Underweight and overweight children</li> </ul>
Workforce	Planning and monitoring service capacity (overall) <sup>29</sup>	<ul style="list-style-type: none"> <li>▶ Accreditation</li> <li>▶ % of Aboriginal and Islander Staff</li> <li>▶ Student placements</li> <li>▶ FTE vacant positions</li> </ul>

ACR, albumin creatinine ratio; BP, blood pressure; CHD, chronic heart disease; eGFR, glomerular filtration rate; FTE, full time equivalent; GP, general practitioner.

implementation of the health information strategy, manages the data and leads the attendant quality improvement programme for the 22 services with medical clinics. In 2007–2008, an expert panel, working with the QAIHC Centre of Research Excellence (CRE) in Cardiovascular Disease, developed a set of indicators, the 'QAIHC Core Indicators', which provide an overview of the quality of care delivered by the medical clinics, the health status of the service patient populations in our sector, workload, patient access and workforce<sup>9</sup> (table 1). The AICCHSs have been integrally involved in the work from the start in the advisory, testing and participatory capacities and provide members to a continuing, advisory lead clinician group (LCG). Data

definitions were established in the CRE work. The indicators are reviewed annually by the LCG.

#### Study design, data collection and analysis

Eighteen of 22 AICCHS regularly submit data to the QAIHC repository on the 25 'QAIHC Core Indicators'; four services have newly established medical clinics that will begin submitting data in 2013. Participating services send the aggregated whole of the service data on the first Wednesday of every month to the data repository via automated extraction from the service clinical EMRs using the Pen Computer Systems Clinical Audit tool (Pen CAT). No assessment of the individual patient data is undertaken. The data are fed back to the services



## Prevention and management of chronic disease

through the Australian Primary Care Collaborative (APCC) webportal, via the QAIHC 'pages', and a copy is left on the services' servers.

This study presents longitudinal and time point data for selected indicators for 18 participating AICCHS. The study data have been collated from data extracted by the QAIHC Core Indicator report in the Pen CAT tool. The data collection thus represents a 'live' whole of the service patient snapshot. That is, the data are extracted for all patients on the EMR and the indicators are reported for the three user groups: all patients, recent patients and regular patients stratified by ethnicity. The patient group numbers vary from month to month, as does the number of services submitting data. The data are derived from the daily delivery of clinical care—there are no patient subgroups defined by having a completed health check; for example, inclusion is defined by attendance for care at the clinic. Table 2 presents a snapshot of the denominators (aggregated data) for the various subgroups of a service's users at each time point, so each row or each patient group is a subset of the previous. In the EMR disease register section, the numbers represent a subset of the regular adult Aboriginal and Islander patients. The data in all the figures are for the regular Aboriginal and Torres Strait Islander patients.

Data for this study were collated using simple descriptive statistics—proportions and 95% CIs or medians and IQRs using SPSS V.19.

### Definitions

Patients are asked about ethnicity, self-identify and are recorded as Aboriginal, Torres Strait Islander or both in health service EMRs. A recent patient is a patient with

one recorded clinical visit in the 6 months prior to the date of data extraction. A regular patient is a patient who has made three visits to the service in the 2 years AND at least one visit in the 6 months prior to the date of data extraction. An adult is a person aged 15 years or older. A current health check or assessment is defined as a billed Medical Benefits Schedule (MBS) Item number 715 in the 24 months prior to the date of the data extraction. A current General Practitioner Management Plan (GPMP) is defined as an eligible patient having a billed MBS Item number 721 in the 12 months prior to the date of the data extraction.

### Privacy, confidentiality and community processes

The quality improvement programme and implementation of the health information system has been fully supported by the member elected QAIHC Board and member services. Participation is voluntary. All participating services have Australian General Practice Accreditation and patients are advised of ongoing quality assurance activity in the services. The work has been supported by funding from the Office of Aboriginal and Torres Strait Islander Health, Department of Health and Ageing.

QAIHC has data management agreements in place with all participating member services and their partners. All participating services have standard agreements with the Improvement Foundation. All data are held securely at QAIHC in a password protected data repository. A copy of the data extraction is retained by the AICCHS. The services are coded and deidentified. All presentation of data outside of a service is deidentified.

**Table 2** Aggregated patient numbers for each time point with recorded visits at participating Queensland Aboriginal and Islander Community Controlled Health Service with medical clinics

Aggregated data (95% CIs)	June 2010 (n)	October 2010 (n)	June 2011 (n)	September 2011 (n)	February 2012 (n)
All patients*	38167	27783	42923	78043	75309
All Aboriginal and Islander patients	27369	19793	28270	53241	55441
Recent patients*	21217	22253	25687	32942	31310
Recent Aboriginal and Islander patients	15257	15241	17851	23980	24317
Regular Aboriginal and Islander patients	12938	13136	15433	19727	19948
Regular Aboriginal and Islander adults	5444	9021	9371	13630	12325
EMR disease registers: Regular Aboriginal and Islander adults	n (%)	n (%)	n (%)	n (%)	n (%)
Current tobacco users†	2315 (49.4)	3936 (51.6)	4090 (48.6)	5818 (49.3)	5296 (48.4)
Type 2 diabetes mellitus	830 (15.2)	1548 (17.2)	1475 (15.7)	2489 (18.2)	2255 (18.2)
Hypertension	1237 (22.7)	2241 (24.8)	2084 (22.2)	3336 (24.4)	3097 (25.1)
Coronary heart disease	347 (6.4)	663 (7.3)	673 (7.2)	1037 (7.6)	916 (7.4)
No services	9	13	13	18	14

EMR, Electronic Medical Record; disease registers are those adults with that coded recorded diagnosis in the medical history section of the EMR.

\*All: Includes Non-Indigenous, Aboriginal, Torres Strait Islander or both Aboriginal and Torres Strait Islander patients.

†Disease registers: These numbers (numerators) represent a subset of the Regular Adult Aboriginal and Islander patients (denominator) proportion of tobacco users is a proportion of those adults for whom tobacco-use status was recorded.

## RESULTS

### Characteristics of patients

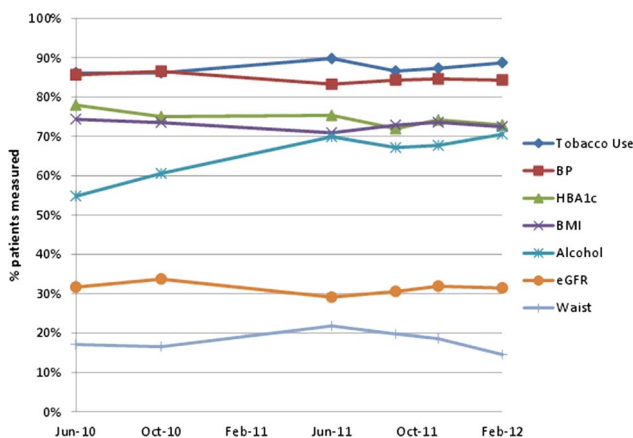
From October 2009 to February 2012, the number of participating AICCHs with medical clinics sending monthly data for the *QAIHC Core Indicators* increased from 6 to 18. The total number of patients seen by these clinics for a documented visit in the 2 years prior to the date of data extraction increased from 38 167 to 75 309 (June 2010 to February 2012; [table 2](#)).

By September 2011, a total of 32 942 recent patients, with a median of 1628 (IQR 1106, 2226) per service, had been seen by the 18 clinics for medical care in the previous 6 months—from 1 April to 30 September 2011. Of these patients, 23 980 (72.8%) were identified as Aboriginal or Torres Strait Islanders, and of these, 19 727 (82.3%, median 0.64 IQR 0.49–0.77/clinic) were regular Aboriginal or Torres Strait Islander patients.

### Risk factor management

The aggregated performance of participating services was consistent on the recording of a number of key risk factors and healthcare activities (eg, tobacco use, blood pressure (BP)) but poor for others (waist measurement), with some improvement over time ([figure 1](#)).

In October 2011, the recording of key risk factor data in the EMR, as a proportion (95% CIs) of aggregated regular adult patients who had attended the services in



**Figure 1** Recording of key risk and clinical care data<sup>#</sup>—the proportion of regular Aboriginal and Torres Strait Islander adult patients<sup>+</sup>, with care activity recorded, attending participating health services in Queensland in between February 2010 and February 2012. <sup>#</sup>Recording for clinical status and activities is ever for tobacco and alcohol use, having been checked within 12 months of the report date for all adult patients for Waist, body mass index, blood pressure, eGFR and within 6 months of the report date for glycated haemoglobin (HbA1c) in patients with type 2 diabetes. <sup>+</sup>The denominator for each time point corresponds to the total number of regular Aboriginal and Torres Strait Islander adults seen by all the services who submitted data at the time point ([table 2](#)). Alcohol data: submission was omitted from one service in June 2011, three services in September 2011 and February 2012.

the previous 6 months, was as follows: for tobacco use 92.1% (79.5, 95.5), alcohol use 66.2% (55.3, 83.7), body mass index (BMI) 73.9% (60.6, 79.9), HbA1c 73.8% (62.8, 85.8), waist circumference 19.8% (6.8, 30.1), BP 86% (79.8, 88.3), glomerular filtration rate 26.8% (23.3, 40.9), demonstrating consistent performance across the 18 participant services.

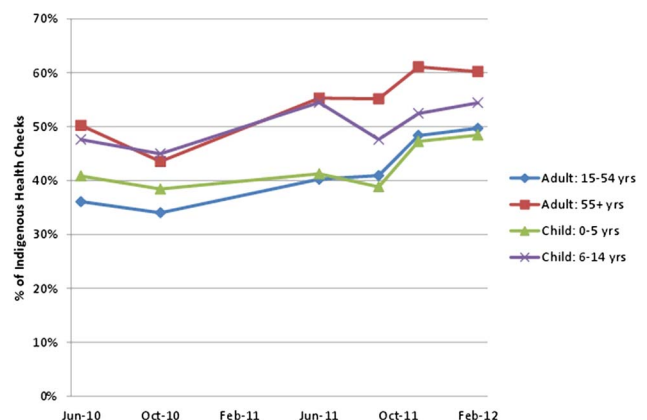
Setting a standard of 80% completion as acceptable for recording of key clinical data, for tobacco use, 14/18 services met this target; for BMI recording, only 4/18 services met the target but if the standard was lowered to 70%, 12/18 services would then have met the target. For checking and recording of BP, 14/18 services met the 80% standard with the lowest completion for this care activity being 66%. Other indicators where performance is consistently low include the recording of physical activity levels and waist circumference.

### Health assessments

The aggregated performance of participating services for health assessment increased over time ([figure 2](#)). In October 2011, 8697 (44.1%—43.4, 44.8) of the regular patients had a current health assessment.

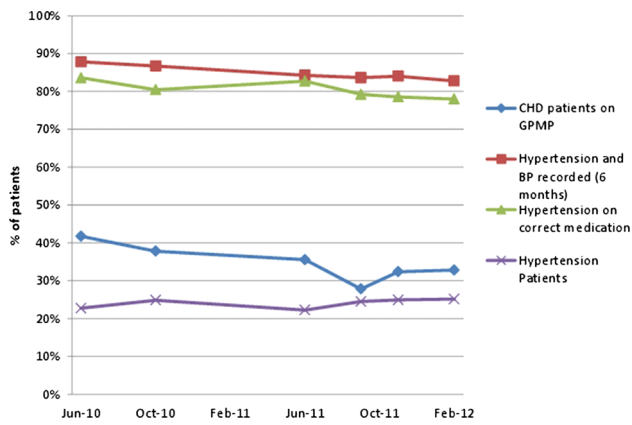
### Hypertension management

Management of hypertension and performance for coronary heart disease care plans is shown in [figure 3](#) using aggregated data between June 2010 and February 2012. In October 2011, hypertension was identified in a total of 3097 (25.1%) regular Indigenous patients, with a range in prevalence of 16–35% across the 18 services. The care delivered for hypertension was universally good. For patients with diagnosed hypertension, 86% (79.8, 88.3) of these patients had their BP checked



**Figure 2** Proportion of regular Aboriginal and Torres Strait Islander adults with current health assessments\* by age group attending participating health services in Queensland between February 2010 and February 2012. \*Health assessment: comprehensive review of patients health—a billed Medicare Item 715 within the past 2 years (formerly an 'Aboriginal and Torres Strait Islander health check'). Lipid and renal tests are optional for adults.

## Prevention and management of chronic disease



**Figure 3** Management of regular Aboriginal and Torres Strait Islander adults with diagnosed hypertension<sup>#</sup> attending participating health services in Queensland between February 2010 and February 2012—proportion of patients with recorded care activity. <sup>#</sup>Hypertension patients: the number of patients with hypertension at each time point is in the disease registers section of table 2. \*Hypertension patients prescribed ACE inhibitors or A2s checked within the 12 months prior to the date of data extraction. Denominator at each time point is the number of patients with hypertension. <sup>†</sup>Patients with coronary heart disease with a current General Practitioner Management Plan performed within 12 months prior to the date of data extraction. Denominator for each time point corresponds to the number for coronary heart disease in the disease registers section of table 2.

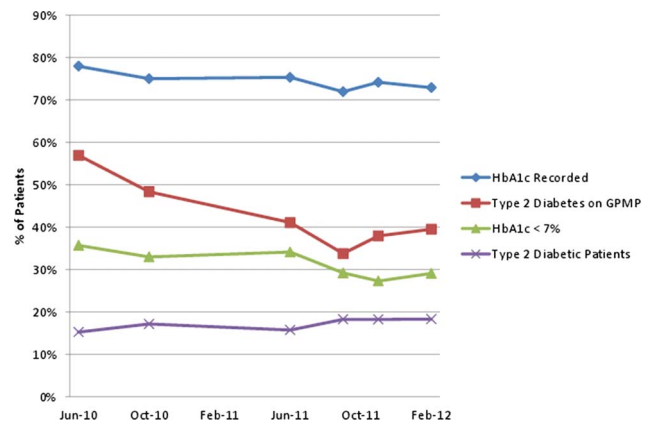
within 12 months of the report date and 81.2% (72.4, 85.3) had been prescribed ACE inhibitors or Angiotensin II receptor blockers. Of 1079 patients with Chronic Heart Disease, 24.8% (10.9, 45.1) had a current GPMP (Medicare Item 721) in place.

### Diabetes management

Figure 4 shows aggregated data for the care of patients with diabetes mellitus type 2. The completion of HbA1c testing in all diagnosed patients with diabetes across the sites decreased across time, as did care planning and the proportion of well controlled patients—those with an glycated haemoglobin (HbA1c) <7%. The number of regular adult Aboriginal and Torres Strait Islander patients diagnosed with this disease rose across time to 2489/13 630 (18.3%—17.7, 19) in October 2011. For these patients, 1791 (72%—70.2, 73.8) had their HbA1c checked within the past 6 months, 523 (29.2%—27.1, 31.3) had an HbA1c of less than 7% and 808 (32.5%—30.7, 31.3) had a current GP management plan in place.

### Variation between services

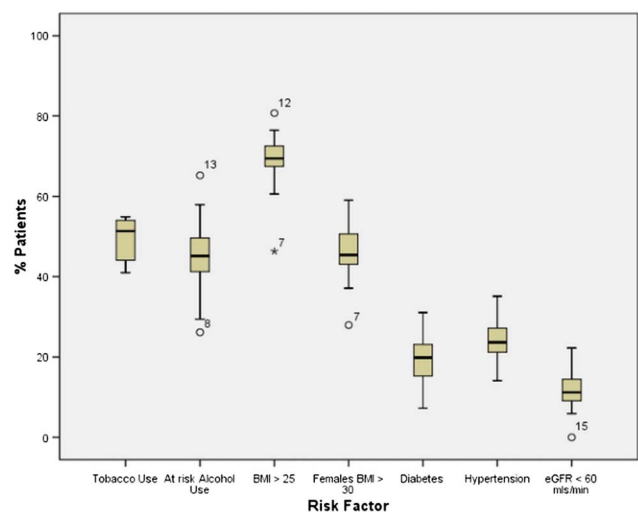
The prevalence of key risk factors or chronic diseases varies across services, with the variation being greatest for at-risk alcohol use across the 18 participating clinics in October 2011 (figure 5). Variation in the clinical team performance between services was greatest for care planning and health check activity (figure 6).



**Figure 4** Management of regular Aboriginal and Torres Strait Islander adults with diagnosed diabetes mellitus type 2\* attending participating health services in Queensland between February 2010 and February 2012—proportion of patients with recorded care activity. \*Diabetes mellitus type 2 patients: the number of patients with DM Type 2 at each time point is in the disease registers section of table 2. Glycated haemoglobin (HbA1c) recorded: proportion of diabetes mellitus type 2 patients with a HbA1c recorded in past 12 months—data extracted from pathology results. HbA1c <7%: denominator is patients with a recorded HbA1c. GPMP: proportion of diabetes mellitus type 2 patients with a General Practitioner Management Plan (Medicare Item 721), performed within 1 year of the date of data extraction).

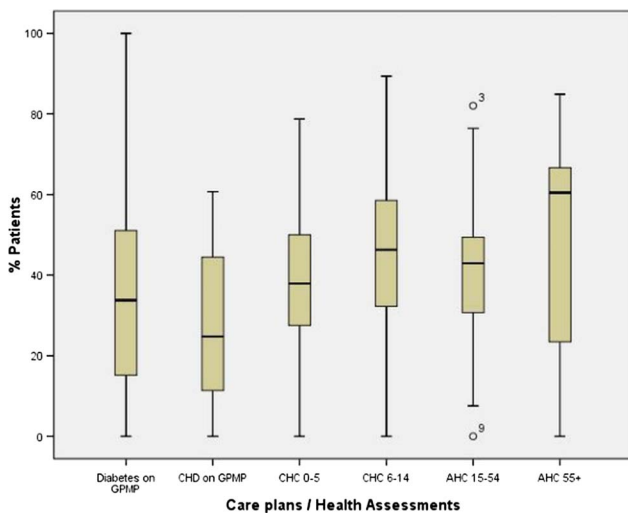
## DISCUSSION

Participating health services in Queensland are now able to systematically collect data which enable them to monitor performance, access and workloads. This is a



**Figure 5** Prevalence of key health status determinants by recorded diagnosis in 13 630 regular Aboriginal and Torres Strait Islander adults attending 18 participating health services in Queensland, April–September 2011. Note: Tobacco use is self-reported daily smoking; at-risk alcohol use is self-reported ever daily alcohol intake of greater than two drinks; BMI, body mass index; eGFR, glomerular filtration rate is extracted from pathology results. Alcohol data: submission from 15 services in September 2011.





**Figure 6** Performance of health assessments and care planning for regular Aboriginal and Torres Strait Islander patients, across 17 participating health services in Queensland, April–September 2011. Note: GPMP, General Practitioner Management Plan (Medicare Item 721, performed within 1 year of the date of data extraction); CHD, chronic heart disease; CHC, child health check; AHC, adult health check (Medicare Item 715 performed within 2 years of the date of data extraction).

significant advance. These AICCHSs are completing a number of key clinical care activities in more than 80% of their regular patients. Completion of comprehensive health checks or assessments has increased over the past 2 years, in part driving the increased identification of patients with diabetes and hypertension. This suggests that health system performance in these services has improved, which should translate to improved health outcome.

The data indicate that performance on the clinical best practice aspects of care is remarkably consistent across the services despite their differing characteristics, with screening gaps of 15–30%. BP was recorded for over 85% of all adult patients seen, similarly recording of tobacco use, with alcohol use recorded in at least 70% of patients over the 2-year period. Conversely, waist circumference is recorded in one in six women only, despite the data showing one in two women having a BMI of over 30 and recording of renal function was low. These differences in performance are not likely to reflect improvements in data entry alone and may reflect the nature of the clinical activities themselves. Although each clinical activity can be conducted by individual clinicians, which might be expected to increase the likelihood of change, the impacting factors vary, reflecting confronting clinical tasks, knowledge of best practice guidelines and limitations of EMRs. Consequently, interventions to improve performance will vary for each indicator and may include the need to educate patients about the value of such interventions, to increase demand and clinician confidence in delivery.

These data may be useful in setting targets in future; however, it could be argued that mandated monitoring of performance should not be introduced until all levers in care delivery systems are harnessed.

In contrast, the performance on the care planning and biannual health assessment activity, the capture of which is dependent on billing, and the delivery on well-coordinated teamwork shows more variation. While the completion of comprehensive health assessments rose over the 2 years to 50% better in all age groups, care planning may not have kept pace with the increased identification of people with hypertension and diabetes. Many factors are known to influence the provision of preventative care in primary healthcare settings including practice size, available workforce, competing time pressures for both staff and patients, limited referral options, lack of supportive organisational infrastructure, lack of incentives and training.<sup>10–12</sup> Many of these factors are relevant to AICCHSs, difficult to quantify and are likely to partly explain the variation between practices in performance data. Thus, interventions to improve performance here may require service level strategies for strengthening administration and reviewing workflows together with policy changes to support teamwork through articulation of roles and changed scope of practice to facilitate the delivery of collaborative team care.

Since the initial work in 2007,<sup>13</sup> these data suggest some improvement over the past 4 years. The screening and prescribing gaps for risk factors and hypertension are also consistent with the published data from research projects in both the Aboriginal setting and mainstream general practice.<sup>14 15</sup> It is difficult to compare across sectors, states and with recent data—however, the delivery of health checks by these AICCHS compares favourably with that of services participating in the Healthy for Life (HFL) programme<sup>16</sup> as well as with those in mainstream general practice.<sup>17</sup> In 2007, 19 services participating in the HFL programme reported on care planning—419 of 3415 (12%) regular Indigenous adult clients with Type II diabetes had a current GPMP, compared with 34% for these QAIHC services; similarly, 165 of 1546 (10.7%) Indigenous adults with coronary heart disease had a current GPMP compared with 24.8% in this study. Work in the Australian Capital Territory found that 156 adult Health Assessments were conducted between 2004 and 2008 by all primary healthcare services, a coverage of 7% of the eligible population<sup>17</sup> compared with 42% in this study, suggesting that the AICCHS sector may be outperforming the mainstream general practice in the care of the Aboriginal and Torres Strait Islander patients. The challenge now is to sustain this system and to continue to act on such data, which is predicated on having the appropriate time and resources in our peak bodies to support the Aboriginal and Islander health services.

Currently, there are no well-considered standards for performance or weighting models to enable comparison

## Prevention and management of chronic disease

between services and sectors in Australian primary healthcare. Measurement and data collection inevitably lead to comparison and interpretation despite the impact of a multitude of factors in the service environment that may influence change, the ever changing data denominators and lack of controlled rigour in data collection. Unlike pay for performance systems in which participation is mandated and gaming of results is not uncommon,<sup>18</sup> this system has evolved in a safe environment where questions about what the data mean and comparison of organisations can be given due consideration in a complex context both at the service and state levels. However, supporting a robust comparison of services cannot be done without a consideration of the variety of factors that impact on performance data at the service level. Any efforts to publish or reward performance must be accompanied by the development of appropriate measures that prevent unfair comparisons between services that operate in very different contexts. Models need to encompass factors that could be expected to drive significant variation between these primary healthcare services—size, location, staffing composition, and funding, demographic and socioeconomic bases. There are a number of additional factors that might also be considered particularly in interpreting performance for care planning and health checks (box 1). Given this context, a pay for performance system may be a blunt, inequitable instrument for driving improvement in Aboriginal primary healthcare, where state affiliates such as QAIHC are better placed to support services in their efforts to improve the planning and quality of the healthcare they deliver.

These observations are important in the context of the evolving NHPA which has recently released some

potential indicators for the primary healthcare sector. A number of them are similar to those presented here—for example, those related to care planning.<sup>19</sup> Experience from the UK suggests the need for caution to avoid a number of adverse consequences when payment is linked to performance. Particularly relevant to a scaled-up national system, and similar to the system QAIHC has implemented, are concerns that were clearly outlined in a recent paper. These included measurement fixation, tunnel vision, quantification privileging, increasing inequity and politicisation of performance.<sup>18</sup> Sensitive, careful interpretation of the variation in performance at the individual service level and comparison of performance between services over time are essential for both planning health service delivery and action to support improvement at the local, regional and state levels.

Finally, the data also demonstrate the depth of workforce needed by all services to assist in major lifestyle change. The high prevalence of smoking, obesity diabetes and hypertension are consistent across all services; the prevalence for tobacco and at-risk alcohol use, resulting in much higher than the workloads faced by mainstream general practice in Australia.<sup>20</sup> This is vital information for the prevention and planning of future service delivery by the sector.

An additional strength of the data is its immediacy and robustness—it is ‘live’, ‘real world’ data for nearly one in six Aboriginal and Torres Strait Islanders in Queensland. There will be some patients using more than one service; however, this duplication is quite likely to have had a small impact, given that the data collected are for whole service populations, not smaller, manually audited samples. For QAIHC monitoring, these real-time data can alert one to emerging or early trends in risk factors and chronic diseases. This is important in the context of the recent CtG investments and should, in time, enable QAIHC to better support its workforce, including the new Indigenous tobacco workforce.<sup>21</sup>

### Box 1

Possible explanatory factors for interservice variation

1. Clinical activities versus EPC items:
  - ▶ One person activity versus team activity
2. Interservice variation
  - ▶ SEIFA, community size and percentage of indigenous people in catchment
  - ▶ ICAC or SAT scores? available
  - ▶ Staffing/workforce
    - Senior medical officer
    - turnover
    - Ratio of doctors to patients—workload per clinician
  - ▶ Use data platforms
    - Pen CAT usage or similar
    - APCC portal usage
    - Use of Plan Do Study Act cycles
  - ▶ CQI programme/collaborative
  - ▶ Incentives
    - Staff—flat salaries or incentives
    - Patients
    - Staff and patients

### CONCLUSION

Participating Aboriginal Medical Services in Queensland are now able to systematically collect performance data, which demonstrate what they do in terms of patient access and delivery on key care activity. The performance on some of the clinical best practice aspects of care is remarkably consistent across the services despite their differing characteristics, and appears to have improved in recent years. The limited information available suggests that performance in the AICCHS sector on some key care activities is at a higher level than for mainstream general practice providers. It is consistently higher for single clinician care activities such as BP measurement across all services than for team-based activities, where there is much greater variation in the completion of health checks and care plans.

Setting targets to support improvement needs a careful consideration of the factors underlying different

clinical activities and it is conceivable that many of these will be related to circumstances beyond the immediate control of the health service such as remoteness and disadvantage. The work demonstrates the role the Community Control sector can play in using data to close the gap in Aboriginal and Torres Strait Islander health—there is real value in further investing in CQI programmes with these services.

#### Author affiliations

<sup>1</sup>Preventative Health Unit, Queensland Aboriginal and Islander Health Council, Brisbane, Queensland, Australia

<sup>2</sup>Australian Primary Health Care Research Institute, ANU, Canberra, Australian Capital Territory, Australia

<sup>3</sup>Institute for Urban Indigenous Health, Brisbane, Queensland, Australia

<sup>4</sup>Mulungu Corporation for Medical Corporation, Mareeba, Queensland, Australia

<sup>5</sup>Apunipima Cape York Health Council, Cairns, Queensland, Australia

<sup>6</sup>Australian Health Services Research Institute, University of Wollongong, Wollongong, New South Wales, Australia

**Contributors** KSP, SB and AC conceived the idea for the study and were responsible for the study design. The initial draft of the manuscript was prepared by KSP and then circulated repeatedly among all authors for critical revision. KSP, DL and AD were responsible for undertaking the data analysis and produced the tables and graphs. KLG contributed to the interpretation of the results and drafted sections of the manuscript. IR and MW contributed to the interpretation of the results and provided comments on the manuscript. SB, AC, RS, GW, DB, JM and MW were responsible for implementing and maintaining the project and leading the acquisition of the data. All authors read and approved the final manuscript.

**Funding** Office of Aboriginal and Torres Strait Islander Health, Department of Health and Ageing, Canberra, ACT, Australia.

**Competing interests** None.

**Ethics approval** This study was conducted as part of a Quality improvement programme. The quality improvement programme and implementation of the health information system has been fully supported by the member-elected QAIHC Board and member services. Participation is voluntary. All participating services have Australian General Practice Accreditation and patients are advised of ongoing quality assurance activity in the services. QAIHC has data management agreements in place with all participating member services and its partners. All participating services have standard agreements with the Improvement Foundation. All data are held securely at QAIHC in a password protected data repository. A copy of the data extraction is retained by the AICCHS. The services are coded and de-identified. All presentation of data outside of a service is de-identified.

**Provenance and peer review** Not commissioned; externally peer reviewed.

**Data sharing statement** This article publishes a small subset of data collected by the QAIHC Close the Gap Quality Improvement Collaborative as part of its ongoing work with member services. The complete dataset is held by QAIHC which has data management agreements in place with all participating member services and their partners. All participating services have standard agreements with the Improvement Foundation. These agreements restrict data use.

#### REFERENCES

1. Australian Health Ministers' Advisory Council. *Aboriginal and Torres Strait Islander health performance framework 2012 report*. Canberra: AHMAC, 2012.
2. Vos T, Barker B, Stanley L, *et al*. *Burden of disease and injury in the Aboriginal and Torres Strait Islander peoples 2003*. Centre for Burden of Disease and Cost-Effectiveness School of Population Health, The University of Queensland, 2007 Brisbane, Australia.
3. Department of Health & Ageing. *Closing the gap. Tackling indigenous chronic disease—the Australian Government's indigenous chronic disease package*. Commonwealth of Australia, 2009 Canberra, ACT, Australia. <http://www.health.gov.au/internet/ctg/publishing.nsf/Content/home-1> (accessed Jul 2012)
4. Queensland Aboriginal and Islander Health Council. *QAIHC Closing the Gap Collaborative. Quality Improvement in primary health care services for Aboriginal and Torres Strait Islander people in Queensland*. Brisbane, 2011 QAIHC, Brisbane, Qld, Australia.
5. National Health Performance Authority. *National Health Reform. Performance and accountability framework*. Canberra, 2011. NHPA, Sydney, NSW, Australia. <http://nhpa.gov.au/internet/nhpa/publishing.nsf/Content/perfaccountframe-lp>. (accessed Apr 2013)
6. Bailie R, Sibthorpe B, Gardner K, *et al*. Quality improvement in Indigenous primary health care: History, current initiatives and future directions. *Aust J Prim Health* 2008;14:53–7.
7. Dwyer J, Lavoie J, O'Donnell K, *et al*. *The overburden report: contracting for Indigenous health services*. Darwin: Flinders University and Cooperative Research Centre for Aboriginal Health, 2009.
8. Australian Bureau of Statistics. *Population distribution, Aboriginal and Torres Strait Islander Australians*. Canberra: ABS, 2006, bk2007.
9. QAIHC. *Core performance indicators. Version 2. Updated September 2010*. Brisbane: Queensland Aboriginal and Islander Health Council, 2010.
10. Harris M. *The role of primary health care in preventing the onset of chronic disease, with a particular focus on the lifestyle risk factors of obesity, tobacco and alcohol*. Sydney: UNSW, 2008.
11. Van den Hombergh P, Engels Y, Van den Hoogen H, *et al*. Saying "goodbye" to single handed practices; what do patients and staff lose or gain? *Fam Pract* 2005;22:20–7.
12. Saultz J, Lochner J. Interpersonal continuity of care and care outcomes: a critical review. *Ann Fam Med* 2005;3:159–66.
13. Panaretto K, Coutts J, Johnson L, *et al*. Evaluating performance of and organisational capacity to deliver brief interventions in Aboriginal and Torres Strait Islander medical services. *Aust N Z J Public Health* 2010;34:38–44.
14. Peiris DP, Patel AA, Cass A, *et al*. Cardiovascular disease risk management for Aboriginal and Torres Strait Islander peoples in primary health care settings: findings from the Kanyini Audit. *Med J Aust* 2009;191:304–9.
15. Webster RJ, Heeley EL, Peiris DP, *et al*. Gaps in cardiovascular disease risk management in Australian general practice. *Med J Aust* 2009;191:324–9.
16. Australian Institute of Health and Welfare. *Office of Aboriginal and Torres Strait Islander Health Service development and activity reporting framework*. Canberra: AIHW, 2008.
17. Kehoe H, Lovett R. Aboriginal and Torres Strait Islander health assessments: barriers to improving uptake. *Aust Fam Phys* 2008;37:1033–8.
18. Mannion R, Braithwaite J. Unintended consequences of performance measurement in healthcare: 20 salutary lessons from the English National Health Service. *Intern Med J* 2012;42:569–74.
19. Australian Commission on Quality and Safety in Health Care. Draft national set of practice-level indicators of safety and quality for primary health care. 2012 Sydney, NSW, Australia. <http://www.safetyandquality.gov.au/our-work/information-strategy/indicators/practice-level-indicators-of-safety-and-quality-for-primary-health-care/> (accessed Apr 2013)
20. Britt H, Miller G, Charles J, *et al*. *General practice activity in Australia 2000–01 to 2009–10: 10 year data tables. BEACH Bettering the Evaluation and Care of Health*. University of Sydney and the Australian Institute of Health and Welfare, 2010. GP Series no. 28. Cat no. GEP 28. AIHW, Canberra, ACT, Australia. Department of Health & Ageing. *Closing the gap. Tackling Indigenous chronic disease. National action to reduce Indigenous smoking rate*. Commonwealth of Australia, 2009 Canberra, Act, Australia. <http://www.health.gov.au/internet/ctg/publishing.nsf/Content/national-action-to-reduce-indigenous-smoking-rate> (accessed Jul 2012)
22. Vos T, Carter R, Barendregt J, *et al*. *Assessing cost effectiveness in prevention (ACE-prevention): final report*. Brisbane and Melbourne: University of Queensland and Deakin University, 2010.
23. Royal Australian College of General Practitioners. *Guidelines for preventative activities in general practice*. South Melbourne, Victoria: RACGP, 2009.
24. Diabetes Australia. Practitioners RACoG. *Diabetes management in general practice 2009*. South Melbourne, Victoria, 2009/2010. <http://www.diabetesaustralia.com.au/PageFiles/763/Diabetes%20Management%20in%20GP%2009.pdf>. (accessed Apr 2013)
25. National Heart Foundation of Australia. *Guide to management of hypertension 2008. Updated December 2010*. National Blood

## Prevention and management of chronic disease

- Pressure and Vascular Disease Advisory Committee, 2008  
Canberra, ACT, Australia. [http://www.heartfoundation.org.au/SiteCollectionDocuments/A\\_Hypert\\_Guidelines2008\\_2010Update\\_FINALpdf](http://www.heartfoundation.org.au/SiteCollectionDocuments/A_Hypert_Guidelines2008_2010Update_FINALpdf) (accessed 10 Feb 2011).
26. Kidney Australia. *Chronic Kidney Disease (CKD) management in general practice 2007*. South Melbourne, Victoria: RACGP, 2007. <http://www.kidney.org.au/LinkClick.aspx?fileticket=SuVryq7s8wA=&tabid=635&mid=1584> (accessed 10 Feb 2011)
27. Safe Motherhood. *Improve the quality of maternal health services*. Geneva, Switzerland: World Health Organisation, 1998.
28. World Health Organisation. *Packages of interventions for family planning, safe abortion care*. Geneva: Maternal, Newborn and Child Health, 2010.
29. Health and Hospitals Reform Commission. *Beyond the blame game: accountability and performance benchmarks for the next Australian Health Care Agreements*. Woden Canberra: HHRC, 2008.

## Correction

---

Panaretto KS, Gardner KL, Button S, *et al.* Prevention and management of chronic disease in Aboriginal and Islander Community Controlled Health Services in Queensland: a quality improvement study assessing change in selected clinical performance indicators over time in a cohort of services. *BMJ Open* 2013;**3**:e002083. An author, D Leon, was omitted from the paper in the original version. The order of authors was also incorrect. The correct list of authors is as follows:

K S Panaretto,<sup>1</sup> K L Gardner,<sup>2</sup> S Button,<sup>1</sup> A Carson,<sup>3</sup> D Leon,<sup>1</sup> R Schibasaki,<sup>1</sup> G Wason,<sup>4</sup> D Baker,<sup>4</sup> J Mein,<sup>5</sup> A Dellit,<sup>1</sup> M Wenitong,<sup>5</sup> D Lewis,<sup>1</sup> I Ring<sup>6</sup>

As a result of this addition, the contributor statement has been revised:

**Contributors** AC, KSP, DL and DL led the development of the QAIHC Health information infrastructure. KSP, SB, DL and AC conceived the idea of the study and was responsible for study design. The initial draft of the manuscript was prepared by KSP and then circulated repeatedly among all authors for critical revision. KSP, DL, AD were responsible for undertaking the data analysis and produced the tables and graphs. KLG contributed to the interpretation of the results and drafted sections of the manuscript. IR, DL and MW contributed to interpretation of results and provided comments on the manuscript. SB, AC, DL, RS, GW, DB, JM, DL and MW were responsible for implementing and maintaining the project and leading the acquisition of the data. All authors read and approved the final manuscript.

*BMJ Open* 2013;**3**:e002083corr1. doi:10.1136/bmjopen-2012-002083corr1





# Prevention and management of chronic disease in Aboriginal and Islander Community Controlled Health Services in Queensland: a quality improvement study assessing change in selected clinical performance indicators over time in a cohort of services

K S Panaretto, K L Gardner, S Button, et al.

*BMJ Open* 2013 3:

doi: [10.1136/bmjopen-2012-002083](https://doi.org/10.1136/bmjopen-2012-002083)

---

Updated information and services can be found at:  
<http://bmjopen.bmj.com/content/3/4/e002083.full.html>

---

*These include:*

**Data Supplement**

*"Supplementary Data"*

<http://bmjopen.bmj.com/content/suppl/2013/04/11/bmjopen-2012-002083.DC1.html>

**References**

This article cites 8 articles, 2 of which can be accessed free at:

<http://bmjopen.bmj.com/content/3/4/e002083.full.html#ref-list-1>

**Open Access**

This is an open-access article distributed under the terms of the Creative Commons Attribution Non-commercial License, which permits use, distribution, and reproduction in any medium, provided the original work is properly cited, the use is non commercial and is otherwise in compliance with the license. See:

<http://creativecommons.org/licenses/by-nc/3.0/> and

<http://creativecommons.org/licenses/by-nc/3.0/legalcode>

**Email alerting service**

Receive free email alerts when new articles cite this article. Sign up in the box at the top right corner of the online article.

---

**Topic Collections**

Articles on similar topics can be found in the following collections

[Health services research](#) (243 articles)

---

To request permissions go to:

<http://group.bmj.com/group/rights-licensing/permissions>

To order reprints go to:

<http://journals.bmj.com/cgi/reprintform>

To subscribe to BMJ go to:

<http://group.bmj.com/subscribe/>

## Notes

---

To request permissions go to:  
<http://group.bmj.com/group/rights-licensing/permissions>

To order reprints go to:  
<http://journals.bmj.com/cgi/reprintform>

To subscribe to BMJ go to:  
<http://group.bmj.com/subscribe/>