General synthesis of porous mixed metal oxide hollow spheres with enhanced supercapacitive properties

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General Synthesis of Porous Mixed Metal Oxide Hollow Spheres with Enhanced Supercapacitive Properties

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KEYWORDS: Mixed metal oxides, Porous hollow spheres, Ion adsorption-annealing process, Electrochemical properties, Supercapacitor

ABSTRACT: Porous mixed metal oxide (MMO) hollow spheres present high specific surface areas, abundant electrochemically active sites and outstanding electrochemical properties, showing potential applications in energy storage. A hydro/solvothermal process followed by a calcination process can be a viable method for producing uniform porous metal oxide hollow spheres. Unfortunately, this method usually involves harsh synthetic conditions such as high temperature and intricate processing. Herein, we report a general and facile “ion adsorption-
annealing” approach for the fabrication of uniform porous MMO hollow spheres. The size and shell thickness of the as-obtained hollow spheres can be adjusted by the carbohydrate sphere templates and the solution concentration. Electrochemical measurements of the MMO hollow spheres demonstrate excellent supercapacitive properties, which may be due to the small size, ultrathin shells and fine porous structure.

1. INTRODUCTION

Transition metal oxides have been considered to be promising electrode materials for energy storage devices such as electrochemical capacitors (ECs), fuel cells (FCs) and lithium ion batteries (LIBs). Among them, cobalt oxides exhibit outstanding anodic performance.\textsuperscript{1-4} Nevertheless they often suffer from high cost and toxicity, as well as poor conductivity. To solve these problems, much effort is being directed towards the fabrication of cheap and eco-friendly mixed metal oxides (MMOs) like ZnCo\textsubscript{2}O\textsubscript{4},\textsuperscript{5-7} NiFe\textsubscript{2}O\textsubscript{4},\textsuperscript{8-10} Zn\textsubscript{2}SnO\textsubscript{4} and ZnSnO\textsubscript{3}.\textsuperscript{11,12} Due to their complex chemical compositions, as well as the synergetic effects between two metals, MMO present higher electrochemical activity than their corresponding single metal oxides.\textsuperscript{13-16} Unfortunately, poor conductivity and structural collapse are still severe weakness that limit full electrochemical reactions, resulting in fast capacity decay. Many approaches, such as controlling nanostructures\textsuperscript{17-20} and synthesizing MMO/Ni substrates\textsuperscript{21-23} and MMO/carbon hybrids\textsuperscript{24-26} have been developed to further improve their electrochemical performance.

Hollow spheres, especially those with porous nanostructures, have attracted numerous research efforts in the energy storage field. Compared with the same-sized solid nanomaterials, hollow spheres deliver short ion diffusion paths, abundant active sites for reactions, and plentiful buffer space to accommodate volume changes during charge-discharge processes.\textsuperscript{27-29} In recent years, much effort has been directed towards exploring effective strategies for the fabrication of
porous hollow spheres. Using carbohydrate spheres (CSs) as hard templates has been a popular method to prepare hollow spheres because they are simple in preparation yet effective in morphology controlling.\textsuperscript{30,31} Zhang et al. prepared hollow mixed metal oxides with multiple shells by a “penetration-solidification-annealing” process.\textsuperscript{32} The solidification process was carried out at 170 °C by refluxing to obtain M-glycolate-CSs precursor. Tian et al. prepared hollow ZnO by a hydrothermal process to obtain Zn-CSs precursor and a following annealing process to obtain ZnO product.\textsuperscript{33} It should be noted that both the refluxing process and the hydrothermal process employed to obtain the M-CSs precursor suffer from high temperature and complicated processing. So, a facile and general strategy for fabricating porous MMO hollow spheres is highly desirable.

To solve this problem, we have developed a facile and general “ion adsorption-annealing” method which involves an ion adsorption process to prepare M-M-CSs precursor, combined with a subsequent calcination process to synthesize uniform porous MMO hollow spheres. In this method, the ion adsorption process was carried out at room temperature without any complex agents, precipitants, or surfactants, which makes it quite simple. Furthermore, the hollow structure, thin shell, and porosity endow the MMO samples with high specific surface area, good ion/electron transport properties, and volume buffer capability, which are all beneficial to the high discharge capacitance, excellent rate performance and long cycle life.

2. EXPERIMENTAL METHODS

2.1. Synthesis

The carbohydrate spheres template was prepared by the polymerization reaction of glucose under hydrothermal conditions at 180 °C for 10 h.
**Synthesis of porous ZnCo$_2$O$_4$ hollow spheres.** For the synthesis of porous ZnCo$_2$O$_4$ hollow spheres, 0.05 g of freshly-prepared CSs were dispersed into 50 ml of deionized water containing 0.04 mol of Co(NO$_3$)$_2$·6H$_2$O and 0.02 mol of Zn(NO$_3$)$_2$·6H$_2$O by sonication. After ultrasonic dispersion for 2 h, the resulting suspension was stirred for 12 h at 25 °C. Then, the Zn-Co-CSs precursor was obtained after filtration, washed with DI water and dried at 60 °C overnight. Finally, the precursor was heated in air at 450 °C for 2 h with a heating rate of 1 °C min$^{-1}$ to synthesize the porous ZnCo$_2$O$_4$ hollow spheres.

**Synthesis of porous NiFe$_2$O$_4$ hollow spheres.** 0.05 g of freshly-prepared CSs, 0.04 mol of Fe(NO$_3$)$_3$·9H$_2$O and 0.02 mol of Ni(NO$_3$)$_2$·6H$_2$O were used as the raw materials, while the other conditions were the same as the above procedure.

**Synthesis of porous ZnSnO$_3$ hollow spheres.** For the synthesis of porous ZnSnO$_3$ hollow spheres, 0.03 mol of SnCl$_4$·5H$_2$O and 0.03 mol of Zn(NO$_3$)$_2$·6H$_2$O were used as the sources of cations and absolute ethanol was used as the solvent, while the other conditions were the same as the preparation process of ZnCo$_2$O$_4$ and NiFe$_2$O$_4$.

2.2 Materials characterization

Crystallographic information of the as-prepared precursors and MMO products was obtained by powder X-ray diffraction (XRD) analysis using a Rigaku D/Max-2500 with Cu Kα radiation ($\lambda=0.15418$ nm). The morphologies and structures of the as-prepared MMO hollow spheres were investigated by scanning electron microscopy (SEM, JEOL JSM-6700F), transmission electron microscope (TEM) and high-resolution TEM (HRTEM, Tecnai G2 F20). The element analysis of the as-obtained samples was evaluated using an energy dispersive X-ray spectroscopy (EDS, Oxford ISIS300). Thermogravimetric analysis (TGA) of the as-prepared Zn-Co-CSs precursor was conducted in air up to 700 °C on a Q5000 thermal analyzer (TA Instruments). Nitrogen
adsorption-desorption isotherms of the MMO hollow spheres were carried out at 77 K on a Quantachrome Autosorb-IQ2 analyzer. Specific surface areas of the samples were measured by Brunauer-Emmett-Teller analysis.

2.3. Electrochemical measurements

The working electrodes were fabricated from viscous slurry containing active materials (80 wt%), acetylene black (10 wt%) and polyvinylidene fluoride (PVDF, 10 wt%) in N-methylpyrrolidinone (NMP). Then the obtained slurry was pasted onto 1 cm × 1 cm current collectors. The average loading mass was about 3 mg cm⁻². For electrochemical measurements, a three-electrode cell was fabricated using a Pt plate as the counter electrode and Hg/HgO electrode as the reference electrode. For ZnCo₂O₄ and NiFe₂O₄ electrodes, a 2 M KOH aqueous solution was used as electrolyte. For ZnSnO₃ electrode, a 1 M Na₂SO₄ aqueous solution was the electrolyte. Electrochemical properties of the electrodes were characterized by galvanostatic charge-discharge measurements (LAND battery test instrument) at various current densities and cyclic voltammetry (CV, CHI600e electrochemical workstation) tests at different scan rates. An asymmetric supercapacitor (ASC) is constructed using ZnCo₂O₄ electrode as the positive electrode, active carbon electrode as the negative electrode and a 2 M KOH aqueous solution as electrolyte. The two electrodes were separated using a polypropylene sheet. All electrochemical tests were performed at room temperature.

The specific capacitance C (F g⁻¹) was derived from galvanostatic charge-discharge curves using Eq. (1):

\[ C = \frac{I \Delta t}{m \Delta \nu} \]  
(1)
where $I$ (A), $\Delta t$ (s), $m$ (g) and $\Delta V$ (V) represent the charge/discharge current, the discharge time, the mass of electroactive material and the working voltage window, respectively. The energy density $E$ (Wh kg$^{-1}$) and power density $P$ (W kg$^{-1}$) is calculated from the following formulas:

$$E = \frac{1}{2} C_{\text{cell}} \Delta V^2$$  \hspace{1cm} (2)

$$P = \frac{E}{\Delta t}$$  \hspace{1cm} (3)

where $C_{\text{cell}}$ (F g$^{-1}$) is the specific capacitance of the ASC device, $\Delta V$ (V) indicates the working potential window and $\Delta t$ (s) denotes the time for full discharge.

3. RESULTS AND DISCUSSION

3.1. Material characterization and probable formation mechanism

The “ion adsorption-annealing” process for porous MMO hollow spheres is illustrated in Scheme 1. First, CSs about 400 nm in diameter with smooth surfaces were synthesized (Figure S1, Figure S2a and S2b). It is well-known that abundant oxygenic functional groups, such as C=O, COOH and OH, are exposed on freshly-prepared CSs, which could adsorb metal cations by electrostatic adsorption to form M-M-CSSs precursor,\textsuperscript{30,31,34} which shows a rougher surface than the CSs (Figure S2c and S2d). The metal cations absorbed on CSs were then annealed at a certain temperature to remove the CSs templates, and uniform MMO hollow spheres with fine porous structures were obtained. The thermal properties of the M-M-CSSs precursor were investigated via TGA to explore the crystallization temperature of MMO and the temperature for the removal of CSs. For Zn-Co-CSs precursor, the thermal decomposition consists of two steps (Figure S3). The first stage below 200 °C may be mainly resulted from the removal of physically adsorbed water. While the second stage between 200 and 400 °C is ascribed to the degradation of CSs coupled with the formation of ZnCo$_2$O$_4$. Thus, 450 °C was set as the calcination temperature for the transformation from Zn-Co-CSs precursor to porous ZnCo$_2$O$_4$ hollow spheres.
**Scheme 1.** Scheme for the synthesis and energy storage process for the as-prepared porous MMO hollow spheres (ZnCo$_2$O$_4$ as an example).

The crystal structure and morphology of the as-obtained porous ZnCo$_2$O$_4$, NiFe$_2$O$_4$ and ZnSnO$_3$ hollow spheres were characterized by XRD, SEM and TEM. Figure 1a exhibits the XRD pattern of the ZnCo$_2$O$_4$ product. All diffraction peaks can be attributed to cubic ZnCo$_2$O$_4$ phase with lattice constants of $a = b = c = 8.095$ Å (space group Fd3m, JCPDS 23-1390). So it is confirmed that after calcination at 450 °C, Zn-Co-CSs precursor is fully transferred into ZnCo$_2$O$_4$ with high purity and good crystallinity. An SEM image displayed in Figure 1b reveals that the ZnCo$_2$O$_4$ sample is mainly composed of uniform hollow spheres about 200 nm in diameter. It is noted that the size of ZnCo$_2$O$_4$ is smaller than that of the Zn-Co-CSs precursor, indicating that the spheres have become slightly shrunken during the transformation process from the precursor to ZnCo$_2$O$_4$. Moreover, it is observed that the surface of the ZnCo$_2$O$_4$ microspheres is made up of many sintered ZnCo$_2$O$_4$ nanoparticles with the size of tens of nanometers. The hollow feature is further confirmed by the TEM results shown in Figure 1c. Further TEM analysis (Figure 1d) reveals that the ZnCo$_2$O$_4$ spheres possess an ultrathin shell (about 20 nm in thickness) composed of nanoparticles about several nanometers in size, among which numerous mesopores have been
generated. TEM images clearly show the porous structure of the ZnCo$_2$O$_4$ spheres, which may be caused by rapid mass transport through the shell during calcination. A more detailed HRTEM image shown in Figure 1e presents clear lattice fringes with interplanar distances of 0.24 nm, 0.29 nm and 0.47 nm, corresponding to the (311), (220) and (111) planes of spinel ZnCo$_2$O$_4$, respectively. It is observed that the selected area electron diffraction (SAED) pattern displays well-defined rings (Figure 1f), demonstrating the polycrystalline nature of the ZnCo$_2$O$_4$ hollow spheres. Moreover, the molar ratio of Zn: Co: O from the EDS spectrum (Figure S4) is $\sim$1: 2: 4 within the samples, further confirming the formation of ZnCo$_2$O$_4$ pure phase. The porosity and specific surface area of the ZnCo$_2$O$_4$ hollow spheres were characterized by N$_2$ adsorption/desorption isotherms and pore size distribution measurements. Figure 2b exhibits a pore size distribution in the range of 2 to 5 nm, which agrees well with what can be observed in the TEM images. It is calculated that the pore volume is 0.44 cm$^3$ g$^{-1}$. Remarkably, the porous ZnCo$_2$O$_4$ hollow spheres display a specific surface area of 172.62 m$^2$ g$^{-1}$.
Figure 1. (a) XRD pattern, (b) SEM image, (c, d) low-magnification TEM images, (e) HRTEM image and (f) corresponding SAED pattern of the as-prepared porous ZnCo$_2$O$_4$ hollow spheres.
Figure 2. (a) Nitrogen adsorption-desorption isotherm and (b) the corresponding pore size distribution of the as-prepared porous ZnCo$_2$O$_4$ hollow spheres.

Figure 3a shows the XRD pattern of the as-obtained NiFe$_2$O$_4$ hollow spheres. It can be seen that all the diffraction peaks can be indexed to cubic NiFe$_2$O$_4$ phase with the lattice constants of $a = b = c = 8.339$ Å (space group Fd3m, JCPDS 10-325), without any detectable impurity. An SEM image (Figure 3b) reveals the high quality of the homogeneous and uniform NiFe$_2$O$_4$ hollow spheres, with a particle size of about 250 nm. The TEM images in Figure 3c and 3d further confirm the hollow and porous structure of the as-prepared NiFe$_2$O$_4$ sample. The shells of the NiFe$_2$O$_4$ hollow spheres are about 20 nm in thickness, which are also composed of nanoparticles. HRTEM image (Figure 3e) demonstrates that individual NiFe$_2$O$_4$ nanoparticle has uniform lattice fringes. The lattice spacing is calculated to be 0.25 nm and 0.29 nm, which agrees well with the (311) and (220) planes of the NiFe$_2$O$_4$ (JCPDS No. 10-325). The SAED pattern (Figure 3f) shows well-defined rings, indicating that the as-prepared NiFe$_2$O$_4$ hollow spheres are polycrystalline. Moreover, we have prepared ZnSnO$_3$ (JCPDS No. 28-1486) with porous structure by the same method (Figure 4a). From the SEM, TEM and HRTEM images (Figure 4b-4e), it can be seen that the porous ZnSnO$_3$ is also composed of hollow spheres with thin shells, which are constructed from nanoparticles about 10 nm in diameter. The corresponding SAED pattern (figure 4f) also demonstrates the polycrystalline characteristic of the porous ZnSnO$_3$.
hollow spheres. Furthermore, it is found that the obtained NiFe$_2$O$_4$ and ZnSnO$_3$ hollow spheres both present a pore size distribution ranging from 2 to 5 nm (Figure S5), as well as high surface area of 156.35 m$^2$ g$^{-1}$ and 137.91 m$^2$ g$^{-1}$, respectively.

Figure 3. (a) XRD pattern, (b) SEM image, (c, d) low-magnification TEM images, (e) HRTEM image and (f) corresponding SAED pattern of the as-prepared porous NiFe$_2$O$_4$ hollow spheres.
Figure 4. (a) XRD pattern, (b) SEM image, (c, d) low-magnification TEM images, (e) HRTEM image and (f) corresponding SAED pattern of the as-prepared porous ZnSnO$_3$ hollow spheres.

All in all, the MMO samples prepared by this method are composed of small hollow spheres with thin and porous shells, which ensure large electrode/electrolyte contact area, abundant
electroactive sites and fast electron/ion transport rate for electrochemical reactions, demonstrating their potential applications in some novel electronic devices. Herein, the supercapacitive properties of the as-prepared porous ZnCo$_2$O$_4$, NiFe$_2$O$_4$ and ZnSnO$_3$ hollow spheres are investigated.

3.2. Supercapacitive performances

The supercapacitive properties of the MMO electrodes were evaluated in a three-electrode configuration. CV and galvanostatic charge-discharge measurements of the ZnCo$_2$O$_4$ electrode were performed in 2 M KOH. The representative CV profiles of ZnCo$_2$O$_4$ at different sweep rates of 5~50 mV s$^{-1}$ are shown in Figure 5a. All the CV curves present a pair of well-defined redox peaks, which are distinctly different from those of electrical double layer capacitors (EDLCs), indicating that the electrochemical capacitance mainly originates from Faradaic redox reactions. The reversible conversion in accordance with the well-defined redox peaks may be described as follows:

\[ \text{Co}_2\text{O}_4^{2-} + 2\text{H}_2\text{O} \leftrightarrow 2\text{CoOOH} + 2\text{OH}^- \quad (4) \]

\[ \text{CoOOH} + \text{H}_2\text{O} + e^- \leftrightarrow \text{Co(OH)}_2 + \text{OH}^- \quad (5) \]

Galvanostatic charge-discharge behaviors of the ZnCo$_2$O$_4$ material were investigated at different current densities of 1~10 A g$^{-1}$ within 0~0.55 V (vs. Hg/HgO). The nonlinear charge-discharge curves present in Figure 5b clearly demonstrate the occurrence of typical Faradaic redox reactions, further confirming the pseudo-capacitance behavior of the ZnCo$_2$O$_4$ electrode, which agrees well with the CV results. The specific capacitances calculated from charge-discharge tests are 1158, 1006, 925 and 845 F g$^{-1}$ at 1, 2, 5 and 10 A g$^{-1}$, respectively (Figure 5c). When the current density increases to 10 A g$^{-1}$, the capacitance still retains 73% of the capacitance at 1 A g$^{-1}$. These results suggest good rate capability of the ZnCo$_2$O$_4$ electrode.
Figure 5. Electrochemical properties of the porous ZnCo$_2$O$_4$ hollow spheres electrode in a three-electrode measurement system. (a) CV curves at various sweep rates between 0 and 0.6 V (vs. Hg/HgO). (b) Galvanostatic charge-discharge curves with different currents. (c) Specific capacitance as a function of current density. (d) Cycling performance and coulombic efficiency at 1 A g$^{-1}$. The inset in (d) presents the charge-discharge curves of the last 5 cycles.

Cycling stability and energy deliverable efficiency are also critical parameters for supercapacitors. As shown in Figure 5d, the Coulombic efficiency is as high as 98% even after 2300 charge-discharge cycles, demonstrating excellent kinetic reversibility and good cycling stability of the porous ZnCo$_2$O$_4$ hollow spheres. It is observed that the discharge specific capacitance gradually increases in the initial 600 cycles. The increase of capacity may be attributed to the activation process for ZnCo$_2$O$_4$ with high porosity and hollow structure. The highest specific capacitance reaches 1192 F g$^{-1}$, which still remains 1109 F g$^{-1}$ after 2300 cycles, with a capacitance retention rate of 93.11%. The charge-discharge curves of the last five cycles...
have been inserted in Figure 5d. A pair of well-defined charge-discharge plateaus is observed and the curve shapes are similar to those of the initial cycles. The above results further ratify the electrochemical reversibility of the porous ZnCo$_2$O$_4$ hollow spheres in energy storage applications. Moreover, the as-prepared porous NiFe$_2$O$_4$ and ZnSnO$_3$ hollow spheres also display promising application as electrode materials for supercapacitors (Figure S6 and S7).

**Figure 6.** Electrochemical properties of the ZnCo$_2$O$_4$/AC ASC device. (a) CV curves at various sweep rates with the working potential window of 1.3 V. (b) Galvanostatic charge-discharge curves with different currents. (c) Cycling performance at 1 A g$^{-1}$. (d) Ragone plots and comparison with the previous reports.

To further evaluate the as-prepared ZnCo$_2$O$_4$ electrode for practical applications, ZnCo$_2$O$_4$/AC ASCs are fabricated. The working potential window of the ASC device is 1.3 V in 2 M KOH. Figure 6a shows the CV profiles of the assembled ZnCo$_2$O$_4$/AC at the scan rates of 2~20 mV s$^{-1}$. 


Each CV curve displays a cathodic peak and an anodic peak, demonstrating the pseudocapacitive property of ZnCo$_2$O$_4$/AC. Increasing the scan rates, the CV curves are still stable at 20 mV s$^{-1}$, demonstrating fast charging and discharging characteristics. The galvanostatic charge-discharge testing of the capacitor was conducted with different currents (Figure 6b). The specific capacitance of ZnCo$_2$O$_4$/AC achieves 167.7 F g$^{-1}$ at 1 A g$^{-1}$ and it still remains 61.5 F g$^{-1}$ at 10 A g$^{-1}$. Figure 6c shows the cycling stability of ZnCo$_2$O$_4$/AC at a current density of 1 A g$^{-1}$. The capacitance retention rate is as high as 86.8% after 4000 cycles. The power performance of ZnCo$_2$O$_4$/AC is also presented in the Ragone plot. As shown in Figure 6d, the as-prepared ZnCo$_2$O$_4$/AC delivers an energy density of 39.36 Wh kg$^{-1}$ at a power density of 650 W kg$^{-1}$ and a power density of 7540 W kg$^{-1}$ at an energy density of 17.8 Wh kg$^{-1}$, which are higher than previously reported ZnCo$_2$O$_4$ nanowire//AC,$^{35}$ ZnCo$_2$O$_4$@MnO$_2$//α-Fe$_2$O$_3$,$^{36}$ and ZnCo$_2$O$_4$/PPy//PPy.$^{37}$

To investigate the structure durability of the as-prepared porous mixed metal oxide hollow spheres, the pristine ZnCo$_2$O$_4$ electrode and the cycled ZnCo$_2$O$_4$ electrode are compared in Figure S8. As shown in Figure S8b, after 2000 charge-discharge cycles, the ZnCo$_2$O$_4$ spheres are not so regular as the pristine electrode, but the sphere-like shape is still maintained well. TEM image shown in Figure S8c demonstrates that even after 2000 cycle at 1 A g$^{-1}$, the ZnCo$_2$O$_4$ material is still of hollow structure composed of nanoparticles without aggregation, further confirming the good stability of the porous hollow spheres. The good electrochemical properties of the as-prepared ZnCo$_2$O$_4$ hollow spheres may be due to their following merits: on one hand, the small size, hollow structure, high porosity and ultrathin shells could provide the ZnCo$_2$O$_4$ material with a large surface area, which implies a large contact area for electrode and electrolyte, and abundant electroactive sites for the redox reactions. On the other hand, they effectively help
to accelerate the transportation/diffusion of electrons and ions, implying fast kinetics. Furthermore, the cavities resulting from the hollow structure and porous structure could significantly buffer the stress emerged during the electrochemical reaction process. So, their unique structural properties endow the as-obtained ZnCo$_2$O$_4$ hollow spheres with high discharge capacitance, excellent cycling stability and good rate performance as electrode materials for supercapacitors.

4. CONCLUSIONS

In summary, it has been demonstrated that the “ion adsorption-annealing” technique is very effective for synthesizing porous mixed metal oxide hollow spheres with ultrathin shells and high porosity. The unique structure is favorable for sufficient contact between electrode/electrolyte interfaces, thus provide abundant electrochemically active sites and fast electron and electrolyte ion transportation/diffusion. Last but not least, this structure can maintain well during charge-discharge process. The superior electrochemical performance of such porous ZnCo$_2$O$_4$ hollow spheres suggests that the porous hollow nanostructures, together with the simple synthesis approach are also expected to be useful in designing other high performance energy storage materials.

ASSOCIATED CONTENT

Supporting Information. The Supporting Information is available free of charge via the Internet at http://pubs.acs.org. Figures showing the crystal structure, morphology and thermal properties of the as prepared Zn-Co-CSs precursor, Nitrogen adsorption-desorption isotherm, pore size distribution and supercapcitve properties of NiFe$_2$O$_4$ and ZnSnO$_3$, the EDS spectrum of ZnCo$_2$O$_4$ and its morphology after long cycles.

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Notes

The authors declare no competing financial interest.

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Table of Contents Graphic
Supporting Information

General Synthesis of Porous Mixed Metal Oxide Hollow Spheres with Enhanced Supercapacitive Properties

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Figure S1. XRD patterns of carbohydrate spheres and the Zn-Co-CSs precursor.

Figure S2. (a, b) SEM images of carbohydrate spheres; (c, d) SEM images of the Zn-Co-CSs precursor.

Figure S3. TGA curve of the Zn-Co-CSs precursor.

Figure S4. EDS spectrum of the as-prepared porous ZnCo$_2$O$_4$ hollow spheres.

Figure S5. Nitrogen adsorption-desorption isotherm and the corresponding pore size distribution of the as-prepared samples: (a, b) porous NiFe$_2$O$_4$ hollow spheres, (c, d) ZnSnO$_3$ hollow spheres.

Figure S6. Electrochemical properties of the porous NiFe$_2$O$_4$ hollow spheres electrode: (a) CV curves at different scan rates, (b) galvanostatic charge-discharge curves at different current densities, (c) rate performance, and (d) cycle life. The inset of is the charge-discharge curves of the last 5 cycles.

Figure S7. CV curves of ZnSnO$_3$ electrode at different scan rates in 1 M Na$_2$SO$_4$ aqueous electrolyte.

Figure S8. (a) SEM image of the pristine ZnCo$_2$O$_4$ electrode, (b) SEM image and (c) TEM image of the cycled ZnCo$_2$O$_4$ electrode after 2000 cycles at 1 A g$^{-1}$. 
**Supercapacitive properties of the as-prepared NiFe$_2$O$_4$ electrode and ZnSnO$_3$ electrode**

The capacitive performance of the as-obtained NiFe$_2$O$_4$ and ZnSnO$_3$ hollow spheres were also investigated in three-electrode system in 2 M KOH and 1 M Na$_2$SO$_4$ aqueous electrolyte, respectively. From Figure S6a, it can be seen that the voltammetric currents of NiFe$_2$O$_4$ electrode increase with the scan rate, showing the behavior similar to that of an ideal capacitor.$^{[1]}$ The specific capacitances were calculated from the corresponding galvanostatic discharge curves (Figure S6b) in the range of -1.0 V to 0 V at various current densities. The values of specific capacitances for NiFe$_2$O$_4$ composite are 220.1 F g$^{-1}$ at 1 A g$^{-1}$, 186.7 F g$^{-1}$ at 2 A g$^{-1}$, 137.9 F g$^{-1}$ at 5 A g$^{-1}$ and 134.6 F g$^{-1}$ at 10 A g$^{-1}$, respectively. The cycle stability of the as-prepared NiFe$_2$O$_4$ electrode was tested by performing continuous charge-discharge cycles at a constant discharge current density of 1 A g$^{-1}$. As shown in Figure S6d, the NiFe$_2$O$_4$ electrode shows high specific capacitance of 262.2 F g$^{-1}$ and it still remains 181.7 F g$^{-1}$ after 2000 cycles, with the capacity retention rate of 69.4%, showing good cycle stability of the as-prepared NiFe$_2$O$_4$.

Figure S7 shows that the electrochemical behavior of ZnSnO$_3$ electrode is also similar to ideal capacitor and it delivers specific capacitance of 58.6 F g$^{-1}$ at 5 mV s$^{-1}$, 35.5 F g$^{-1}$ at 10 mV s$^{-1}$ and 25.2 F g$^{-1}$ at 20 mV s$^{-1}$.

Figure S1. XRD patterns of carbohydrate spheres and the Zn-Co-CSs precursor.

Figure S2. (a, b) SEM images of carbohydrate spheres; (c, d) SEM images of the Zn-Co-CSs precursor.
Figure S3. TGA curve of the Zn-Co-CSs precursor.

Figure S4. EDS spectrum of the as-prepared porous ZnCo$_2$O$_4$ hollow spheres.
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Figure S7. CV curves of ZnSnO$_3$ electrode at different scan rates in 1 M Na$_2$SO$_4$ aqueous electrolyte.
Figure S8. (a) SEM image of the pristine ZnCo$_2$O$_4$ electrode, (b) SEM image and (c) TEM image of the cycled ZnCo$_2$O$_4$ electrode after 2000 cycles at 1 A g$^{-1}$. 