

# CAMPUS NEWS

## Countdown to Open Day

Preparations around the campus are gaining momentum as the University gets ready to welcome an anticipated crowd of more than 8000 visitors to Open Day on Sunday 27 August.

Publicity has begun with 30,000 programs being mailed out directly to HSC students, and radio, television and press advertising has been booked.

Television advertisements will run in Wollongong and Canberra and newspaper advertising will run state wide.

This year the University is partici-

pating in the radio station Wave FM car sticker campaign.

One thousand stickers have been made available with the words 'Catch the Wave at the University of Wollongong'.

These stickers will be available through the Union Shop and can attract a prize if they are spotted on your car.

Wave FM will be promoting the campaign and Open Day throughout August and will broadcast from the campus on Open Day.

Sutherland and Wollongong-Suth-

erland buses and some Wards Express trucks are displaying 'megarear' Open Day signs.

Chairman of the Open Day Committee, Associate Professor John Patterson, said: 'We would particularly like to invite prospective students and their families to Open Day.'

'Attendance is vital for prospective students to help them make informed choices about future study.'

'All your questions about university life, courses and admissions can be answered by our friendly staff and students.'

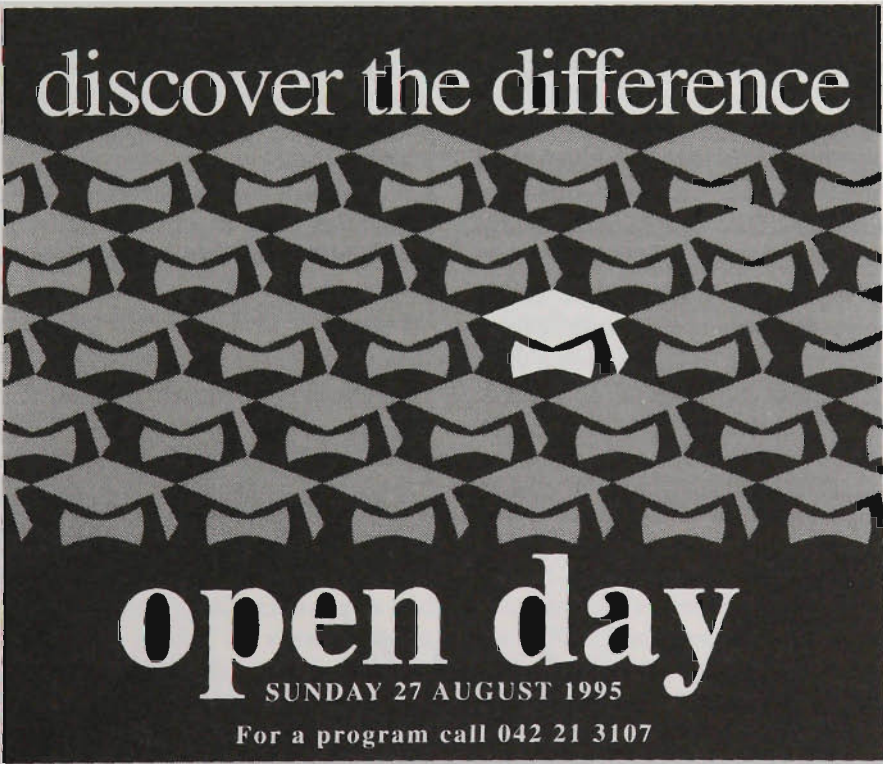
'As well as general information sessions on admissions, accommodation and student services, information sessions will be presented by each Faculty within the University.'

'Be sure to find out about the special opportunities at the University of Wollongong for students who achieve a high TER - scholarships, study abroad opportunities, advanced degrees, double degrees, enrichment programs, fast-tracking options (via summer session) and exemptions for prior learning.'

'There is a great range of activities for everyone on Open Day. Join in the 'Do-it-yourself scaling of HSC marks', take part in the practical - and edible - investigation of the distribution of colours of Smarties, visit the Biological Sciences Rainforest or if computers are more your interest you can Surf the Internet and access the World Wide Web.'


'Join a tour around the beautiful campus, be entertained by students from the Faculty of Creative Arts, and see the magic of chemistry in action.'

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discover the difference

open day  
SUNDAY 27 AUGUST 1995  
For a program call 042 21 3107



University of Wollongong

## Naval visitor

Rear Admiral Peter Briggs AM, RAN, Flag Officer, Naval Training Command visited the University on 28 July as the guest of Manager of the University's Centre for Maritime Policy, Commodore Sam Bateman.

As Flag Officer, Naval Training Command, Rear Admiral Briggs inspected those facilities at the University that may play a role in meeting future naval training needs.

These included the multimedia facility in Educational Media Services.

He is pictured here with Manager of Interactive Multimedia Production, Mr Geoff Hamer.



### Manchester Unity - 155 years of caring

Did you know that payroll deductions are available for Manchester Health fund contributions.

Also, at the moment their Credit Union has \$2 million available to lend for any worthwhile purpose, visa credit cards, direct debit facilities and your pay can be deposited with easy access through ATMs.

Call Manchester Unity, Wollongong 291853 or your Client Team in Personnel Services.

### Young Australian of the Year Awards 1995

If you know of any young Australian (under 27) who is an outstanding achiever, consider nominating them for the Young Australian of the Year Awards.

The process is simple and there is no cost.

Awards are made in the following categories: arts, career achievement, community service, environment, science and technology, sports, and sustainable regional development.

For brochures or nomination forms see Gary Linnegar in Accounting and Finance, ext. 3013, or call the Young Australian of the Year Awards office, phone (02) 899 7099, fax: (02) 899 6196.

# Countdown to Open Day

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'Special attractions from the Engineering Department include methane gas explosions, spontaneous combustion experiment, the 'Marvels of Materials' and free model train rides for kids.

'Visit the University Science Centre - half price entry is available on Open Day upon presentation of the program coupon.

'See displays of arts and crafts, get a bargain at the book fairs and ceramics sale.

'Satisfy your taste buds with delicacies from around the world presented by international student groups from the Indian, Thai and Singapore students associations.

'In the sporting arena, free access will be available to the Aquatic Centre and sporting facilities. Bring your gear and join in the free aerobics class.

'Spectators will be dazzled by sporting matches of all kinds between the representative Australian Universities teams.

'Open Day is not to be missed. This

### OPEN DAY STOP PRESS

Dion's Bus Service will be running buses from Sutherland and Austinmer to the University on Open Day.

All trains will stop at North Wollongong Station all day. John J Hill will run a shuttle bus to meet each train.

is your chance to make the right decision about your future. Explore your options as you discover the University of Wollongong on Open Day.'

Plan your day ahead and get a program of the day's activities by calling Fiona or Dean on (042) 213 107.



🎓 OPEN DAY 🎓 Sunday 27 August 🎓 OPEN DAY 🎓 Sunday 27 August 🎓



# Links between women's gymnastics and anorexia



Wendy Varney – claims about women's gymnastics.

A postgraduate student from the Department of Science and Technology Studies has claimed that some of the weight disorder problems emerging among women gymnasts might have some roots in the sport itself, as well as in broader social attitudes towards women.

Wendy Varney, giving a paper entitled 'Scientific Application, Apparatuses and Anorexia' at the annual conference of the Australasian Association for the History, Philosophy and Social Studies of Science at the University of NSW, said that there was likely to be a mix of factors contributing to widespread eating disorders among gymnasts.

This includes our attitude towards bodies.

She said 'whereas once we accepted out bodies pretty much as given, the pressures of our consumer society has led many to believe that better bodies can be achieved'.

There is a range of technologies and processes available by which we can have 'different' bodies.

Liposuction, body moulding, cosmetic surgery and a plethora of gadgets that promise bigger busts, smaller waists, tauter tummies and more shapely figures, have encouraged dissatisfaction and fostered the belief that we no longer accept our bodies.

Ms Varney said that sportspeople,

not surprisingly, translate this into attempts to acquire the bodies that they perceive might best suit their sporting purposes.

But encouragement to do so also comes from coaches, sports administrators and other who seek the 'perfect body' which might best accomplish the tasks which will reap the most rewards.

Put simply, the smaller, lighter female gymnast carrying a minimum of fat is perceived as offering the best chance for medals. And as we take sport increasingly seriously, it is medals that count.

In other sports, such as cycling and yachting, there has been great attention paid to the equipment involved so that a competitive edge might be gained.

In women's gymnastics, though sometimes in other sports as well, the gymnastics body is the 'machine' that has to be perfected.

This is reflected in the 'diminutivisation' of female gymnasts since the 1970s. They have become increasingly smaller, lighter and younger, as yet more flexibility and lower centres of gravity are demanded of them.

'But this is exacerbated by the aesthetics aspect which is an integral part of women's gymnastics,' Ms Varney said

'Thinner women are celebrated as more aesthetically pleasing through

visual media images and, as women's gymnastics have become a more popular, more highly televised and a more entertainment-based sport, there has been added pressure on gymnasts to adhere to notions of aesthetic qualities which are tied to thinness.

'Not only are the pressures great but the gymnasts themselves are often very young and might develop very negative views towards puberty, which is sometimes seen to be the ruination of good gymnasts.

Therefore, they may be influenced towards a mental state of abhorrence of fat and physical maturity. This is one of several preconditions for anorexia nervosa.

There have been many cases of anorexia nervosa and bulimia among gymnasts. Last year a top-level US gymnast, Christie Henrick, died of multiple organ failure brought about by both these diseases.

'Her drastic weight loss, which eventually was completely out of control, was apparently influenced, in part, by a gymnastics official telling Henrick that her chances of representing the USA at Olympic level were dependent on her losing weight.'

Ms Varney said many top-level gymnasts pursue their sport very seriously and are attuned to setting goals for them-

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# Sexual assault counselling: A University and the Community research project

Wollongong University Psychology Department and the Wollongong Counselling Interagency jointly are undertaking a research project into sexual assault counselling in the Illawarra.

Wollongong Counselling Interagency is a gathering of community service providers from a variety of government and non-government agencies, which meets bi-monthly.

The group perceived a gap in counselling services for people in the Illawarra who had been sexually assaulted and identified the need for research into the availability of counselling services in the Illawarra, along with other service issues.

They talked with Associate Professor Linda Viney and Dr Rachael Henry of the Psychology Department who agreed that there was a need for research into this and other aspects of counselling services for people who have been sexually assaulted.

The academic staff also identified an opportunity to make a valuable contribution to the development of Constructivist Theory.

An application was made to DEET for a PhD scholarship through an APRA (Industry) Award.

Although a somewhat unusual fo-



The members of the group are (from left) academic supervisor Associate Professor Linda Viney, researcher Carole Carter (standing), Allison Grundy from the Sexual Assault Unit, academic supervisor Dr Rachael Henry, Sarah McDonald from the Psychotherapy Centre, and Allison Salmon representing Kembla House.

cus for an APRA Industry Award, the award was granted, which could be taken as an indicator of the increase in official recognition of the costs to the community (socially, psychologically, economically) of the effects of sexual assault.

The research project is being undertaken as a PhD by Carole Carter through the Psychology Department.

The Study has two parts.

Part one is a descriptive analysis assessing the accessibility and quality of counselling services for people

who have been sexually assaulted in the Illawarra.

Part two will test a constructivist model of the effect on clients of counsellor responses to clients' disclosures about an experience of sexual assault. The model is based on Kelly's Personal Construct Theory.

The progress of the study, which is being piloted, is reported to a steering group, which meets regularly.

The steering group is made up of both University and Counselling Interagency members, reflecting the collaborative nature of the project.

## Links between women's gymnastics and anorexia

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selves which, once accomplished, are immediately replaced by newer and more difficult goals.

'They are rigorous and uncompromising about meeting and exceeding these goals,' she said.

'It is only a small step from there to applying that attitude to body weight, especially if there is pressure on them to shed pounds or if it is generally being said or implied, by coaches or others, that thinner equates with more gymnastics success.'

She said that men's gymnastics is completely different and has far fewer connections with aesthetics.

'Aesthetics in sport are generally tied

with women's efforts and this is nowhere truer than in gymnastics,' Ms Varney said.

'Gymnastics is probably more gender demarcated than any other sport in which women participate.

'There are different apparatus for each gender, different rules, different uniforms, different codes of judging and a completely different set of expectations.

'In men's gymnastics there is an emphasis on strength. Female gymnasts also need to be strong, but their routines are put together to highlight their flexibility, grace and elegance.

'The sport as it exists today has been largely shaped by its history and by social occurrence which coincided with consolidation of the sport.

'As women's gymnastics was being accepted as an individual women's event at the Olympic Games and the apparatus was being settled upon as appropriate for female gymnasts, there was a marked effort to emphasise separate spheres for men and women, to construct femininity as a category which included much more than biological differences.

'These social attitudes towards women shaped women's gymnastics and contribute an internal factor towards eating disorders.'

Ms Varney said that recent accusations made about mistreatment of female gymnasts at the Australian Institute of Sport hint that this is an issue in Australia, as elsewhere.

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# University Red Cross Detachment continues service

The Australian Red Cross University of Wollongong Voluntary Aid Detachment (UOWVAD) will be continuing its work on campus in Spring Session.

The Detachment provides several core Red Cross services to the University community including first aid training, first aid service, and community services.

The unit has been in existence since April 1994.

It is the first university-based first aid service in the Southern Hemisphere or the Pacific Region.

Recently it has been joined by the Southern Cross University Detachment and units are on the way for Sydney University, the University of New England and the University of Western Sydney - Macarthur.

Since the unit began, its volunteers have provided more than 4000 hours of voluntary service, mainly to the University of Wollongong campus.

They have treated more than 100 injuries on campus.

First aid coverage includes such events as Union concerts, sporting functions, student rallies, and any type of public gathering within the campus.

The unit also coordinated first aid for last year's Australian Universities Games.

More than 120 students have taken Red Cross first aid courses in the last 12 months.

A team from the Detachment recently returned from the Eastern Conference Universities Games where the UOWVAD coordinated nine other Red Cross units from around the state to provide first aid and medical coverage for the participants.

After the games, the unit's Officer Commanding, Commandant Buchanan Reed, was named as the Sports Medicine Adviser for the Eastern Conference Tertiary Sports Association, the controlling body for university sport in NSW.

The unit has been invited to coordinate first aid medical services for the



1996 Eastern Conference Universities Games at Armidale and has received expressions of interest from the 1996 Australian Universities Games in Canberra.

This session, the Detachment will cover many activities on campus and provide even more first aid training.

The unit has been booked to provide first aid coverage at several campus functions to help make the campus a safer environment.

The unit will provide training opportunities for the campus community and recently was chosen to train University security officers in first aid.

The unit was given a grant by the Alumni Association for the purchase of equipment, and continues to receive support from the Union and the Recreation and Sports Association.

The unit also has a good working relationship with other university bodies such as the SRC, Security, and those responsible for occupational health and safety.

The unit has embarked on a rigorous training program to insure the best possible service to the University community.

Members will learn such skills as advanced resuscitation, advanced

assessment, incident management, disaster management, fire fighting and basic rescue.

Training will come from experienced doctors, physiotherapists and paramedics as well as the unit's own instructors.

The UOWVAD is always looking for new members.

Members need only have an interest in first aid and the willingness to undertake Red Cross training and attend duties and functions.

Practical first aid is especially useful for nursing, health and PE students to allow them to use their university knowledge and skills in a practical setting.

However, members of the unit come from a diversity of faculties and backgrounds.

Members receive a wide range of benefits and opportunities including continuing training, insurance cover, uniform, and the support of the largest humanitarian organisation in the world.

Interested persons, staff or students who wish to join the unit or book first aid training for either themselves or a group should contact the Detachment Commandant, Buchanan Reed, tel. (018) 693 387.

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# Library Sessions for General Staff

The Library will be running several information sessions on various Library services for general staff during the weeks beginning 14 and 28 August.

These sessions are an opportunity

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to become more familiar with the services the Library provides and include a tour of the Library, an overview of

Library services, a demonstration of the Library catalogue and Internet sessions. The sessions will be held in the Library at the following times, room numbers are indicated in brackets:

Session	Week beginning 14 August	Week beginning 28 August
Tour of the Library	Monday 14 August 9.30-10am (Assemble in Foyer)	Monday 28 August 2-2.30pm (Meet in the Library Foyer)
Overview of Library Services (includes a demonstration of the Library catalogue) - Bring your questions with you!	Monday 14 August 10-11am (Seminar Room 5) Tea/Coffee provided	Monday 28 August 2.30-3.30pm (Seminar Room 5) Tea/Coffee provided
CD ROM Class: Getting Started - An opportunity to learn more about CD ROM technology and how to locate up-to-date information on a topic	Tuesday 15 August 9.30-10.30am (Seminar Room 1)	Wednesday 30 August 12.30-1.30pm (Seminar Room 1)
Full-text databases in the Library - a demonstration of the full-text databases available in the Library	Wednesday 16 August 9.30-10.30am (CD-ROM Room)	Friday 1 September 12.30-1.30pm (CD-ROM Room)
Introduction to the Internet - A Laymans Guide to all you ever wanted to know about the Internet but were afraid to ask!	Wednesday 16 August 12.30-1.30pm (Seminar Room 5) Bring your lunch Tea/coffee provided	Thursday 31 August 12.30-1.30pm (Seminar Room 5) Bring your lunch Tea/coffee provided
Navigating the 'Net using Netscape - To be presented by Wendy Smith (ITS)	Friday 18 August 12.30-1.30pm (Seminar Room 5) Bring your lunch Tea/coffee provided	Tuesday 29 August 9.30-10.30am (Seminar Room 5) Bring your lunch Tea/coffee provided
What's in Special Collections for you? An opportunity to discover what materials and facilities are available in the Special Collections area of the Library	Tuesday 15 August 1.30-2.30pm (Meet in the Library Foyer)	Monday 28 August 9.30-10.30am (Meet in the Library Foyer)

Enquiries: Lorraine Denny, ext. 3537, or Pam Epe, ext. 4176.

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# Read all about it: New full-text databases in the Library

The Library is trialling several full-text databases on CD-ROM.

Focus groups conducted with Library clients in 1994 revealed that access to full-text journals online for undergraduate students in particular, was a high priority.

The availability of full-text databases on CD-ROM has revolutionised journal article searching.

At the one workstation a searcher can search for articles appropriate to their topic and then print a copy of the complete article (complete with images, graphs and tables) or read it online.

Copyright restrictions, however, prevent the downloading of articles.

The Library has two dedicated full-text workstations with usage restricted to one person at a time, because of licensing agreements.

However it is possible to book these workstations by using the booking sheets located in the CD-ROM room.

The full-text CD-ROM databases held in the Library are:

- **General Periodicals on Disc (GPO)** - A multidisciplinary database including art, literature, business, humanities, science and technology. Covers 460 journal titles full text plus abstracts for a further 1800 titles for the period 1988 onwards.

- **IEEE/IEE Publications on Disc (IPO)** - Provides the full text of the publications, (including conference proceedings) of both IEE and IEEE in the electronics and related fields for the period 1988 onwards.

- **Sydney Morning Herald (SMH) & Good Weekend** - January 1995 onwards, includes all editorial stories excepting wire or syndication stories, photographs, illustrations and classified advertising.

- **Business Review Weekly (BRW)** - January 1995 onwards, includes all editorial stories excluding photographs, illustrations, tables and advertising.

Classes in the use of CD-ROM databases are conducted on a regular basis and are listed on the Information Post which is located in the Library Foyer.

Details are also available online through the Library catalogue.

The Library welcomes your feedback on the CD-ROM technology used in the Library or on any other Library services.

Use the Compliments/Comments/

## Library News

Complaints forms which are available for this purpose at all service points within the Library.

### UNIVERSITY OPEN DAY 1995 ART COMPETITION Sponsored by the Faculty of Law

#### *The Australian Constitution and the Next Millennium*

The Faculty of Law at the University of Wollongong is sponsoring this art competition to engage creative Artists to contemplate and represent in artistic form the current and future place and role of the Constitution in Australian Society.

Of special importance, as we enter the next millennium and celebrate the 100th year of operation of the Constitution in Australian Society, is bringing the Australian Constitution to life.

**Theme:** The Australian Constitution: Its birth, growth and future role in the Australian Society in the next millennium

**Requirements:** To represent the theme of the competition, as interpreted by the entrant, in artistic form. The artistic form can be any medium decided upon by the entrant.

The entry must be accompanied by a short written description of 200 words or less describing how the entrant has represented the theme of the competition through their work.

**Eligibility to enter:** Any person enrolled to study at the University of Wollongong

**Prize:** \$250 for the winning work

**Submit entries to:** the Faculty of Law Office of the University of Wollongong.

**Closing Date:** 24 August 1995

The winner will be announced at The Constitution Event at Open Day, Sunday 27 August.

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## General

The Campus Alumni Bookshop will open on the second and fourth week-ends of each month. Come and browse through a wide selection of preloved textbooks and fiction. Campus East, Cowper Street, Fairy Meadow (opposite Science Centre). All proceeds directed towards campus projects. Donations of material are invited. Enquiries to Alumni Office, phone 213 249 or 291 951.

15 August: 7.30pm, Function Centre, Union Building. Women's Issues Group. Liz Jeneid, Faculty of Creative Arts speaking on 'Intersections' and Judy Stubbs 'A View of Life in Cambodia'. All welcome. Members \$2.50; non-members \$3.50 Enquiries: Moira Bowman, phone 843 741.

## Long Gallery

Exhibition program for 1995:

Until 27 August: Artists make Furniture. To be opened at 7pm, 4 August by the Curator, Australian Decorative Arts & Design - Powerhouse Museum, Grace Cochran.

1-24 September: Postgraduate works:

## What's On

Eileen Dillon Smith, Marcie McConville, Enis Tan, Taskin Gencag, Mohammad Kazem Hassanvand, Helena Go, Alan Spackman.

2 October-5 November: Archaeologies: Structures of Time, Diana Wood Conroy and Sharon Marcus. Reciphering: Katharine Nix. Pathways: Paper works by Ian Arcus.  
13 November - 10 December: BCA graduating exhibition

## Cell and Molecular Evening Seminar Series

Conducted by the Department of Biological Sciences and Biological Macromolecules Research Centre.

14 August: Dr Simon Easterbrook Smith (University of Sydney), The BioRad seminar on complement regulation.

11 September: Professor Adrian Gibbs (Australian National University), The Bresatec seminar on virus evolution.

Held on Mondays from 6pm in the Department of Biological Sciences, University of Wollongong, Building

35, Room 105.

Enquiries, phone: (042) 213 013, fax: (042) 214 135.

## Union Activities

All members of the Union, students and staff are invited to attend.

4-8 September: Union Week.

9 September: Union Dinner.

## Stop Press

### Open Day specials

- Playwright Louis Nowra is coming! He will give a talk about his play 'Cosi' (an HSC text) at 1.30pm Kemira Room Union Building.

- Theatre Technicians Olympics. Teams will compete to erect sets, arrange lighting, create costumes in the Amphitheatre west of Bld 36.

These events do not appear in the program. Visitors will be given details when they arrive.

## Commonwealth Staff Development Funds

Lecturer in the Geography Department, Ms Toni O'Neill, recently was awarded her PhD. Ms O'Neill received a 1993 Academic Women's Staff Development Grants.

This provided teaching relief for one session for women academics working on their theses.

Dr Peg MacLeod, in conjunction with the Centre for Staff Development (CSD), is piloting a university-based women's career development program. This includes workshops and self-directed materials.

## Regional Disability Liaison Officer for the South Coast

Ms Hazel England has been appointed as the Regional Disability Liaison Officer (RDLO), and is located in the EEO Unit, ext. 4909.

This appointment is part of an initiative implemented by DEET with application made by the EEO Unit.

There are four RDLOs in NSW and 14 in Australia.

Ms England's appointment is a regional one and relies on the formation of strong linkages with the University, the TAFE Commission and the Department of School Education. The primary function of the RDLO is to develop and implement a cohesive educational access program for people with disabilities by collaborating

## EEO News

with and expanding the existing and well established systems and networks.

It is anticipated that the RDLO will form a central information source on courses, resources and support services for students with disabilities.

Mindful of the target group, the RDLO's appointment will be used to encourage a dialogue between people with disabilities and service providers, to identify gaps in services and to advance access to further education.

It is hoped that a smoother access to further education for the user of a regional disability network will be developed for the South Coast.

## Grievance conciliators - academic

Applications to undertake training as a University grievance conciliator - academic, are being requested by the EEO Unit.

The training will occur during the September-October lecture break, and successful applicants will be appointed as conciliators for the following two years.

There are nine University grievance conciliators, who can be approached on grievance issues.

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