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2008

### Utilizing a national benchmarking database for rehabilitation services to explore injury rehabilitation in Australia

C. Poulos

*University of Wollongong*, [chrisp@uow.edu.au](mailto:chrisp@uow.edu.au)

F. Simmonds

*University of Wollongong*, [frances@uow.edu.au](mailto:frances@uow.edu.au)

Kathy Eagar

*University of Wollongong*, [keagar@uow.edu.au](mailto:keagar@uow.edu.au)

R. Poulos

*University of New South Wales*

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# Utilizing a national benchmarking database for rehabilitation services to explore injury rehabilitation in Australia

- Christopher Poulos<sup>1</sup>
- Frances Simmonds<sup>1</sup>
- Kathy Eagar<sup>1</sup>
- Roslyn Poulos<sup>\*2</sup>

1. University of Wollongong, Australia
2. University of NSW, Australia

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# Outline

1. Australian Health Care system
  2. Rehabilitation following injury
  3. Rehabilitation outcomes
    - Australasian Rehabilitation Outcomes Centre
  4. Rehabilitation funding
    - Sub-acute and Non-acute Patient Classification system
  5. Injury Rehabilitation data
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# 1. Australian Health Care System

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# The Australian Health Care System

## - in a nutshell



- Universal coverage (Medicare)
    - Medical provision
    - Hospital provision
    - Some allied health
    - Subsidized pharmaceuticals
  - Universal coverage includes rehabilitation
  - Separate State based schemes for support following catastrophic motor vehicle injury
  - Mix of public and private provision (and private health insurance)
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## **2. Rehabilitation following injury**

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# What is rehabilitation following injury?

- Rehabilitation is about providing people with loss of function or ability due to injury with the highest level of independence possible. Dimensions include:
    - Physical
    - Psychological
    - Social
    - Economic
  - It is achieved through a combined and coordinated use of medical, nursing and allied health services, and assistive devices when needed.
  - It involves individual assessment, treatment, regular review, discharge planning, community reintegration and follow-up.
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# Principles of rehabilitation following injury

- Rehabilitation should start early.
    - Often while the person is in acute care
  - Prevent secondary complications
    - Pressure areas
    - Contractures
    - Venous thromboembolic events
    - Disuse and atrophy
    - Deconditioning
    - Depression
    - Dependence
  - Multidisciplinary
  - Sufficient intensity
  - Goal orientated
-



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## **3. Rehabilitation outcomes**

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# Australasian Rehabilitation Outcomes Centre - AROC

- Established 2002
  - Objective is to collect standardized data for every rehabilitation episode of care in Australia (and New Zealand)
  - Purpose is for National Benchmarking of outcomes
  - Multiple stakeholders
    - Public and private providers
    - Government
    - Insurers
    - Professional bodies
  - Over 90% of inpatient facilities currently submit data
  - Biannual reports to member facilities
-

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# AROC Annual Reports

- **The AROC Annual Report: the state of rehabilitation in Australia 2005.** Frances Simmonds; Tara Stevermuer.  
*Australian Health Review*; Apr 2007; 31 Suppl 1:S31-S53
  - **The AROC Annual Report: the state of rehabilitation in Australia 2006.** Frances Simmonds; Tara Stevermuer.  
*Australian Health Review*; To be published soon!!
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# AROC dataset includes:

- Demographics
  - Impairment
  - Functional Independence Measure (FIM)
    - Admission
    - Discharge
    - Change
    - Efficiency (change/Length of stay)
  - Length of stay
  - Date of acute onset
  - Co-morbidities, complications, interruptions
  - Discharge destination
  - Impairments due to trauma (from 2007)
  - Now 50,000 episodes per year
-

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# Functional Independence Measure (FIM)

- 18 items (7 point ordinal scale)
    - 13 motor
    - 5 cognitive
  - Individual's ability to carry out an activity independently, versus the need for assistance from another person or device.
  - Score reflects actual, observed, performance.
  - Must be collected within 72 hours of rehabilitation admission and within 72 hours before discharge.
-

# Functional Independence Measure (FIM) items

## MOTOR

Eating
Grooming
Bathing
Dressing Upper Body
Dressing Lower Body
Toileting
Bladder Management
Bowel Management
Transfers- Bed/Chair/Wheelchair
Transfer –Toilet
Transfers- Bath/shower
Walk/Wheelchair
Stairs

## COGNITIVE

Comprehension
Expression
Social Interaction
Problem Solving
Memory

## SCORING

<u>FIM SCORES</u>
No Helper
7= Complete Independence
6= Modified Independence
Helper
5=Supervision or set up
4=Minimal Assistance
3= Moderate assistance
2=Maximal Assistance
1=Total Assistance

University of Wollongong - GSB - Centre for Health Service Development - Windows Internet Explorer

http://chsd.uow.edu.au/ **CHSD**

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Centre for Health Service Development (CHSD)

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- What is CHSD?
- Where is CHSD?
- Contacting CHSD
- Who's Who in CHSD
- Annual Reports

**CHSD Programs**

- Australasian Rehabilitation Outcomes Centre
- Australian Health Outcomes Collaboration
- Palliative Care Outcomes Collaboration
- Australia and New Zealand Health Assessment Methods Network
- Australasian Occupational Science Centre
- Health and Productivity Research Centre

**CHSD Research**

- Research Themes and Content Area
- Contract Research and Development Projects
- Screening and Assessment Tools
- Caring Communities Program
- Palliative Care Research **NEW**
- Community Care Assessment Project
- Care Planning Program **NEW**
- Publications

**Other Links**

- Links to related websites
- SNAPSHOT
- SNAP Report
- Glossary/Acronyms
- Australian Association of Gerontology (NSW Division) Regional Conference, co-sponsored by CHSD **NEW**

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**AROC link**

**AROC is based at University of Wollongong**

University of Wollongong  
Wollongong NSW 2522 Australia  
Telephone +61 2 4221 3555

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EXCELLENCE INNOVATION DIVERSITY

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### About AROC

- What is AROC?
- AROC Membership
- AROC Inpatient Clinical Data Set
- Guidelines for submission of data
- Presentations, posters & publications
- AROC governance
- AROC staff
- [Annual AROC report](#)

- \* **AROC Version 3 data set**
- \* **New Australian Impairment Codes**
- \* **Guidelines for coding impairments**
- \* **AROC version 2 AN-SNAP 06/07 Benchmarks**

### About FIM™

- What is the FIM™ instrument
- How to go about using the FIM™ instrument
- Training
- Credentialing
- Upcoming workshops
- Resources
- Frequently asked questions (FAQ) - clinical/administrative
- Published FIM™ research articles

### AROC Online Services

- What is AROC Online Services (AOS)?
- **Login to AOS**
- AOS User Guide
- AOS Login application form
- How to sit the FIM™ Online Exam
- FIM™ Online Exam

### Data Matters

- Most recent newsletter
- All newsletters
- **Subscribe**

### Contact Details

- AROC contact details
- FIM contact details
- Where is AROC

### Links

- AFRM
- CHSD
- SNAPshot

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- **Dataset**
- **Impairment codes**
- **Guidelines**
- **FIM**
- **AN-SNAP**

University of Wollongong  
Wollongong NSW 2522 Australia  
Telephone +61 2 4221 3555

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# Injury-specific impairments in the 2002 – 2006 AROC dataset

- Traumatic brain injury
    - Open, closed, other
  - Traumatic spinal cord dysfunction
    - Paraplegia (incomplete, complete)
    - Quadriplegia C1-4 (incomplete, complete)
    - Quadriplegia C5-8 (incomplete, complete)
  - Fracture
    - Hip (unilateral, bilateral)
    - Femur
    - Pelvis
  - Burns
  - Major multiple trauma
    - Brain + Spinal cord injury
    - Brain + Multiple Fracture/Amputation
    - Spinal cord + Multiple Fracture/Amputation
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# AROC dataset from July 2007

- More information on trauma / injury
    - Specific question about trauma as the cause of impairment
    - Enhanced detail in fracture impairments
-

# Trauma to be included in the AROC dataset from July 2007

## AROC v3 DATA COLLECTION FORM

DOB \_\_\_ / \_\_\_ / \_\_\_

Name \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

P Code \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Episode Begin Date \_\_\_\_\_  
(dd/mm/yyyy)

First Admission for this Impairment

- 1. Yes
- 2. No

Current Impairment Result of Trauma ?

- 1. Yes
- 2. No



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# AROC 2007 Enhanced detail in 'Fracture' impairment codes

## ORTHOPAEDIC CONDITIONS

- **Fracture** (includes dislocation, excludes neurological involvement)
    - 8.111 Fracture of hip, unilateral (includes #NOF)
    - 8.112 Fracture of hip, bilateral (includes #NOF)
    - 8.12 Fracture of shaft of femur (excludes femur involving knee joint)
    - 8.13 Fracture of pelvis
    - 8.141 Fracture of knee (includes patella, femur involving knee joint, tibia or fibula involving knee joint)
    - 8.142 Fracture of lower leg, ankle, foot
    - 8.15 Fracture of upper limb (includes hand, fingers, wrist, forearm, arm, shoulder)
    - 8.16 Fracture of spine (excludes where the major disorder is pain)
    - 8.17 Fracture of multiple sites (multiple bones of same lower limb, both lower limbs, lower with upper limb, lower limb with rib or sternum. Excludes with brain injury or with spinal cord injury)
    - 8.19 Other orthopaedic fracture (includes jaw, face, rib, orbit or sites not elsewhere classified)
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## 4. Rehabilitation funding

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# AN-SNAP classification system

- *Australian Sub-acute and Non-acute Patient casemix classification system.*
    - Version 1 developed in 1996
    - Diagnosis is not the major determinant of cost in rehabilitation
    - Diagnosis Related Groups in the acute setting
  - Five case types
    - Rehabilitation
    - Palliative Care
    - Psychogeriatric
    - Geriatric evaluation and management
    - Maintenance
  - Rehabilitation classes are based on impairment, function and +/- age
    - Not based on aetiology of impairment such as injury
-

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# AN-SNAP funding model

- Blended payment model
    - Episode payment
    - Per diem amount
    - Rules around short stay and long stay outliers
  - Also based on cost weights
  - Version 1 had 32 inpatient Rehabilitation Classes
  - Version 2 released in 2007
-

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# Examples of AN-SNAP classes and cost weights

	<b>AN-SNAP CLASS</b>	<b>COST WEIGHT</b>
	S2-202 Brain,Neuro,Spine & MMT,FIM 13	6.6705
*	S2-227 Orthpaed Conds, Fractures, Mot 58-91	0.9326
*	S2-228 Orthpaed Conds, Fractures, Mot 48-57	1.4265
*	S2-229 Orthpaed Conds, Fractures, Mot 14-47, Cog19-35	1.7703
*	S2-230 Orthpaed Conds, Fractures, Mot 14-47, Cog 5-18	1.3765
*	S2-238 Major Multiple Trauma, FIMtotal 101-126	0.91
*	S2-239 Major Multiple Trauma, FIMtotal 74-100	1.3959
*	S2-240 Major Multiple Trauma, FIMtotal 44-73	1.7396
*	S2-241 Major Multiple Trauma, FIMtotal 19-43	5.761

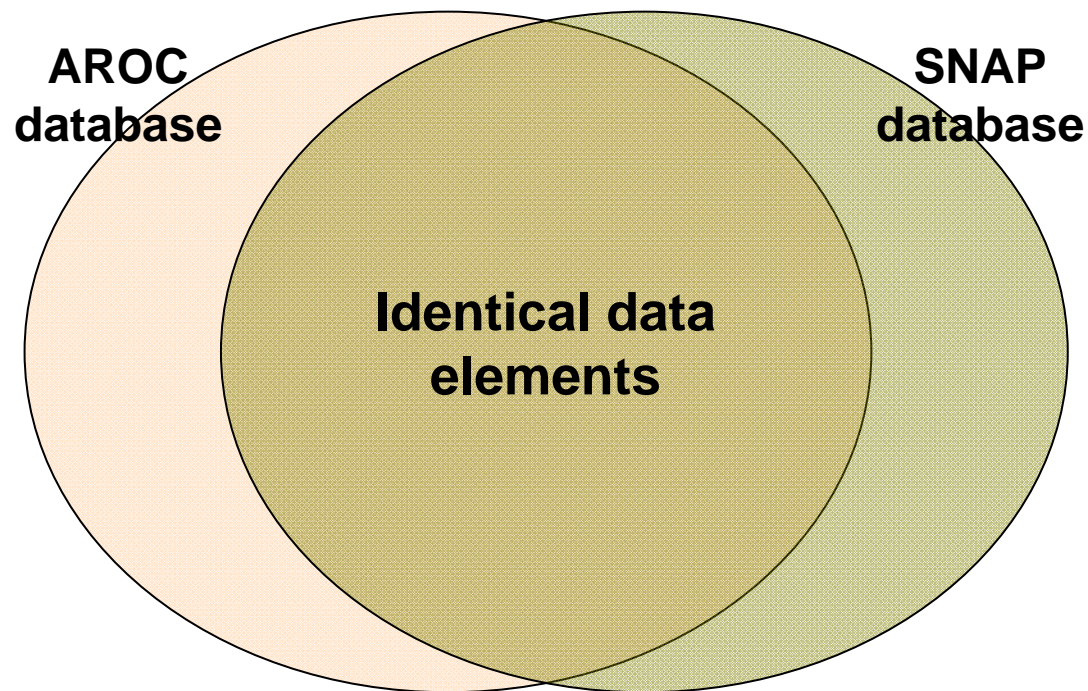
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# How is the data collected?

- One database to collect AROC and SNAP data
- Many data elements identical
- Collected at each facility and uploaded (in NSW)



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## 5. Injury rehabilitation data

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# AROC 2006 data

- Total episodes reported 48836
  - **Injury represented a minimum of 6695 episodes (13.7%)**
  - Limitations of the data system precluded the identification of injury as the cause of the impairment for:
    - Amputation
    - Pain syndromes
    - Orthopaedic - joint replacements
    - Orthopaedic - other
    - Debility
  - New item will remedy this problem from 2007
  - **Injury probably represents 15 – 20% plus of inpatient Australian rehabilitation episodes**
  - Database of domiciliary rehabilitation remains in its infancy
-

# Traumatic paraplegia

	<b>Incomplete lesion</b>	<b>Complete lesion</b>
Female	30%	14%
Male	70%	86%
Age (mean)	48	36
Adm FIM (mean)	80	76
Length of stay	47	65
FIM improvement	31	21
FIM Efficiency	0.7	0.3

# Traumatic Quadriplegia C1-4

	<b>Incomplete lesion</b>	<b>Complete lesion</b>
Female	8%	0%
Male	92%	100%
Age (mean)	39	39
Adm FIM (mean)	77	56
Length of stay	52	59
FIM improvement	13	8
FIM Efficiency	0.2	0.1

# Hip, femur and pelvic fractures

	<b>Hip, femur, pelvic fractures</b>
Female	72%
Male	28%
Age (mean)	79.5
Adm FIM (mean)	83
Length of stay	23
FIM improvement	18.5
FIM Efficiency	0.8

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# Why?

- Uniform rehabilitation data across the country
  - Detailed clinical outcomes and complications
  - Units can benchmark performance
  - Platform for research
  - Data linkage possible
    - Units own their own data
  - Clinical data and costing data
  
  - Time precludes exploring the actual data – see me if interested or consult the publications in Australian Health Review
-



Muchas  
gracias

Thank  
you